

## 心靈寶盒

## **Chest of Inner Treasure**

**Provincial Health Services Authority** 

在經歷癌症的過程中,無論您是患者或家人, 您可能擁有一個「心靈寶盒」, 當中珍藏著的「寶物」讓您 **感到温暖、受到支持或帶來心靈的平靜**。



這件「寶物」可以是一個人、一件物品、一件藝術作品、 一首詩詞、一道食物、一首歌曲、一本書或是一項活動等。

## 我們邀請您反思並分享您的「心靈寶盒」,

這些分享可以對正在經歷類似情況的人帶來安慰及勇氣。 觀迎卑詩省華語癌症患者及家屬參與。

As a patient or family member going through the cancer experience, you may have discovered a "Chest of Inner Treasure".

The treasures inside may have brought you

warmth, support, or inner peace.

These treasures could be a person, an object, a piece of art, a poem, food, a song, a book, an activity, or anything else meaningful to you.

We warmly invite you to reflect on and share your "Chest of Inner Treasure," as your insights may offer comfort and courage to others facing similar challenges. Chinese-speaking people with cancer and their families residing in BC are welcome.

## 查詢 <u>Enquiry</u>

卑詩癌症局 - 病人及家屬輔導部 BC Cancer Vancouver, Patient & Family Counselling 604.877.6000 (2194) 236.985.8552



詳情及報名
Details & Registration

