



For the Patient: Doxorubicin, pegylated liposomal
Other names: CAELYX®, DOXIL®, PLD

BC Cancer Agency

- Pegylated liposomal doxorubicin (dox-oh-ROO-biss-in) is a drug that is used to treat many types of cancers.
- Pegylated liposomal doxorubicin (PLD) is a red liquid that is injected into a vein.
- Tell your doctor if you have ever had an unusual or **allergic reaction** to other chemotherapy drugs such as doxorubicin, daunorubicin, epirubicin, mitomycin or mitoxantrone before treatment begins.
- A **blood test** may be taken before each treatment. The dose and timing of your chemotherapy may be changed based on the test results and/or other side effects.
- Other drugs such as digoxin (LANOXIN®) and cyclosporine (NEORAL®, SANDIMMUNE®) may **interact** with doxorubicin. Tell your doctor if you are taking these or any other drugs as you may need extra blood tests or your dose may need to be changed. Check with your doctor or pharmacist before you start taking any new drugs.
- The **drinking of alcohol** (in small amounts) does not appear to affect the safety or usefulness of PLD.
- PLD may cause **sterility** in men and **menopause** in women. If you plan to have children, discuss this with your doctor before being treated with PLD.
- PLD may damage sperm and may harm the baby if used during pregnancy. It is best to use **birth control** while being treated with PLD. Tell your doctor right away if you or your partner becomes pregnant. Do not breast feed during treatment.
- **Tell** doctors or dentists that you are being treated with PLD before you receive any treatment from them.

Side effects are listed in the following table in the order in which they may occur. Tips to help manage the side effects are included.

SIDE EFFECTS	MANAGEMENT
<p>Infusion reactions may rarely occur. Early signs of an infusion reaction are shortness of breath, dizziness and sweating.</p> <p>This can occur immediately after you begin to receive the drug and usually only with the first dose.</p>	<p>Tell your nurse or doctor immediately if you have a reaction during treatment.</p> <ul style="list-style-type: none"> • Your PLD may be given more slowly. • You may be given other drugs to treat the reaction.
<p>PLD may irritate the vein.</p>	<p>Tell your nurse or doctor immediately if there is any discomfort while the drug is being given.</p>
<p>Nausea and vomiting may occur after your treatment. Most people have little or no nausea.</p>	<p>You may be given a prescription for antinausea drugs to take before your chemotherapy treatment and/or at home. It is easier to prevent nausea than treat it once it has occurred, so follow directions closely.</p> <ul style="list-style-type: none"> • Drink plenty of liquids. • Eat and drink often in small amounts. • Try the ideas in <i>Food Choices to Control Nausea</i>.
<p>Pain or tenderness may occur where the needle was placed.</p>	<ul style="list-style-type: none"> • Apply cool compresses or soak in cool water for 15-20 minutes several times a day.
<p>Hand-foot skin reaction may occur during PLD treatment. The palms of your hands and soles of your feet may tingle, become red, numb, painful, or swollen. Skin may also become dry or itchy. You may not be able to do your normal daily activities if blisters, severe pain or ulcers occur.</p>	<ul style="list-style-type: none"> • Avoid tight-fitting shoes or rubbing pressure to hands and feet, such as that caused by heavy activity. • Avoid tight-fitting jewellery. • Clean hands and feet with lukewarm water and gently pat to dry; avoid hot water. • Apply lanolin-containing creams (eg, BAG BALM®, UDDERLY SMOOTH®) to hands and feet, liberally and often. • Take pyridoxine (vitamin B₆) 50-150 mg orally daily as directed by your doctor. • Tell your doctor or your nurse at the next visit if you have any signs of hand-foot skin reaction as your dose may need to be changed.

SIDE EFFECTS	MANAGEMENT
Skin rashes may occur.	To help itching: <ul style="list-style-type: none"> • You can use calamine lotion. • If very irritating, call your doctor during office hours. • Otherwise make sure to mention it at your next visit.
Diarrhea may occur.	To help diarrhea: <ul style="list-style-type: none"> • Drink plenty of liquids. • Eat and drink often in small amounts. • Avoid high fibre foods as outlined in <i>Food Ideas to Help with Diarrhea During Chemotherapy</i>.
Constipation may occur.	To help constipation: <ul style="list-style-type: none"> • Exercise if you can. • Drink plenty of fluids (8 cups a day). • Try ideas in <i>Suggestions for Dealing with Constipation</i>.
Your white blood cells may decrease 10-14 days after your treatment. They usually return to normal 21-28 days after your last treatment. White blood cells protect your body by fighting bacteria (germs) that cause infection. When they are low, you are at greater risk of having an infection.	To help prevent infection: <ul style="list-style-type: none"> • Wash your hands often and always after using the bathroom. • Take care of your skin and mouth. • Avoid crowds and people who are sick. • Call your doctor immediately at the first sign of an infection such as fever (over 100°F or 38°C by an oral thermometer), chills, cough, or burning when you pass urine.

SIDE EFFECTS	MANAGEMENT
<p>Your platelets may decrease 10-14 days after your treatment. They usually return to normal 21-28 days after your last treatment. Platelets help to make your blood clot when you hurt yourself. You may bruise or bleed more easily than usual.</p>	<p>To help prevent bleeding problems:</p> <ul style="list-style-type: none"> • Try not to bruise, cut, or burn yourself. • Clean your nose by blowing gently. Do not pick your nose. • Avoid constipation. • Brush your teeth gently with a soft toothbrush as your gums may bleed more easily. Maintain good oral hygiene. <p>Some medications such as ASA (e.g., ASPIRIN®) or ibuprofen (e.g., ADVIL®) may increase your risk of bleeding.</p> <ul style="list-style-type: none"> • Do not stop taking any medication that has been prescribed by your doctor (e.g., ASA for your heart). • For minor pain, try acetaminophen (e.g., TYLENOL®) first, but occasional use of ibuprofen may be acceptable.
<p>Sore mouth may occur a few days after treatment. Mouth sores can occur on the tongue, the sides of the mouth or in the throat. Mouth sores or bleeding gums can lead to an infection.</p>	<ul style="list-style-type: none"> • Brush your teeth gently after eating and at bedtime with a very soft toothbrush. If your gums bleed, use gauze instead of a brush. Use baking soda instead of toothpaste. • Make a mouthwash with ½ teaspoon baking soda or salt in 1 cup warm water and rinse several times a day. • Try soft, bland foods like puddings, milkshakes and cream soups. • Avoid spicy, crunchy or acidic food, and very hot or cold foods. • Try ideas in the two handouts; <i>Easy to Chew Recipes</i> and <i>Soft, Moist Food Ideas</i>.
<p>Muscle or joint pain may occur a few days after your treatment.</p>	<ul style="list-style-type: none"> • You may take acetaminophen (eg, TYLENOL®) or ibuprofen (eg, ADVIL®). Tell your doctor if the pain interferes with your activity.
<p>Swelling of hands, feet or lower legs may occur if your body retains extra fluid.</p>	<p>If swelling is a problem:</p> <ul style="list-style-type: none"> • Elevate your feet when sitting. • Avoid tight clothing.

SIDE EFFECTS	MANAGEMENT
Tiredness and lack of energy may occur.	<ul style="list-style-type: none"> • Do not drive a car or operate machinery if you are feeling tired. • Try the ideas in <i>Your Bank of Energy Savings: How People With Cancer Can Handle Fatigue</i>.
Hair loss is rare with PLD. Your hair will grow back once you stop treatment with PLD. Colour and texture may change.	<ul style="list-style-type: none"> • Use a gentle shampoo and soft brush. • Care should be taken with use of hair spray, bleaches, dyes and perms.
Loss of appetite and weight loss may occur.	<ul style="list-style-type: none"> • Try ideas in <i>High Energy High Protein Ideas</i> and in <i>Healthy Eating Using High Energy, High Protein Foods</i>.

CALL YOUR DOCTOR OR GET EMERGENCY HELP IMMEDIATELY IF YOU HAVE:

- Signs of **heart problems** such as fast or uneven heartbeat, chest pain, chest pressure, shortness of breath or difficulty breathing, swelling of ankles or fainting.
- Signs of an **infection** such as fever (over 100°F or 38°C by an oral thermometer); chills; cough; pain or burning when you pass urine.
- Signs of **bleeding problems** such as black, tarry stools; blood in urine or stools; pinpoint red spots on skin, extensive bruising.
- Signs of an **allergic reaction** (rare) soon after a treatment including dizziness, fast heart beat, face swelling or breathing problems.

SEE YOUR DOCTOR AS SOON AS POSSIBLE (DURING OFFICE HOURS) IF YOU HAVE:

- **Painful hand-foot skin reaction** such as painful redness, peeling, tingling, numbness, swelling or blistering of the palms of your hands and/or the bottoms of your feet.
- **Painful redness, swelling or sores on your lips, tongue, mouth or throat.**
- Signs of **liver problems** such as yellow eyes or skin, white or clay-coloured stools.

CHECK WITH YOUR DOCTOR IF ANY OF THE FOLLOWING CONTINUE OR BOTHER YOU:

- Painless hand-foot skin reaction such as redness, peeling, tingling, numbness, swelling or blistering of the palms of your hands and/or bottoms of your feet.
- Painless redness, swelling or sores on your lips, tongue, mouth or throat.
- Skin rash or itching.
- Uncontrolled nausea, vomiting or diarrhea.
- Easy bruising or minor bleeding.
- Redness, swelling, pain or sores where the needle was placed.

