BC Cancer Protocol Summary for Treatment of Primary Advanced or Recurrent Endometrial Cancer using CARBOplatin and DOCEtaxel

**Protocol Code**  
GOENDCAD

**Tumour Group**  
Gynecology

**Contact Physician**  
Dr. Anna Tinker

**Contact Pharmacist**  
James Conklin

**ELIGIBILITY:**
- advanced endometrial cancer, including MMT
  - greater than or equal to Stage I pap. serous*
  - greater than or equal to Stage II clear cell*;
  - Stage II and Stage III, Grade 3
  - Stage III, Grade 2
  - Stage IV (any grade**)
- recurrent disease
- A maximum of 6 cycles*** of taxane treatment will be reimbursed for each line of therapy. However, a patient who had previously responded to 6 cycles*** of say, a PACLitaxel-based regimen may be retreated with another 6 cycles*** of a taxane-based regimen

* any component if mixed histology  
** though if Grade 1, consider hormonal therapy  
*** may extend to 9 cycles if the patient has not achieved a complete response but is continuing to improve

**EXCLUSIONS:**
- uterine sarcomas, small cell histology

**RELATIVE CONTRAINDICATIONS:**
- if radiotherapy is anticipated, GOENDCAT may be preferred because of lesser myelotoxicity.

**TESTS:**
- Baseline: CBC & diff, platelets, creatinine, tumour marker (CA 125, CA 15-3, CA 19-9), LFT’s, chest X-ray, abdominopelvic imaging, camera nuclear renogram for GFR (if available)
- Day 7 and 14 after first cycle (and in subsequent cycle if dose modification made): CBC & diff; once nadir pattern established, check CBC & diff at that point only
- Before each treatment: CBC & diff, creatinine, any initially elevated tumour marker; if clinically indicated: LFT’s.

**PREMEDICATIONS AND ANTIEMETIC THERAPY:**
- dexamethasone 8 mg PO BID for 3 days, starting one day prior to each DOCEtaxel administration; patient must receive minimum of three doses pre-treatment
- ondansetron 8 mg PO 30 minutes pre-CARBOplatin
- dimenhydrinate 50 to 100 mg PO pm after treatment
- DOCEtaxel-induced onycholysis and cutaneous toxicity of the hands may be prevented by wearing frozen gloves starting 15 minutes before DOCEtaxel infusion until 15 minutes after end of DOCEtaxel infusion; gloves should be changed after 45 minutes of wearing to ensure they remain cold during the entire DOCEtaxel infusion.
TREATMENT (give DOCEtaxel first):

<table>
<thead>
<tr>
<th>Drug</th>
<th>Starting Dose</th>
<th>BC Cancer Administration Standard</th>
</tr>
</thead>
<tbody>
<tr>
<td>DOCEtaxel</td>
<td>75 mg/m².*</td>
<td>IV in 250 mL** NS or D5W over 1 hour (see Precaution #2) Use non-DEHP equipment.</td>
</tr>
<tr>
<td>CARBOplatin</td>
<td>Dose = AUC*** x (GFR +25)</td>
<td>IV in 250 mL NS over 30 minutes</td>
</tr>
</tbody>
</table>

* Use 60 mg/m² if patient has a history of neutropenic complications following chemotherapy. In patients greater than 75 years of age, begin at 60 mg/m², with subsequent escalation to 75 mg/m² if tolerated.
** If dose is 75 to 185 mg, use 250 mL dilution. If greater than 185 mg, use 500 mL dilution.
*** use AUC of 5. If patient has received extensive prior radiation therapy, use AUC of 4.

Measured GFR (e.g. nuclear renogram) is preferred whenever feasible, particularly in circumstances of co-morbidity that could affect renal function (third-space fluid accumulations, hypoproteinemia, potentially inadequate fluid intake, etc.). The lab reported GFR (MDRD formula) may be used as an alternative to the Cockcroft-Gault estimate of GFR; the estimated GFR reported by the lab or calculated using the Cockcroft-Gault equation should be capped at 125 mL/min when it is used to calculate the initial CARBOplatin dose. When a nuclear renogram is available, this clearance would take precedence.

Cockcroft-Gault Formula

\[
\text{GFR} = \frac{1.04 \times (140 - \text{age in years}) \times \text{wt (kg)}}{\text{serum creatinine (micromol/L)}}
\]

Note: The same method of estimation should be used throughout the treatment course (i.e. if lab reported GFR was used initially, this should be used for dosing in all subsequent cycles and not the Cockcroft-Gault estimate).

Repeat every 21 days* for:
- 3 cycles if to be followed by radical radiation therapy (i.e. patients with disease that is radio-encompassable)
- up to a maximum of 6 cycles (may extend to 9 cycles if the patient has not achieved a complete response but is continuing to respond)

*If a delay due to hematologic recovery has occurred, extend all future cycles to 28 day intervals.

DOSE MODIFICATIONS:
1. Hematology:
   a) on treatment day if patient has never had neutropenic sepsis on DOCEtaxel:

<table>
<thead>
<tr>
<th>ANC (x 10⁹/L)</th>
<th>Platelets (x 10⁹/L)</th>
<th>Doses (both drugs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>greater than or equal to 1.5 and greater than or equal to 100</td>
<td>treat as per nadir</td>
<td></td>
</tr>
<tr>
<td>1 to 1.4 and greater than or equal to 100</td>
<td>DOCEtaxel 60 mg/m²; CARBOplatin per nadir counts</td>
<td></td>
</tr>
<tr>
<td>less than 1 or less than 100</td>
<td>delay until recovery</td>
<td></td>
</tr>
</tbody>
</table>
b) on treatment day if patient has had neutropenic sepsis on DOCEtaxel:

<table>
<thead>
<tr>
<th>ANC (x 10^9/L)</th>
<th>Platelets (x 10^9/L)</th>
<th>Doses</th>
</tr>
</thead>
<tbody>
<tr>
<td>greater than or equal to 1.5 and greater than or equal to 100</td>
<td>DOCEtaxel 60 mg/m²; CARBOplatin per nadir counts</td>
<td></td>
</tr>
<tr>
<td>1 to 1.4 and greater than or equal to 100</td>
<td>DOCEtaxel 50 mg/m²; CARBOplatin per nadir counts</td>
<td></td>
</tr>
<tr>
<td>less than 1 or less than 100</td>
<td>Delay until recovery</td>
<td></td>
</tr>
</tbody>
</table>

At nadir:

<table>
<thead>
<tr>
<th>ANC (x 10^9/L)</th>
<th>Platelets (x 10^9/L)</th>
<th>DOCEtaxel</th>
<th>CARBOplatin</th>
</tr>
</thead>
<tbody>
<tr>
<td>greater than or equal to 1.5 and greater than or equal to 100</td>
<td>100%</td>
<td>120%*</td>
<td></td>
</tr>
<tr>
<td>0.5 to 1.4 and 75 to 99</td>
<td>100%</td>
<td>100%</td>
<td></td>
</tr>
<tr>
<td>less than 0.5 and less than or equal to 75</td>
<td>80%</td>
<td>80%</td>
<td></td>
</tr>
<tr>
<td>less than 0.5 and greater than or equal to 75</td>
<td>80%</td>
<td>100%</td>
<td></td>
</tr>
<tr>
<td>greater than or equal to 0.5 and less than or equal to 75</td>
<td>100%</td>
<td>80%</td>
<td></td>
</tr>
<tr>
<td>febrile neutropenia at any time</td>
<td>75%</td>
<td>80%</td>
<td></td>
</tr>
</tbody>
</table>

*no escalation above 120% of cycle 1 dose

As noted above, if a delay due to hematologic recovery has occurred, extend all future cycles to 28 day intervals.

2. Renal dysfunction: If significant increase (greater than 20%) in creatinine, repeat nuclear renogram (if available) and recalculate CARBOplatin dose using new GFR.

3. Hepatic dysfunction:

<table>
<thead>
<tr>
<th>Alkaline Phosphatase</th>
<th>AST +/or ALT</th>
<th>DOCEtaxel Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>less than 2.5 x ULN and less than or equal to 1.5 x ULN</td>
<td>100%</td>
<td></td>
</tr>
<tr>
<td>2.5 to 5 x ULN and 1.5 to 5 x ULN</td>
<td>60 mg/m²</td>
<td></td>
</tr>
<tr>
<td>greater than 5 x ULN or greater than 5 x ULN</td>
<td>discuss with contact physician</td>
<td></td>
</tr>
</tbody>
</table>

ULN= Upper limit of normal range

PRECAUTIONS:

1. Fluid Retention: dexamethasone premedication must be given to reduce incidence and severity of fluid retention.

2. Hypersensitivity reactions to DOCEtaxel are common but it is not necessary to routinely initiate the infusion slowly. If slow initiation of infusion is needed, start infusion at 30 mL/h x 5 minutes, then 60 mL/h x 5 minutes, then 120 mL/h x 5 minutes, then complete infusion at 250 mL/h (for 500 mL bag, continue 250 mL/h for 5 minutes and then complete infusion at 500 mL/h). Refer to BC Cancer Hypersensitivity Guidelines.

3. Extravasation: DOCEtaxel causes pain and may cause tissue necrosis if extravasated. Refer to BC Cancer Extravasation Guidelines.

4. Neutropenia: Fever or other evidence of infection must be assessed promptly and treated aggressively.

5. Hepatic Dysfunction: DOCEtaxel undergoes hepatic metabolism. Hepatic dysfunction (particularly elevated AST) may lead to increased toxicity and usually requires a dose reduction. Baseline liver
enzymes are recommended before Cycle 1 and then if clinically indicated (e.g. – repeat liver enzymes prior to each treatment if liver enzymes are elevated, liver metastases are present or there is severe toxicity such as neutropenia). If liver enzymes are normal and there is no evidence of liver metastases or severe toxicity, check liver enzymes after three cycles (i.e. – at Cycle 4). Note: this information is intended to provide guidance, but physicians must use their clinical judgement when making decisions regarding monitoring and dose adjustments.

Call Dr. Anna Tinker or tumour group delegate at (604) 877-6000 or 1-800-663-3333 with any problems or questions regarding this treatment program.

References