

Eating Well in the Cancer Journey

Are you in treatment, or about to start?

Maybe you want to know how to maintain health after treatment is over?

Find out from an oncology dietitian by taking a virtual 90-minute class online January 27 or 29:

- Learn what eating well is through the cancer journey
- Create your personal eating well plan
- Discuss common hot nutrition topics
- Get answers to your nutrition questions
- Find out where to find reliable nutrition resources

Eating Well During Cancer Treatment

Wed. January 27, 2021

1:00 – 2:30 pm

or

Fri. January 29, 2021

3:00 – 4:30 pm

Eating Well After Cancer (for recovery & beyond)

Wed. January 27, 2021

3:00 – 4:30 pm

or

Fri. January 29, 2021

1:00 – 2:30 pm

Registration **REQUIRED**. Space is limited

NEW! Register online www.bccancer.bc.ca/hlw

Email: vcnutrition@bccancer.bc.ca or Call 604.877.6000 x 2013