

# Resources for LGBTQ2S+ Cancer Patients

## BC Cancer Patient & Family Counselling



Patient and Family Counselling:

[www.bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling](http://www.bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling)

BC Cancer Support Programs: [www.bccancer.bc.ca/supportprograms](http://www.bccancer.bc.ca/supportprograms)

Individuals, couples, caregivers and families can talk to our counsellors in-person or over the phone, or attend counsellor-led support groups at our regional centres.

## BC Cancer Library Materials

[www.bccancer.ca/library](http://www.bccancer.ca/library)

**Advocate guide to gay men's health and wellness**

by Frank Spinelli (Book)

**Coming out again: Lesbians speaking out about cancer**

by Rowan Ramsay (DVD)

**Gay & bisexual men living with prostate cancer:**

**From diagnosis to recovery** edited by Jane M. Ussher, Janette Perz, Simon B.R. Rosser (Book)

**The remedy: Queer and trans voices on health and health care** Edited by Zena Sharman (eBook)

**A two-spirit journey: The autobiography of a lesbian Ojibwa-Cree elder**

by Ma-Nee Chacaby with Mary Louisa Plummer (eBook)

For more, visit [www.bccancer.bc.ca/library](http://www.bccancer.bc.ca/library) > Support Pathfinders > LGBTQ2S+Health or visit the BC Cancer Library.

## Support Programs

**Qmunity** Tel: 604 684 5307 x 117

<https://qmunity.ca/get-support/counselling>

Free and reduced-cost counselling and resource telephone lines.

**Trans Care BC** Tel: 1 866 999 1514

[www.phsa.ca/transcare](http://www.phsa.ca/transcare)

Speak with a Health Navigator for help with resource access and care coordination in B.C.

**Trans Lifeline** Tel: 1 877 330 6366

[www.translifeline.org](http://www.translifeline.org)

24/7 Crisis hotline operated by and for trans folks.

**Peer Match Program** Tel: 1 888 939 3333

<https://match.cancer.ca>

Connect with a trained volunteer who has had a similar cancer experience.

## Personal Stories

**Cancer's Margins** [www.lgbtcancer.ca](http://www.lgbtcancer.ca)

Canada's first nationally-funded, national study of LGBTQ2Q experiences of cancer health and care, as well as support networks. Website includes short video documentaries that provide personal stories of LGBTQ2Q people who have been diagnosed with breast or gynecologic cancer.

**The LGBT Cancer Project** [www.lgbtcancer.org](http://www.lgbtcancer.org)

Written personal stories, research, and online support network for LGBT people with cancer.

**Lesbian, Gay, Bisexual and Queer Experiences of Cancer Care** [www.lgbtcancer.wordpress.com](http://www.lgbtcancer.wordpress.com)

Video interviews with lesbian, gay, bisexual, and queer individuals and cancer.

## Know Your Rights!

**BC Human Rights Clinic** [www.bchrc.net](http://www.bchrc.net)

Tel: 604 622 1100; 1 855 685 6222

To make a complaint under the BC Human Rights Code, all of the following must be true:

- You have been treated badly or denied a benefit.
- There is a connection between the way you have been treated (badly or denied a benefit) and your sexual orientation or gender identity/expression.
- The treatment occurred in a situation such as in a health care encounter.

You must file your complaint within **6 months** after the event.

Adapted from:

British Columbia. (2016). Human rights in British Columbia: Discrimination based on sexual orientation. Retrieved from <https://www2.gov.bc.ca/assets/gov/law-crime-and-justice/human-rights-human-rights-protection/sexual-orientation.pdf>