



Provincial Health Services Authority

# ABBOTSFORD CENTRE

## July 2018

*Patient & Family Counselling Programs*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>STAT HOLIDAY Canada Day (Centre Closed)</b>	3	4	5	6
9	10 <b>Mindful Relaxation Support Group</b> 10:00 am – 11:30 am <b>** PRE-REGISTER **</b>	11 <b>Look Good Feel Better</b> (10:00-12:00pm) <b>** PRE-REGISTER **</b>	12	13
16	17	18	19	20
23	24	25	26	27
30	31 <b>Mindful Relaxation Support Group</b> 10:00 am – 11:30 am <b>** PRE-REGISTER **</b>			

**\*\* See Next Page for PRE-REGISTRATION Contact Info \*\***

<p><b>Pre-registration Contact Information:</b></p>	<p><b>Abbotsford Cancer Centre Groups</b> 604 851-4733</p> <p><b>Vancouver Cancer Centre Groups</b> 604 877-6000 ext.672189</p>	<p><b>Cancer Chat Canada</b> online support groups 1-844-725-2476 <a href="https://cancerchat.desouzainstitute.com">https://cancerchat.desouzainstitute.com</a></p>	<p><b>Look Good Feel Better</b> Online : <a href="http://www.lgfb.ca">www.lgfb.ca</a> By Phone: 1-800-914-5665 Or Email: <a href="mailto:dpaguet@lgfb.ca">dpaguet@lgfb.ca</a></p>
<p><b>Online Resources:</b></p>	<p><b>BC Cancer Agency</b> information &amp; support (Health info/coping with cancer) <a href="http://www.bccancer.bc.ca/">www.bccancer.bc.ca/</a></p>	<p><b>Canadian Cancer Society, BC/Yukon</b> information &amp; community support 1-888-939-3333 <a href="http://www.cancer.ca/en?region=bc">www.cancer.ca/en?region=bc</a></p>	
<p><b>Other Abbotsford Centre Resources:</b></p>	<p><b>Cosmetic Counselling Room Wigs &amp; Head Coverings</b> <u>Level 1 Greeter desk</u> 9:00-4:00pm (staffed by volunteers)</p>	<p><b>Abbotsford Regional Hospital &amp; Cancer Centre Library/Cancer Information Centre</b> Main Hospital Entrance Level 1 604 851-4710 ext. 646825 Hours: Mon-Fri 8:00am – 4:00pm <a href="http://www.bccancer.bc.ca/our-services/services/library">http://www.bccancer.bc.ca/our-services/services/library</a></p>	