Resources

Canadian Cancer Society – Sex, Intimacy and Cancer book

cancer.ca/en/cancer-information/resources/ publications/sex-intimacy-and-cancer

BC Cancer Sexual Health Resources

www.bccancer.bc.ca/health-info/copingwith-cancer/managing-symptoms-sideeffects/sexual-health

My Health Alberta Sexual Health Resources

https://myhealth.alberta.ca/HealthTopics/ cancer-and-sexuality

Look Good Feel Better Program

lgfb.ca/en/

What patients are saying:

"The sexual health clinic has enhanced my quality of life. The sessions are comfortable, emotionally supportive, and educational."

"As a gay man with prostate cancer... the sexual health clinic allowed me to get answers and compassionate support for all of the questions and concerns I had."

Contact information

Sexual Health & Intimacy Clinic Call 250.645.7355 Toll Free 1.855.775.7300 x 687355 BC Cancer – Prince George (Centre for the North) 1215 Lethbridge Street Prince George, B.C. V2M 7E9



Sexual Health & Intimacy Clinic

Free, confidential support for people with cancer & their partners



Available for patients of BC Cancer – Prince George



What is the Sexual Health & Intimacy Clinic?

The Sexual Health & Intimacy Clinic is a supportive care service at BC Cancer – Prince George.

Sexual health is an important part of your overall health. Cancer can affect many aspects of your life including sexual health and relationships. The goal of the clinic is to support you through any changes you experience.

The clinic offers:

- Monthly group education sessions on Zoom.
- One-on-one clinic appointments with a sexual health nurse.

Who is the clinic for?

Any person with cancer:

- Single or partnered.
- Sexually active or not.

If you are interested in learning:

- How cancer and its treatment may impact your sexual health or intimacy.
- How to manage changes to your penis or vagina that affect sexual function.
- How to adapt to other sexual impacts, such as body image changes, or loss of sexual desire.

Partners are welcome and encouraged to attend.

How do I get an appointment?

- Ask a healthcare team member to refer you.
- Call the Sexual Health & Intimacy Clinic at 250.645.7355

What can I expect at my appointment?

A sexual health nurse will ask you questions to better understand your needs.

Together, we will develop a personal care plan to support your sexual health goals. We will review information based on your interests.

The sexual health nurse is a part of your healthcare team. If you need more support, we may refer you to another member of your healthcare team.

All appointments are private and confidential.

Where will the appointment be?

You can attend the clinic:

- In-person at BC Cancer Prince George.
- By telephone.
- By video conference (Zoom).