

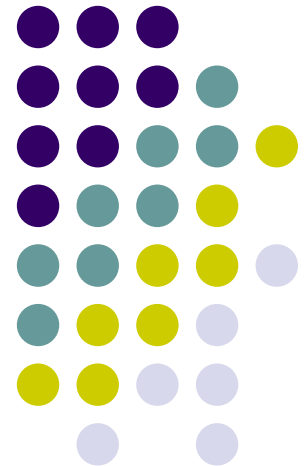
Breast Cancer Tool Kit for Aboriginal Health Care Providers

A presentation by:

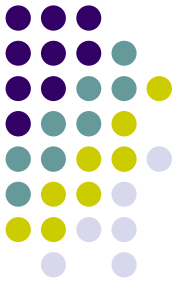
Deborah Rusch ,Director

Breast Tumour Group

Secretariat BC Cancer Agency



Breast Cancer Tool Kit for Aboriginal Health Care Providers



2006 Canadian Census shows:

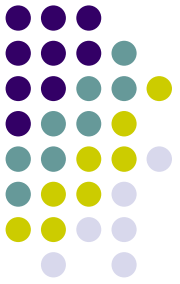
BC - 4.8% of total population Aboriginal identified

Yukon - 25% of total population Aboriginal identified

	Total Population	Aboriginal Population
Whitehorse YT	22,730	4,705 (18%)
Dawson City YT	1,320	390 (29.5%)
Prince George BC	82,620	8,850 (11%)
Prince Rupert BC	13,275	4,660 (35%)
Fort Nelson BC	4,470	635 (14%)
Lower Mainland BC	2,097,960	40,310 (1.9%)

(Aboriginal Population Profile Statistics Canada 2006, www12.statcan.ca)

Breast Cancer Tool Kit for Aboriginal Health Care Providers



What makes Aboriginal communities unique?

49% of Aboriginal populations in BC reside on “reserve”

(Indian & Northern Affairs Canada: 2005)

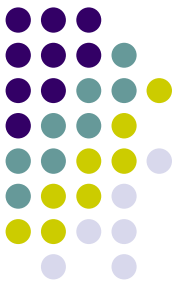
Challenges include:

- **Geography**
- **Travel Distances**
- **Accessibility to mainstream services**

In 2002, 22% of Aboriginal females aged 50 - 69 on reserve reported having had a mammography in the past 12 months.”

(National Aboriginal Health Organization, What First Nations Think About Their Health and Health Care, 2004)

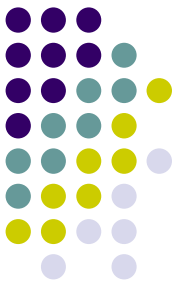
**Breast Cancer Tool Kit
for Aboriginal
Health Care Providers**



“First Nations women have significantly higher mortality rates from breast cancer”

(First Nations Cancer Research & Surveillance Report, CancerCare ON, 2003)

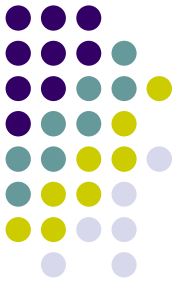
“Aboriginal people require respect and understanding for their ways of communicating and lack of experience with mainstream medicine.”



But how to approach this task?

“The Community Health Representatives (CHR) are the dissemination points for the bands. This could be the better access points. Telling stories and verbal communication is the more accepted form of receiving information in bands. Building relationships on a one-to-one basis is the preferred way however this takes time.”

(ABCIS Provincial/Territory Advisory Committee, Annual Meeting Report, 2005)

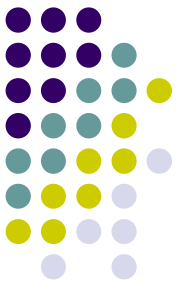


Where we started?

Invite participants to partner in an ‘Advisory Group’

- 7 CHR’s - BC & Yukon
- 2 Aboriginal breast cancer Survivors
- 1 Nurse Clinician (Aboriginal Health Program)
- Aboriginal Educator / Facilitator
- Project Manager

**Breast Cancer Tool Kit
for Aboriginal
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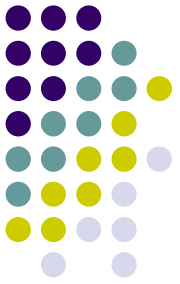


This project is divided into three phases:

- 1. Development and testing of the Aboriginal Breast Cancer Resource Kit Prototype.**
- 2. Production and distribution of resource kit to all Aboriginal communities in BC and Yukon.**
- 3. Follow-up education and training for the CHR.**



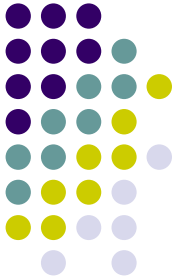
Breast Cancer Tool Kit for Aboriginal Health Care Providers



“USE ABORIGINAL TALENT!”

1. Development of Tool Kit content
2. Review of content with Advisory Group
3. Revise content
4. Create culturally appropriate tools
5. Complete draft content and distribute to Advisory Group for 2nd review
6. Design and format Tool Kit
7. A complete prototype sent to Advisory Group + 1 other CHR and survey included

Breast Cancer Tool Kit Cover



Breast Cancer Toolkit
*for Aboriginal
Health Care Providers*



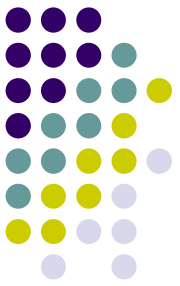
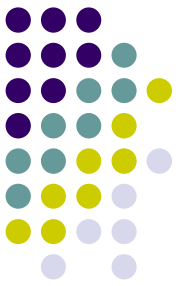


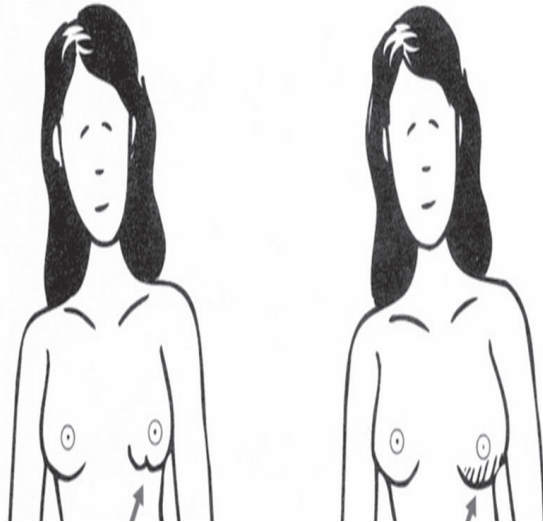
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1. **Introduction - Who This Kit Is For?**
2. **Detection & Diagnosis**
3. **Understanding Breast Cancer**
4. **Understanding Breast Cancer Treatments**
5. **Stories from Aboriginal Women**
6. **Talking to our Family?**
7. **Managing Side Effects**
8. **What is Palliative Care?**
9. **Appendices**

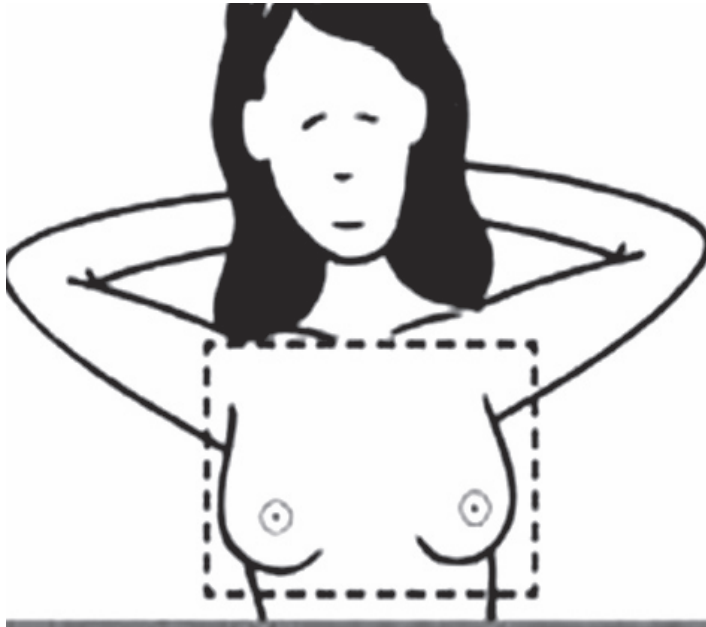
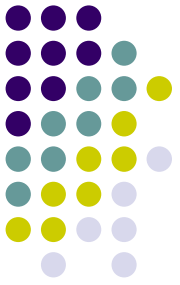
Changes in the Breast Detection & Diagnosis Section



If you have any of these changes, see your
doctor.



Images from the Breast Self Examination Client Sheet

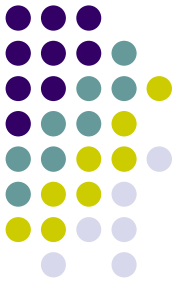


*This is the area to check.
This is all part of the
breast.*



*Look at the side of each
breast and under the arm.
Are there any changes?*

Client Tools & Resources Appendices Section

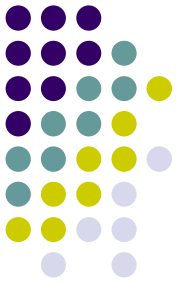


Appendices

- | | |
|--|--------|
| 1 . Glossary of Cancer Medical Terms | pg. 30 |
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| 3 . Treatment Centre Resource List | pg. 37 |
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| 5 . Questions to Ask Doctors | pg. 41 |
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| 7 . How to access the BC Cancer Agency Library | pg. 51 |
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| 9 . How to Do a Breast Self Examination | pg. 55 |



Breast Cancer Tool Kit for Aboriginal Health Care Providers



Orientation Workshop

1. 4-6 sites linked to Van BCCA
2. 1.5 hours in length with 1 survivor & 1 facilitator
3. Goal:

To provide orientation of the Tool Kit to CHR's to safely navigate with their clients the BrCa pathway.

