

Breast Cancer

Breast cancer is when cells in the breast start to grow rapidly in an uncontrolled manner. Breast cancer is a common cancer in women older than age 50.

The most common sign of breast cancer is a lump in the breast, but not all lumps are cancerous. The most important thing is to be aware of any changes in your breasts. Watch for:

- Breast lumps or swelling – anywhere in the breast or underarm area
- Nipple discharge – clear or bloody.
- Changes in the nipple – indentation, retraction, itching or burning sensations
- Changes in the breast's skin – flattening or indentation, dimpling, creasing, redness, scaliness or pitting of the skin
- Change in breast size – change in the contour or symmetry of the breast



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If you notice any of the above irregularities, see your doctor immediately.

Treatment for breast cancer depends on the stage of the breast cancer, whether nearby lymph nodes contain cancer cells, and how the cancer cells look under the microscope. Treatment usually includes surgery to remove the cancer. Chemotherapy and radiation may also be used to treat breast cancer.