

PROTOCOL CODE: MYCARLD

(Page 1 of 3)

Patient RevAid ID: _____

DOCTOR'S ORDERS

Ht _____ cm Wt _____ kg BSA _____ m²

REMINDER: Please ensure drug allergies and previous bleomycin are documented on the Allergy & Alert Form

DATE: _____ **To be given:** _____ **Cycle #:** _____

Date of Previous Cycle: _____

Risk Category: ☐ **Female of Childbearing Potential (FCBP) Rx valid 7 days**

Risk Category: ☐ **Male or Female of non -Childbearing Potential (NCBP)**

☐ Delay treatment _____ week(s)

☐ **CBC & Diff** day of treatment

Proceed with all medications for entire cycle as written, if within 96 hours of Day 1: **ANC greater than or equal to 1.0 x 10⁹/L, platelets greater than or equal to 50 x 10⁹/L and eGFR or creatinine clearance as per protocol**

Dose modification for: ☐ **Hematology:** _____ ☐ **Other Toxicity:** _____

Proceed with treatment based on blood work from _____

PREMEDICATIONS: Patient to take own supply. RN/Pharmacist to confirm _____.

OPTIONAL: If dexamethasone not given as part of the treatment regimen, and concerns regarding infusion reactions, 30 minutes prior to carfilzomib:

☐ **dexamethasone 4 mg PO OR** ☐ **dexamethasone 4 mg IV** in NS 50 mL over 15 minutes (select one)

☐ **ondansetron 8 mg PO** prior to carfilzomib

☐ Other: _____

LENALIDOMIDE

One cycle = 28 days

☐ **lenalidomide*** _____ mg PO daily, in the evening, on Days 1 to 21 and off for 7 days

☐ **lenalidomide*** _____ mg PO _____

(*available as 25 mg, 20mg, 15 mg, 10 mg, 5 mg and 2.5 mg capsules)

*Note: Use one capsule strength for the total dose; there are cost implications as costing is per capsule and not weight based

☐ FCBP dispense 21 capsules (1 cycle)

☐ For Male and Female NCBP:

Mitte: _____ capsules or _____ cycles. Maximum 63 capsules (3 cycles).

Pharmacy to dispense one cycle at a time, maximum 3 cycles if needed

Physician to ensure DVT prophylaxis in place: ☐ **ASA** or ☐ **Warfarin** or ☐ **low molecular weight heparin** or ☐ **direct oral anticoagulant** or ☐ **none** (select one)

Pharmacy Use for Lenalidomide dispensing:

Part Fill # 1
RevAid confirmation number: _____

Lenalidomide lot number: _____

Pharmacist counsel (initial): _____

Part Fill # 2
RevAid confirmation number: _____

Lenalidomide lot number: _____

Pharmacist counsel (initial): _____

Part Fill # 3
RevAid confirmation number: _____

Lenalidomide lot number: _____

Pharmacist counsel (initial): _____

Special Instructions

DOCTOR'S SIGNATURE:

Physician Revaid ID: _____

SIGNATURE:

UC:

PROTOCOL CODE: MYCARLD

(Page 2 of 3)

DOCTOR'S ORDERS

DATE:

STEROID (select one)*

- ☐ dexamethasone ☐ 40 mg or ☐ 20 mg (select one) PO once weekly, in the morning, on Days 1, 8, 15 and 22 of each cycle
- ☐ dexamethasone _____mg PO once weekly in the morning on Days _____ (write in) of each cycle
- ☐ predniSONE _____mg PO once weekly in the morning on Days _____ (write in) of each cycle
- ☐ No Steroid

*Refer to Protocol for steroid dosing options

PREHYDRATION:

Cycle 1:

Pre-hydration: 250 mL NS IV over 30 minutes

Cycle 2 onward (optional- see protocol):

- ☐ 250 mL NS IV over 30 minutes

****Have Hypersensitivity Reaction Tray and Protocol Available****

CARFILZOMIB

- Per physician's clinical judgement, physician to ensure prophylaxis with valACYclovir 500 mg PO daily

☐ **CYCLE 1:**

carfilzomib 20 mg/m² x BSA[‡] = _____ mg IV in 100 mL D5W over 30 minutes on Day 1

carfilzomib 56 mg/m² x BSA[‡] = _____ mg IV in 100 mL D5W over 30 minutes on Days 8 and 15
‡ (cap BSA at 2.2)

Vital signs prior to EACH carfilzomib infusion

For Cycle 1 only, observe patient for 30 minutes following each carfilzomib infusion

☐ **CYCLES 2 to 18:**

carfilzomib 56 mg/m² x BSA[‡] = _____ mg IV in 100 mL D5W over 30 minutes on Days 1, 8 and 15
‡ (cap BSA at 2.2)

Vital signs prior to EACH carfilzomib infusion

DOSE MODIFICATION IF REQUIRED ON DAYS 8 AND/OR 15

carfilzomib 56 mg/m² x BSA[‡] = _____ mg

- ☐ Dose Modification: _____ mg/m² x BSA[‡] = _____ mg

IV in 100 mL D5W over 30 minutes on Days _____

DOCTOR'S SIGNATURE:

SIGNATURE:

UC:

PROTOCOL CODE: MYCARLD

(Page 3 of 3)

DATE:	
Have Hypersensitivity Reaction Tray and Protocol Available	
POST HYDRATION (Optional- see protocol):	
<input type="checkbox"/> 250 mL NS IV over 30 minutes after carfilzomib	
RETURN APPOINTMENT ORDERS	
Book chemo on Days 1, 8 and 15 <input type="checkbox"/> Return in four weeks for Doctor and Cycle _____ <input type="checkbox"/> Last Cycle. Return in _____ week(s).	
CBC & Diff, creatinine, urea, sodium, potassium, total bilirubin, ALT, alkaline phosphatase, calcium, albumin, phosphate, LDH, random glucose, serum protein electrophoresis <u>and</u> serum free light chain levels every 4 weeks TSH every three months (i.e. prior to cycles 4, 7, 10, 13, 16 etc) <input type="checkbox"/> Urine protein electrophoresis every 4 weeks <input type="checkbox"/> Immunoglobulin panel (IgA, IgG, IgM) every 4 weeks <input type="checkbox"/> Beta-2 microglobulin every 4 weeks <input type="checkbox"/> CBC & Diff Days 8, 15, 22 <input type="checkbox"/> Creatinine, sodium, potassium Days 8, 15, 22 <input type="checkbox"/> Total bilirubin, ALT, alkaline phosphatase Days 8, 15, 22 <input type="checkbox"/> Random glucose Days 8, 15, 22 <input type="checkbox"/> Calcium, albumin Days 8, 15, 22 <input type="checkbox"/> Phosphate Days 8, 15, 22 <input type="checkbox"/> Quantitative beta-hCG blood test for FCBP 7-14 days and 24 h prior to cycle 1 and every week for 4 weeks during cycle 1 <input type="checkbox"/> Quantitative beta-hCG blood test for FCBP, every 4 weeks, less than or equal to 7 days prior to the next cycle <input type="checkbox"/> HBV viral load prior to next cycle <input type="checkbox"/> Other tests: <input type="checkbox"/> Consults:	
DOCTOR'S SIGNATURE:	SIGNATURE: UC: