

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Relaxation & Music Therapy (5:30-6:30PM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194	3 Knitting Circle (2-4PM) Click here to Register	4 Sacred Art of Dying (2:00–3:30PM) Register by emailing: virtualsepiritualhealth@phsa.ca Brain Tumour Support Group (9:30–11:00AM) Call to Register Your Interest: 604-877-6000 ext. 672194 Relaxation & Music Therapy (5:30-6:30PM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194	5 Head & Neck Cancer Support Group BC Cancer - Victoria (Open to All) 1st Thursday of each month, 10:15-11:45AM Call to Register: 250-519-5525	6 Relaxation & Music Therapy (2:30-3:30PM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194	7
8	9 Dialogue on Aging – Geriatric Oncology (2:00-3:30PM, VanDusen) Click to Register Relaxation & Music Therapy (5:30-6:30PM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194	10 Young Adults Group (10:30–12PM) Click to Register	11 Art and Music Online Studio Group (1:00pm – 3:00pm) REGISTER Relaxation & Music Therapy (10:30AM-11:30AM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194 Sacred Art of Dying (2:00–3:30PM) Register by emailing: virtualsepiritualhealth@phsa.ca Food Choices to Manage Bowel	12 MAiD Bereavement Support Group Bi-Weekly Virtual Sessions 1:30-2:30pm or 6:30-7:30pm on Zoom. For questions or to register, please email: virtualsepiritualhealth@phsa.ca	13 Relaxation & Music Therapy (2:30-3:30PM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194 Living with Metastatic Cancer Support Group Pre-registration required Call to Register: 604-930-40000	14

			Changes - Victoria Centre Sessions are held on the 2nd Wednesday of each month from 2:30- 3:30 p.m. Where: Virtually by Zoom video conference. To register: Call 250-519-5770 or toll free 1800-670-3322 ext. 695770.		Cultivating Your Spiritual Garden Workshop (10:30am – 12:30pm) REGISTER Scared	
15	16 Relaxation & Music Therapy (5:30-6:30PM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194	17 Knitting Circle (2- 4PM) Click here to Register Nature and Art (1:00pm-2:30pm) REGISTER	18 Art therapy workshops (in- person, Vancouver) (1-3PM) Click to Register Relaxation & Music Therapy (10:30AM-11:30AM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194 Sacred Art of Dying (2:00– 3:30PM) Register by emailing: virtualspiritualhealth@phsa.ca	19	20 Relaxation & Music Therapy (2:30- 3:30PM) Call to Register: 604-877-6000 or 1- 800-663-3333 ext 672194	21
22	23 Relaxation & Music Therapy (5:30-6:30PM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194	24 Cantonese Support Group (10:30–12:00PM) Click to Register Young Adults Group (10:30– 12PM) Click to Register	25 Mandarin Support Group (10:30–12:00PM) Click to Register Job search for those with a history of cancer (9:30am-11:30am by Zoom) REGISTER Knitting Circle (2-4PM)	26	27 Relaxation & Music Therapy (2:30- 3:30PM) Call to Register: 604-877-6000 or 1- 800-663-3333 ext 672194	28

		Nature & Art Series Begins (1:00–2:30PM) Click here to Register Relaxation & Music Therapy (10:30-11:30AM)	Click here to Register Relaxation & Music Therapy (10:30AM-11:30AM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194 Head & Neck Cancer Support Group BC Cancer - Vancouver (Only Vancouver Patients) Last Wednesday of every month, 2-3:30PM Call to Register: 604-877-6000 ext. 672194 Brain		Living with Metastatic Cancer Support Group Pre-registration required Call to Register: 604-930-40000	
29	30 Relaxation & Music Therapy (5:30-6:30PM) Call to Register: 604-877-6000 or 1-800-663-3333 ext 672194 Food Cancer Support Group 10-11:30AM (Zoom) Call to Register: 604-930-4000	31				

June 2025

Virtual Support Programs



Community Support Programs & Information

Coping with Cancer BC Cancer Website Info	Canadian Cancer Society 1-888-939-3333	Look Good Feel Better Workshops 1-800-914-5665	Inspire Health 1-888-734-7125
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[Sign-up](#) and receive monthly Supportive Care eBulletins

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