

Living Well with Loss

Library Resources to help you cope with Loss

Provincial Health Services Authority

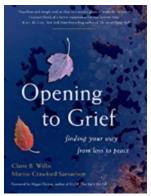
Coping with Grief & Loss

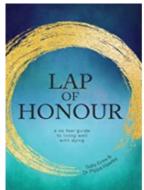
Grief, Loss and Bereavement

- Library Pathfinders:
 - Coping with Grief
 - Coping with Death and Dying
- Recommended Grief Websites

Explore selected titles on Grief, Loss and Bereavement in our library catalogue.

Book Highlights





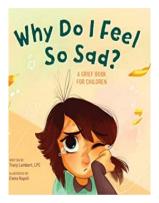


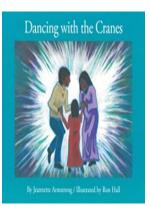
Resources for Children and Teens

Library Pathfinder: Helping Children Understand Death and Cope with Grief

Explore selected titles on Grief, Loss and Bereavement for children and teens in our library catalogue.

Book Highlights







BC Cancer Library Services

The library delivers timely service and evidenceinformed resources to people facing cancer and those involved in oncology care or research.



Visit our library website and ...

- ★ Search our library catalogue to access eBooks and find and request books, videos, and audio materials held at any of our 6 library locations to borrow.
- ★ Find **Pathfinders**, descriptive lists of books, support services and websites on various cancer and support topics.
- ★ Find **Recommended Websites**, carefully curated, evaluated and compiled web resources on a variety of cancer topics
- **★ Request cancer information** tailored to your specific needs and interests and customized to YOU!

www.bccancer.bc.ca/library

Contact any of the BC Cancer libraries and our team of library staff would be happy to help you!

BC Cancer Libraries & Cancer Information Centre (CIC) Locations

To request books: library@bccancer.bc.ca

BC Cancer - Vancouver

675 W. 10th Ave. 604.675.8002 library@bccancer.bc.ca

BC Cancer - Surrey

13750 96th Ave. 604.930.2098 x654576 library_fvc@bccancer.bc.ca library_csi@bccancer.bc.ca

BC Cancer - Prince George

1215 Lethbridge St. 604.675.8002 library@bccancer.bc.ca BC Cancer - Abbotsford

32900 Marshall Rd. 604.851.4710 x646825 library_ac@bccancer.bc.ca

BC Cancer - Kelowna

399 Royal Ave. 250.712.3900 x686821

BC Cancer - Victoria

2410 Lee Ave. 250.519.5517 library_vic@bccancer.bc.ca



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May 5, 2021

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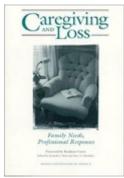
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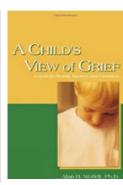
Titles for Parents & Caregivers

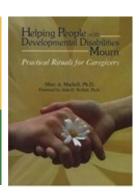
 Recommended Children and the Family Websites

Explore selected titles on Grief, Loss and Bereavement for Parents and Caregivers in our library catalogue.

Book Highlights







Other Online Resources BC Cancer Resources: Anxiety and Depression

- BC Cancer Patient & Family Counselling
- Loss and Grief
- Managing Stress, Anxiety and Depression

Other Websites:

- MyGrief.ca
- Kidsgrief.ca



Borrowing from the BC Cancer Library

Though BC Cancer Libraries remain closed to patients and families due to COVID, we are still available online and borrowing is easy! Click on any one of the book covers presented here to explore the title, or visit our library catalogue to see what else we have for you. In the catalogue:

- 1. Add items to your list
- 2. Visit your list at the top of the catalogue page

- 3. Confirm and borrow your selections
- 4. Fill out your contact information
 Books can be delivered to you via FREE postal mail

and will include a free returns label. Or, arrange to pick up your items via curb-side delivery at select library locations. The library will contact you to confirm your order and arrange your book pick up or delivery. For more information, contact us today!

