



BC Cancer Agency
Library/Cancer Information Centre

DEATH & DYING

BOOKS FOR FAMILY AND FRIENDS

A caregiver's guide : a handbook about end-of-life care

Karen Macmillan, 2004. WB310 C271 2004

Covers topics such as coming to terms with death, caring for the caregiver, providing physical care and dying.

The end-of-life handbook : a compassionate guide to connecting with and caring for a dying loved one

David B. Feldman and S. Andrew Lasher, 2007. WB310 F312f 2007

Family hospice care : pre-planning & care guide

Harry van Bommel, 2002. WX28.6 V217f 2002

Also available online: http://www.legacies.ca/Family_Hospice_Care%20Index.htm

Provides information on meeting the physical, emotional and spiritual needs of the loved one and others involved in their care, and is designed to encourage open communication between patients, families, health professionals and volunteers.

Final gifts : understanding the special awareness, needs, and communications of the dying

Maggie Callanan and Patricia Kelley, 1992. BF789 C156 1992

Written by two hospice nurses. Helps families understand and communicate with terminally ill patients.

I don't know what to say : how to help and support someone who is dying

Robert Buckman, 2005. BF789 B925 2005

The author describes the dying process and provides practical, concrete suggestions for bringing a degree of comfort to the dying individual. His advice is illustrated with many brief, descriptive vignettes of actual cases covering a wide spectrum of ages, personalities, family situations, and responses.

Life lessons: two experts on death and dying teach us about the mysteries of life and living

Elisabeth Kübler-Ross and David Kessler, 2000. BF789 D4 K82l 2000

About the lessons we can learn about living from those who are dying.

Living with death and dying

Elisabeth Kübler-Ross, 1981. BF789 D4 K81 1981

The author shares her tools for understanding how the dying convey their innermost knowledge and needs. Expanding on her workshops, she shows the importance of meaningful dialogue in helping patients to die with peace and dignity.

On death and dying

Elisabeth Kübler-Ross, 1981. BF789 D4 K81 1981

This classic book introduced the author's seminal "stages of dying" or "stages of grief" model which is still widely quoted. According to the model, there are five stages that a dying person

goes through when they are told that they have a terminal illness. The five stages go in progression through denial, anger, bargaining, depression, and acceptance. This model has been widely adopted by other authors and applied to many other situations where someone suffers a loss or change in social identity.

Questions and answers on death and dying

Elisabeth – Kübler-Ross, 1974. BF789 D4 K82 1974

This companion volume to *On Death and Dying*, consists of the questions that were most frequently asked of Dr. Kübler-Ross and her answers. She discusses accepting the end of life; suicide; terminal illness; euthanasia; how to tell a patient he or she is critically ill; and how to deal with the difficulties surrounding death.

Saying goodbye with love : how to take care of the details of death, honor the life of your loved one and ease your own grief

Sheila Simpson, 1996. BF789 S613 1996

A practical guidebook to funeral planning, financial and legal matters, and healing grief.

BOOKS FOR PATIENTS

The art of dying : how to leave this world with dignity and grace, at peace with yourself and your loved ones

Patricia Weenolsen, 1996. BF789 D4 W397 1996

Discusses coming to terms with the disease itself; managing pain; planning funerals; making peace with loved ones; deciding about terminal care; and learning what the final experience of death is like. Although the author argues the pros and cons of euthanasia and belief in an afterlife, her obvious bias in favour of both may be off-putting to some readers.

Choices: For people who have a terminal illness, their families and their caregivers

Harry Van Bommel, 1989. BF789 V217 1989

Coping with advanced cancer

National Cancer Institute, 2005. BF575 U58c 2005

Booklet covers topics such as making choices; talking with health professionals; symptom relief; coping with feelings; advance planning; talking to others; and looking for meaning in life and death.

Dying time : practical wisdom for the dying and their caregivers

Joan Furman, 1997. BF789 F986 1997

Handbook for mortals : guidance for people facing serious illness

Joanne Lynn and Joan Harrold, 1999. WB310 H236 1999

Topics include finding meaning; controlling pain; managing symptoms; forgoing medical treatment; hastening death; and talking to your doctor. Includes patient stories and photos.

Let me decide : the health and personal care directive that speaks for you when you can't

William Molloy. 2nd BC ed., 2005. W85.5 M727 2005

The health care directive contained in this booklet lets you plan your own future health and personal care in advance. It makes sure your wishes will be known, when you no longer can understand your options or communicate your choices to others.

No time for nonsense : getting well against the odds

Ronna Fay Jevne, 1989. BF789 J59 1989

This upbeat and sometimes humorous book addresses the most common problems people experience with chronic or life-threatening illness, including the physical, emotional and spiritual challenges.

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When the focus is on care : palliative care and cancer

American Cancer Society, 2005. WB310 W567 2005

Explains what palliative care is and how it can help people with cancer. Includes information about making informed decisions, getting good medical care, managing symptoms and side effects, the emotional impact of cancer, coping strategies, talking to loved ones, and coming to terms with mortality.

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Living with hope

University of Saskatchewan, 2004. QZ266 L785 2004

Created to help people who have a terminal illness live with hope.

RECOMMENDED WEBSITES

Canadian Hospice Palliative Care Association

www.chpca.net

Caring Connections

www.caringinfo.org

Caring to the End of Life

<http://www.caringtotheend>

Growth House

www.growthhouse.org