BC Cancer Protocol Summary for Treatment of Locally Advanced Nasopharyngeal Cancer with Concurrent CISplatin and Radiation

Protocol Code: Tumour Group: Contact Physician: HNNLAPRT Head and Neck Dr. Cheryl Ho

ELIGIBILITY:

- locally advanced nasopharyngeal cancer
- suitable for radical radiation
- Patients with squamous cell carcinoma of the head and neck or squamous cell carcinoma of unknown primary who are unable to tolerate the standard option of HNLAPRT, (CISplatin 100mg/m2 q3wk), may receive HNNLAPRT as an alternative.
- ECOG 0-2

EXCLUSIONS:

• contraindication to CISplatin (e.g. deafness, intolerance to fluid load, neuropathy)

TESTS:

- Baseline bloodwork: CBC & Diff, creatinine, ALT, total bilirubin, alkaline phosphatase, sodium, potassium, urea, albumin, magnesium, calcium, phosphate
- Baseline (optional, results do not have to be available to proceed with treatment) HBsAg, HBcoreAb, HBsAb
- Before each treatment (on treatment day or previous day, attempt to coordinate with routine radiation therapy tests):
 - CBC & Diff, creatinine, sodium, potassium, calcium, albumin, magnesium weekly during chemotherapy
 - If clinically indicated: ALT, HBV viral load

PREHYDRATION:

1,000 mL NS with 20 mEq potassium chloride and 2 g magnesium sulphate over 1 hour, prior to CISplatin

PREMEDICATIONS:

Antiemetic protocol for highly emetogenic chemotherapy (see protocol SCNAUSEA).

TREATMENT:

<u>Note</u>: Since CISplatin is a radio-sensitizing as well as an active agent, it is to be administered on a day on which radiation therapy is delivered. If radiation therapy is cancelled, do not give CISplatin that day: postpone until radiation therapy resumes.

Drug	Dose	BC Cancer Administration Guidelines	
CISplatin	40 mg/m ²	IV in 100 to 500 mL NS over 30 minutes to 1 hour	

Repeat weekly x 7 cycles (each week is one cycle). Patients are to receive at least 2 cycles of CISplatin with radiation. Recommended to have clinical assessment after every 2 cycles (ie, every 3rd cycle).

DOSE MODIFICATIONS:

1. Hematological:

ANC (x 10 ⁹ /L)		Platelets (x 10 ⁹ /L)	Dose
greater than or equal to 0.8	and	greater than or equal to 100	100%
less than 0.8	or	less than 100	Consider 50% dose reduction or delay

2. Renal dysfunction:

Creatinine clearance (mL/minute)	Dose	
less than 50 mL/minute	Delay chemotherapy, recheck in 1 week	
less than 50 mL/minute after overnight hydration	Discontinue protocol	

PRECAUTIONS:

- 1. **Renal Toxicity:** Nephrotoxicity is common with CISplatin. Encourage oral hydration. Avoid nephrotoxic drugs such as aminoglycosides.
- 2. **Ototoxicity:** CISplatin is ototoxic and its use must be cautioned in individuals with existing hearing loss.
- 3. **Neutropenia**: Fever or other evidence of infection must be assessed promptly and treated aggressively.
- 4. **Hepatitis B Reactivation:** All head and neck cancer patients undergoing chemoradiation should be screened for hepatitis B reactivation risk. Patients with a positive result may require antiviral prophylaxis during treatment and for several months after treatment completion, in addition to close monitoring. Management should be reviewed with an appropriate specialist.

Call Dr. Cheryl Ho or tumour group delegate at (604) 877-6000 or 1-800-663-3333 with any problems or questions regarding this treatment program.

References

1. Yau TK, et al. Induction chemotherapy with cisplatin and gemcitabine followed by accelerated radiotherapy and concurrent cisplatin in patients with stage IV(A-B) nasopharyngeal carcinoma. Head Neck 2006;28(10):880-7.

2. Chan ATC, Overall survival after concurrent cisplatin–radiotherapy compared with radiotherapy alone in locoregionally advanced nasopharyngeal carcinoma. J Natl Cancer Inst 2005; 97:536-9.

3. Chan ATC, et al. Concurrent chemotherapy-radiotherapy compared with radiotherapy alone in locoregionally advanced nasopharyngeal carcinoma: Progression free survival analysis of a phase III randomized trial. J Clin Oncol 2002;20:2038-44.