

BCCA Protocol Summary for Treatment of Burkitt Lymphoma and Leukemia (ALL-L3) with Ifosfamide, Mesna, Etoposide, Cytarabine (IVAC) and Rituximab

Protocol Code

LYIVACR

Tumour Group

Leukemia/BMT

Contact Physician

Dr. Kevin Song

ELIGIBILITY:

- All stages of newly diagnosed Burkitt lymphoma (formerly small non-cleaved Burkitt-type) and Burkitt leukemia (ALL-L3). This protocol is usually given after CODOX-M and is considered to be part B of the Magrath protocol.
- A "Class II Drug Registration Form" must be submitted at the time of initiation of treatment for rituximab. Rituximab must be used in combination with IVAC in order to be reimbursed by the BCCA.

TESTS:

- **Baseline:** CBC & diff, platelets, creatinine, lytes, AST, ALT, bilirubin, alkaline phosphatase, LDH, urine pH, HIV, HBsAg, HBsAb, HBcoreAb, HCAb, CMV serology, HSV serology
- **Daily q am during treatment:** CBC & diff, platelets, creatinine, lytes
- **Before each treatment:** CBC & diff, platelets, creatinine, lytes, AST, ALT, bilirubin, alkaline phosphatase, LDH

PREMEDICATIONS:

For Day 1-5 IVAC portion:

- Ondansetron 8 mg PO/IV pre-chemotherapy, then every 12 hours until day 5.
- Dexamethasone 12 mg PO pre-chemotherapy daily until day 5.

For Day 4 rituximab portion:

- Diphenhydramine 50 mg PO prior to rituximab and then q4h during the IV infusion, if the infusion exceeds 4 h.
- Acetaminophen 650-**1000** mg PO prior to rituximab and then q4h during the IV infusion, if the infusion exceeds 4 h (maximum total daily acetaminophen dose = 4 g PO in patients with normal liver function).

TREATMENT:

START TREATMENT WITHIN 48 HOURS OF DIAGNOSIS EVEN IF STAGING IS INCOMPLETE.

Treatment should be administered as an inpatient.

Drug	Dose	BCCA Administration Guideline
Cytarabine	2000 mg/m ² IV q12h on days 1 and 2.	IV in 100 mL NS over 2 h
Ifosfamide	1500 mg/m ² IV on days 1,2,3,4,5.	IV in 500 mL NS over 2 h
MESNA	375 mg/m ² IV qid on days 1-5	IV in 100 mL D5W over 15 min
Etoposide	60 mg/m ² IV on days 1,2,3,4,5	IV in 250 to 500 mL NS (to maintain 0.2-0.4 mg/mL concentration range) over 1 h, using non-PVC bag and tubing.
Rituximab**	375 mg/m ² IV on day 4	IV in 500 mL NS over 3-8 h* (may divide dose equally into two 250 mL NS infusion bags to maintain 1-4 mg/mL concentration range).
Methotrexate	12 mg IT on day 5 and after day 18	Dose should only be given if there are no blasts present in the peripheral blood and platelets are greater than 50 x 10 ⁹ /L.
Filgrastim	less than 60 kg: 300 mcg 61-96 kg: 480 mcg greater than 96 kg: 600 mcg	SC daily starting on day 7, until neutrophils greater than 1.

*Start the initial infusion at 50 mg/h and, after 60 min, increase by 50 mg/h every 30 minutes until a rate of 400 mg/h is reached. *For all subsequent treatments*, infuse 50 mL (or 100 mL) (1/5 of total volume) of the dose over 30 minutes then infuse the remaining 200 mL (or 400 mL) (4/5) over 60 minutes (total infusion time = 90 minutes). Development of an allergic reaction may require a slower infusion rate. See hypersensitivity below.

** If the peripheral blood lymphocyte count is above 30 x 10⁹/L

- First Cycle: Rituximab should be omitted.
- Subsequent Cycles: Rituximab may be introduced with careful monitoring and individualized slow infusion (discuss with Dr. Kevin Song or a member of the Leukemia/BMT tumour group at (604) 875-4863).

Low risk patients should have LYCODOX-M given prior to LYIVAC, followed by a second cycle of LYCODOX-M.

High risk patients should have LYCODOX-M, followed by LYIVAC, then high dose therapy with stem cell rescue for definitive treatment.

A total of 8 doses of IT chemotherapy should be given for all patients.

DOSE MODIFICATIONS:

1. Hematologic Toxicity: For the first cycle of LYIVAC no adjustments are necessary for an abnormal hematology profile, if it is being given as initial treatment or salvage. If LYIVAC is being given after a cycle of CODOX-M, it should be given after hematological recovery (ANC greater than 1, platelets greater than 100 x 10⁹/L) from CODOX-M.

2. Renal dysfunction: If creatinine clearance less than 60 mL/min, reversible causes of renal dysfunction should be treated and the patient reassessed for suitability for this treatment once

renal function improves. Methotrexate, given by any route, should be given with special caution if the creatinine clearance is less than 30 mL/minute with all subsequent doses determined based on hematologic and mucosal tolerance for the first dose given.

PRECAUTIONS:

1. **Neutropenia:** Fever or other evidence of infection must be assessed promptly and treated aggressively.
2. **Hepatitis B Reactivation:** All lymphoma patients should be tested for both HBsAg and HBcoreAb. If either test is positive, such patients should be treated with Lamivudine 100 mg/day orally, for the entire duration of chemotherapy and for six months afterwards. The patients should also be monitored with frequent liver function tests and hepatitis B virus DNA at least every two months. If the hepatitis B virus DNA level rises during this monitoring, management should be reviewed with a hepatologist and consideration given to halting chemotherapy.
3. **Hypersensitivity:** Rituximab can cause allergic type reactions during the IV infusion such as hypotension, wheezing, rash, flushing, alarm, pruritus, sneezing, cough, fever or faintness. Directly observe patient during treatment and monitor pulse, respiratory rate and blood pressure every 15 minutes until a stable infusion rate is reached, then hourly until 15 minutes after conclusion of the infusion. Because transient hypotension may occur during infusion, consider withholding antihypertensive medications 12 hours prior to rituximab infusion. If an allergic reaction occurs, stop the infusion and the physician in charge should determine a safe time and rate to resume the infusion. A reasonable guideline is as follows: after recovery of symptoms, restart rituximab infusion at one infusion rate below the rate at which the reaction occurred and continue with escalation of infusion rates on the appropriate schedule above. If the infusion must be stopped a second time, restart after clearance of symptoms, at one infusion rate lower and continue at that rate without further escalation. Fatal cytokine release syndrome can occur (see below). Please also refer to the BCCA Hypersensitivity Guidelines.
4. **Fatal Cytokine Release Syndrome (0.04-0.07%)** may occur within 24 hours of initiating rituximab infusion. It usually occurs within 1-2 hours of initiating the first infusion. Initially, it is characterized by severe dyspnea (often with bronchospasm and hypoxia) in addition to fever, chills, rigors, urticaria and angioedema. Pulmonary interstitial infiltrates or edema visible on chest x-ray may accompany acute respiratory failure. There may be features of tumour lysis syndrome such as hyperuricemia, hypocalcemia, acute renal failure and elevated LDH. For severe reactions, stop the infusion immediately and evaluate for tumour lysis syndrome and pulmonary infiltration. Aggressive symptomatic treatment is required. The infusion can be resumed at no more than one-half the previous rate once all symptoms have resolved, and laboratory values and chest x-ray findings have normalized.
5. **Rare Severe Mucocutaneous Reactions:** (similar to Stevens-Johnson Syndrome) have been anecdotally reported with rituximab. If such a reaction occurs, rituximab should be discontinued.
6. **Cerebellar Toxicity:** The incidence of cerebellar toxicity is about 10% in patients treated with high doses of cytarabine. Cerebellar dysfunction is characterized by dysarthria, dysdiadochokinesia, dysmetria, and ataxia. In many patients, cerebral dysfunction is seen concomitantly. Cerebral dysfunction manifests as somnolence, confusion, cognitive dysfunction, memory loss, psychosis or seizures. Seizures, if they occur, are usually self-limited and do not recur once therapy is stopped. In most patients, neurologic dysfunction resolves in 5-10 days, but in some patients toxicity may be irreversible or fatal. There is a high (~60%) incidence of recurrent cerebellar toxicity in patients who have already experienced toxicity. It is not conclusively known, if cytarabine therapy should be discontinued if neurological toxicity develops. Risks for developing cerebellar toxicity include: patient older than 60 years of age, impaired renal function and total dose received. Cerebellar toxicity typically will occur in the final 2-3 doses. Renal insufficiency i.e., creatinine clearance less than 60 mL/min is a known risk factor for neurotoxicity for patients receiving high dose cytarabine. Methods used to decrease the risk of neurotoxicity in these patients

include: decreasing the dose (from 3 g/m² to 2 g/m²), utilizing a once-daily rather than twice-daily schedule, shortening the course, and modifying the dose based on the calculated daily creatinine clearance.

7. **CNS toxicity:** Ifosfamide can cause encephalopathy (manifest as confusion, lethargy, seizures or coma). Avoid CNS depressant medications. If drowsiness develops while receiving ifosfamide, discontinue all sedating medications and continue ifosfamide. If patient is confused, not arousable or comatose, discontinue ifosfamide. If ifosfamide is the cause of CNS depression, then it should not be given again. If the CNS changes are not due to ifosfamide, then ifosfamide can be re-instituted providing the previous medications contributing to CNS toxicity are not given again with it. If a seizure occurs on ifosfamide, then that cycle should be discontinued. Further cycles may be given if the patient is on anticonvulsants. Methylene blue may be given for ifosfamide-induced encephalopathy (see BCCA Cancer Drug Manual).

SUPPORTIVE CARE:

All patients should be hospitalized for LYIVAC (R). Consideration should be made to transfer the patient under the care of the Leukemia/BMT program of British Columbia. They may be discharged when they have recovered from the acute symptomatic side effects of treatment, are eating well, are off antibiotics and their granulocyte count is greater than 1 x 10⁹/L.

1. **Venous Access:** All patients should have a triple lumen Hickman-type central catheter for blood sampling and administration of medications and blood products.
2. **Blood Products:** Packed red blood cells should be given sufficiently often to keep the hemoglobin above 80 g/L. Platelet transfusions should be given to keep the platelet count above 10 x10⁹/L. *All* blood products should be *irradiated* before administration to prevent graft versus host disease.
3. **Cytomegalovirus (CMV):** Patients who are serologically negative for CMV should receive CMV negative blood products when being transfused (red cells or platelets).
4. **Antibiotics:**
 - a. **Antibacterial:** Fever (greater than 38°C) will be thoroughly evaluated at any time it occurs and treated with antibiotics regardless of granulocyte count, if the treating oncologist judges that infection may be present. Fever while the granulocyte count is below 0.5 x 10⁹/L *must* be treated with broad spectrum intravenous antibiotics, which provide wide coverage of gram negative *and* gram positive bacteria. Several of the medications which patients on this protocol may be receiving have the potential to cause renal dysfunction, including furosemide, acyclovir, amphotericin B, aminoglycosides, and vancomycin. This potential should be remembered when antibacterial agents are chosen. Thus, the use of aminoglycosides or vancomycin should usually be reserved for situations when no less nephrotoxic agent can be employed.
 - b. **Antifungal:** Amphotericin B 10 mg/m² intravenously daily will be given prophylactically to all patients starting on day 7 and continued until neutrophil recovery. The dose should be increased to 0.5 mg/kg/day, if strong suspicion of fungal infection develops.
6. **Herpes Virus Prophylaxis:** All patients with a positive herpes simplex virus (HSV) serologic titre or a history of previous cold sores should receive Valacyclovir 500 mg PO daily (or Acyclovir 5 mg/kg IV q12h) at least from day 7 to the day of recovery from mucositis.

Call Dr. Kevin Song or a member of the Leukemia/BMT tumour group at (604) 875-4863 with any problems or questions regarding this treatment program.

Date activated: 1 Dec 2006

Date(s) revised: 1 Jul 2011 (clarify rituximab infusion rate)

References:

1. Lacasce A, Howard O, Lib S, et al. Modified magrath regimens for adults with Burkitt and Burkitt-like lymphomas: preserved efficacy with decreased toxicity. *Leuk Lymphoma*. 2004;45:761-767.

2. Magrath I, Adde M, Shad A, et al. Adults and children with small non-cleaved-cell lymphoma have a similar excellent outcome when treated with the same chemotherapy regimen. *J Clin Oncol.* 1996;14:925-934.
3. Mead GM, Sydes MR, Walewski J, et al. An international evaluation of CODOX-M and CODOX-M alternating with IVAC in adult Burkitt's lymphoma: results of United Kingdom Lymphoma Group LY06 study. *Ann Oncol.* 2002;13:1264-1274.
4. Thomas DA, Faderl S, O'Brien S, et al. Chemoimmunotherapy with hyper-CVAD plus rituximab for the treatment of adult Burkitt and Burkitt-type lymphoma or acute lymphoblastic leukemia. *Cancer* 2006;106(7):1569-80.