

Genitourinary Multidisciplinary Clinic at BC Cancer - Victoria

Welcome! Hello, and thank you for visiting BC Cancer - Victoria's Genitourinary Multidisciplinary Clinic (GU-MDC) information page. Laid out below you will find information explaining the purpose of this clinic, who can benefit from this clinic, a general schedule of what a day in this clinic will look like, and any additional information you might need in order to make your visit as easy as possible. Any text that is [BLUE](#) may be clicked on for more information.

The Purpose of this Clinic

The Genitourinary Multidisciplinary Clinic (GU-MDC) at BC Cancer - Victoria has been developed to allow patients the opportunity to meet with multiple members of their Cancer Care team during a single visit. During this visit, you will meet with a Nurse Practitioner, a Medical Oncologist, a Radiation Oncologist, and a Urologic Cancer specialist, all of whom have been informed of your cancer diagnosis, and who will work together to develop a consensus-based cancer plan. The GU- MDC research coordinator is an important member of the team and will guide you through the day of the GU-MDC clinic.

Within the current healthcare system, patients are often overwhelmed with multiple physician visits and what can seem like conflicting information. By offering the GU-MDC on a single day, we hope that we reduce geographical limitations, provide a clear consensus opinion and improve the overall outcomes of all Vancouver Island GU patients.

Who is Eligible to attend the Clinic

Patients will be referred to the clinic by a specialist and will require presentation at the local Victoria Genitourinary Multidisciplinary Tumour board rounds to be eligible. There will be a limited number of appointments per month and patients will be notified directly by BC Cancer Victoria if they are selected for the GU-MDC clinic.

Overview of Your day in the Clinic

Below you will find a general schedule of your day in the Genitourinary Multidisciplinary Clinic. Please note that your appointment time may be different from the time listed below, the order in which you are seen by our specialists may differ than the order listed below.

Please attend your appointment 15 minutes prior to your appointment time. As seen in the schedule below, you should expect to be in the clinic for up to 5 hours in total. This should be taken into account when scheduling transportation and parking.

Time	Sched	Patient 1 10:00am – 10:30am	Patient 2 10:30-11am	Patient 3 11:00- 11:30am
90 min (30 min appts)	10:00am	Check-in, assessment and physical exam by Nurse Practitioner	Check-in, assessment and physical exam by Nurse Practitioner	Check-in, assessment and physical exam by Nurse Practitioner
	10:30am			
	11:00am			
	Break	90 min	60min	30min
60 min	12:00pm	Research coordinator Resource Presentation		
20 min	1:00	Introduction of the MDC Team and Clinic Setup		
30 min	1:20	Urology Appointment	Radiation Oncology Appointment	Medical Oncology Appointment
30 min	1:50	Medical Oncology Appointment	Urology Appointment	Radiation Oncology Appointment
30 min	2:20	Radiation Oncology Appointment	Medical Oncology Appointment	Urology Appointment
10 min	2:50	Patient survey		

What to bring to your appointment

Please ensure you have read the [BC Cancer website](#). Please ensure you have completed and printed the Patient Reported Information and Symptom Measurement for [\(PRISM\)](#) to bring to your appointment. Your answers will become part of your health record and will be available to your health care team. Please feel free to leave any questions blank that you do not wish to answer.

Please bring with you all of your current medications and supplements. We suggest bringing a friend or family member as support if this is possible. As you will be at the BC Cancer Victoria center for several hours, there will be time to eat if you wish to bring food or purchase food at the center.

The Genitourinary Multidisciplinary Clinic Coordinator

Our Clinic Coordinator is Julia Adams; she will be on site for the whole of your day in clinic and will be happy to answer any, and all of your questions. Julia will meet you the morning of your appointment and will give you an orientation of the clinic. Prior to being seen by our cancer specialists, Julia will give you a presentation regarding the supportive care services offered here, at BC Cancer –Victoria.

Following your day in clinic Julia will ask for your participation in a patient satisfaction survey that will help us evaluate your experience here in the GU-MDC.

Patient Follow- Up

Following your GU-MDC visit, you will receive a phone call approximately 1-2 weeks following the clinic from the primary physician identified at the time of your GU-MDC to clarify any questions you may have and define the treatment plan. The follow up post-treatment schedule will depend on your initial diagnosis and overall treatment plan and this will be clarified at the time of the GU-MDC.

Patient Survey

The GU-MDC is a pilot project for one year and after each clinic, we will be evaluating the clinic from the points of view of both the patients, and the healthcare team. Information from this survey will be utilized to continually improve our patient care.

Additional Information & Services

Transportation

- Freemason Cancer Care Program
 - The Freemason Van provides free long haul service to Nanaimo or Victoria to the communities on Vancouver Island and is operated in partnership with the Canadian Cancer Society. Requests for rides are made to the Canadian Cancer Society Unit offices as listed below or call toll-free 1-800-299-0188
 - Campbell River: 250-289-1955
 - Comox Valley: 250-338-5454
 - Ladysmith, Parksville & Qualicum Beach: 1-855-287-8882
 - Nanaimo: 250-741-8180
 - Port Alberni: 250-724-2912
 - Cowichan Valley: 250-668-5585
- Beacon Community Services
 - Offers free transportation for medical appointments for Saanich residents
 - Call 250-389-4661
- Cowichan seniors community foundation
 - Transportation is available for seniors to medical appointments. Cost is free. Call 250-715-8849
- Cancer Driveline

- Free transportation to cancer related medical appointments in Victoria, Sooke, and Greater Victoria. Call 778-265-0906
- Travel Treatment Fund
 - If you have limited finances and no other options are available to you, the Canadian Cancer Society - [Travel Treatment Fund](#) may be available to you. It may help you with some of your travel and accommodations costs to attend your treatment appointments. You can print the application from the website or call the Cancer Information Service at toll-free 1-888-939-3333
- More information
 - For more information on transportation assistance to and from cancer treatment appointments at BC Cancer – Victoria, visit [Transportation & Lodging](#).

Lodging

- Canadian Cancer Society Lodges
 - Cancer lodges run by the Canadian Cancer Society provide lodging for out of town patients and their families, who need to be close to a cancer centre for treatment or tests. You must be independent in your daily living activities and/or have an escort to assist you. You can contact the Lodges directly to find out more or to register.
 - Vancouver Island Lodge, 2202 Richmond Avenue, Victoria, BC, V8R 4R5, Phone: 250-592-2662
 - Or you may contact our research coordinator Julia Adams who will work with you to find accommodation while are attending the clinic
 - Julia.adams@bccancer.bc.ca
- Medical Travel Accommodation Listing
 - Hotel Accommodation for patients requiring out-of-town Medical Services and their accompanying family members. The listed properties offer accommodation at discounted rates to patients and their families who are required to travel to out of town locations to access non-emergency care. The patient and their family member are responsible for the total room cost.
[Visit this website to choose your location and check hotel availability](#)

Parking

- Cancer Centre – parking lot: Metered pay parking is available in the lot at the front of the Cancer Centre at \$1.50 an hour. You need to know your parking space number. You can add more time to your parking at the machine at the front entrance. You can use credit cards and cash to pay for parking.
- Hardship parking: If you cannot afford to pay for parking, speak with BC Cancer Patient and Family Counselling Services. Our counsellors can request a hardship parking pass for eligible patients Call 250-519-5525 for more information.

[Click her for a map of parking available at BC Cancer - Victoria](#)

Coffee Shop

- TealC: Coffee shop located on the 2nd floor of the BC Cancer Agency - Victoria building open weekdays 7:30 am to 3:30 pm. Offers a wide range of beverages, baked goods, light lunches and sandwiches made to order.

Interpreter Services

- An interpreter may be booked for appointments. To request an interpreter, mention it to the clerk when they contact you to set up your first appointment or call the Provincial Language Service at 604-297-8400 or toll-free (within BC) 1-877-228-2557 to book in advance.

Library

- The library offers a collection of resources to help patients and families cope with cancer. The library is located on the 3rd floor and is open Monday to Friday, 8:00 am to 4:00 pm (excluding statutory holidays). To contact a librarian, email or call toll-free (within BC) 1-800-670-3322 ext. 695517.

Patient and Family Support Services

- Located on the 3rd floor, the Alex & Jo Campbell Patient & Family Support Centre features an extensive library dedicated to cancer specific publications as well as current information about community resources. The centre is also the place to access supportive care programs, including nutrition and education programs.

Prostate Cancer Supportive care (PSCS) Program

- The [PCSC Program](#) is a comprehensive survivorship program developed at the Vancouver Prostate Centre for men with prostate cancer, their partners, and their family from the time of initial diagnosis onward.
- The [PCSC Program](#) is now available at BC Cancer Victoria and currently includes seven modules which men can take part in and more modules are in development. These modules include group educational sessions and clinical services in the following areas:
 1. Primary Treatment Decision-making
 2. Sexual Rehabilitation
 3. Lifestyle Management
 4. Androgen Deprivation Therapy
 5. Pelvic Floor Physiotherapy
 6. Clinical Counselling & Group Workshops
 7. Advanced Disease Management
- Located at the BC Cancer - Victoria. Call: 250-519-5659

[Click her for upcoming session dates for PCSC in Victoria](#)

[Click here for a PCSC Program Summary \(PDF opens in a new window\)](#)