

# Bladder Cancer in 2020

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# Disclosures (A)

- Consulting/Honoraria: Astellas, AstraZeneca, Janssen, Merck, Pfizer, Roche
- Research Funding: Pfizer, Janssen
- Educational Support: Roche
- Clinical Trials (Institution): >300 trials open per year with a wide variety of industrial and cooperative sponsors

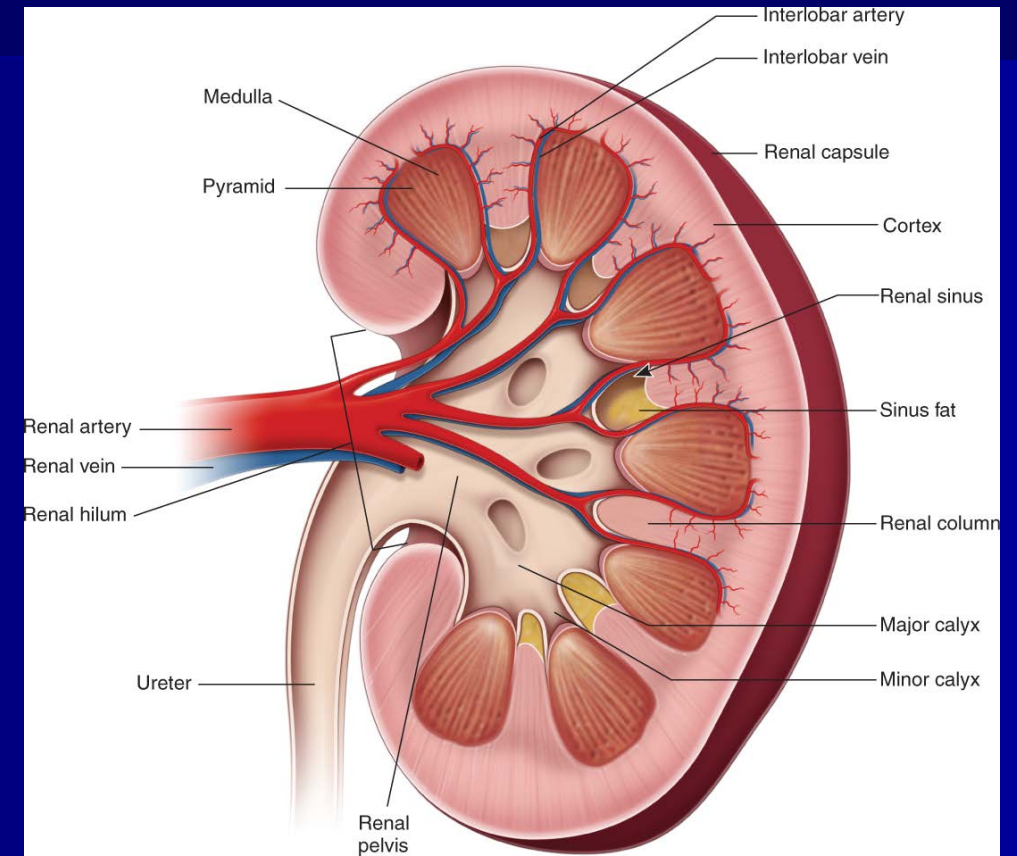
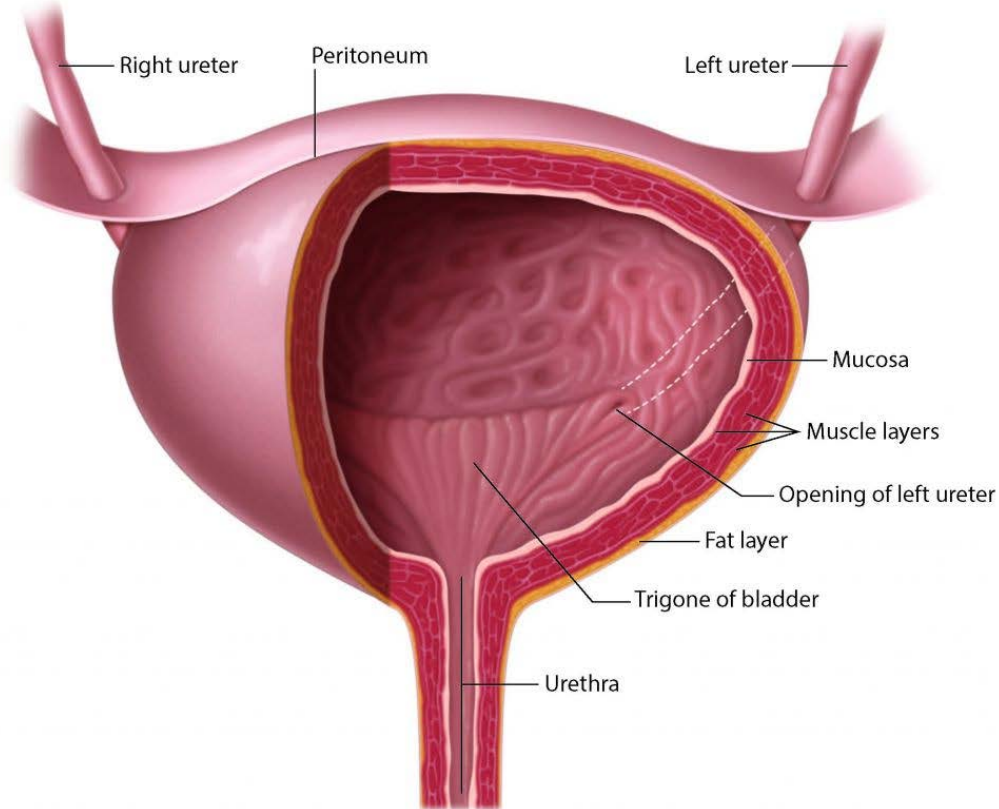
# Disclosures (B)

- I am not a urologist. My expertise is in the management of advanced bladder cancer, so my comments on management of localized disease are "text-book"

# Overview

- What is bladder cancer (aka Urothelial Carcinoma)?
- Basic epidemiology
- Clinical Presentation
- Diagnostic assessment
- Molecular Subtypes
- Management of:
  - Non-Muscle Invasive Bladder Cancer (NMIBC)
  - Muscle Invasive Bladder Cancer (MIBC)
  - Metastatic Bladder Cancer (mUC)

# Anatomy of the Urinary Tract



Source: Ma OJ, Mateer JR, Reardon RF, Joling SA: *Ma and Mateer's Emergency Ultrasound, Third Edition*; www.accessemergencymedicine.com  
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# What is urothelial cancer?

- Cancer arising from the transitional cell epithelium (lining) of the urinary tract structures:
  - Renal pelvis
  - Ureter
  - Bladder
  - Urethra

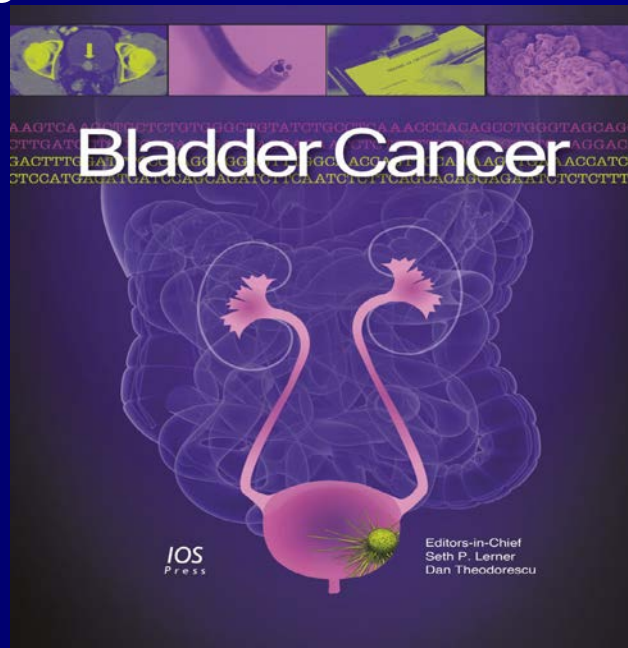
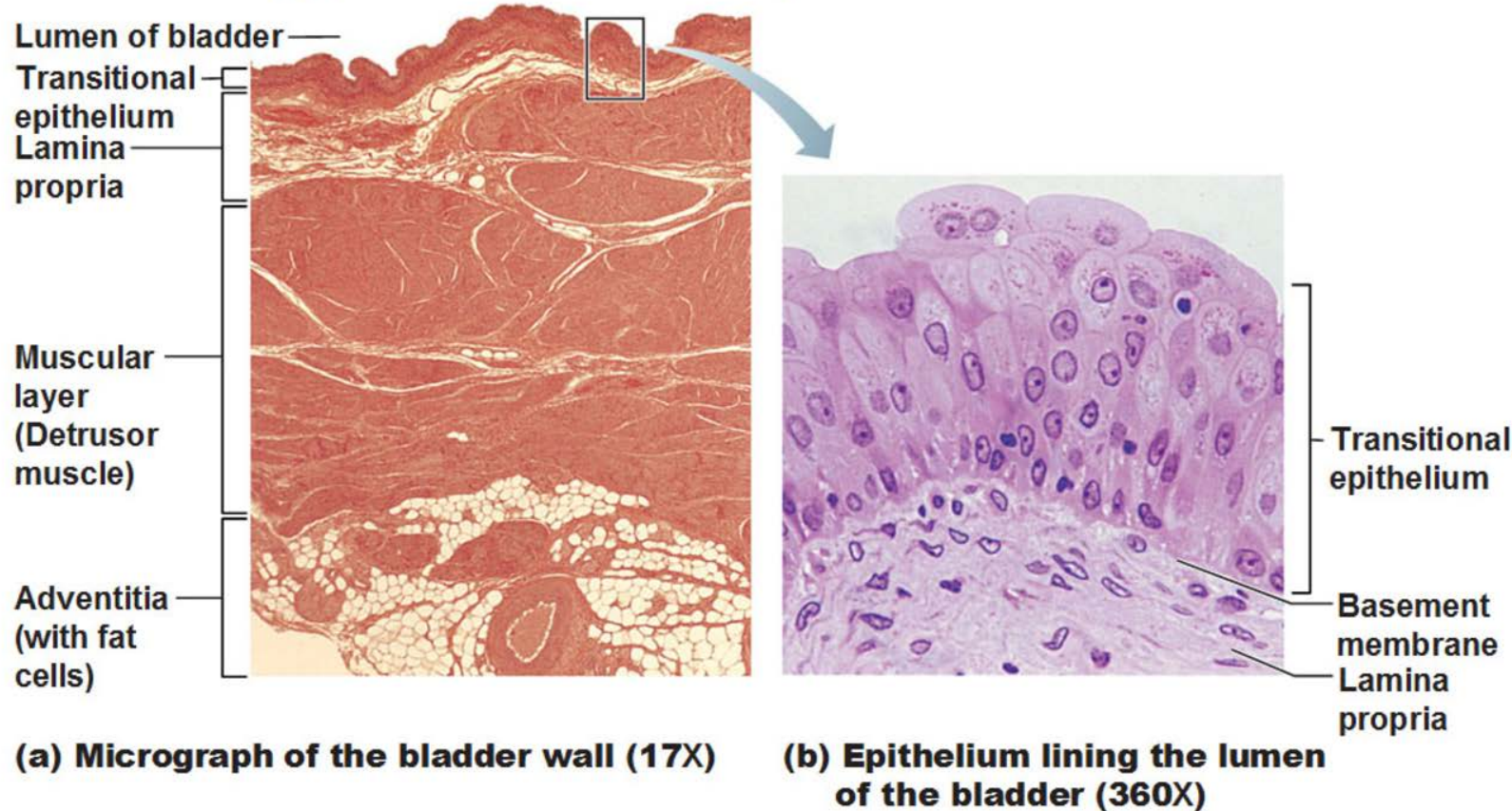


Image: [www.bladdercancerjournal.com](http://www.bladdercancerjournal.com)



# Types of bladder cancer

## Histology of the Urinary Bladder



### Types of bladder cancer:

- Transitional cell carcinoma (TCC/UC)
- Squamous cell carcinoma
- Small-cell carcinoma (rare)
- Adenocarcinoma (very rare)
- Sarcoma (very rare)

# A little bit about epidemiology

- Men – median age at diagnosis = 69
- Women – median age at dx = 71
- Male:female nearly 2:1
- 2019 – CDN 11,800 new cases – 2,500 will die of the disease
  - Male #4 cause, #7 death
  - Female #11 cause, #11 death
- Majority of cases occur in developing regions of world (smoking/shisto/occupational)

Worldwide Bladder Cancer Statistics*				
	Global <sup>1</sup>	EU <sup>1</sup>	Asia <sup>1</sup>	US <sup>2</sup>
New Cases, n	429,793	124,118	148,568	76,960
Deaths, n	165,084	40,635	69,294	16,000



# Risk Factors

- Smoking 35-50% of cases
  - Second hand smoke increases risk in women (1.5-2X)
- Aromatic amines:
  - 2-naphthylamine, benzidine, 4-aminobiphenyl, 4-nitrobiphenyl, and 2-amino-1-naphthol
- Occupations:
  - metal workers, painters, rubber industry, leather workers, textile workers, firefighters, miners cement workers, manufacturing of carpets, paints, plastics...
- Arsenic (e.g. Chile & Taiwan)

# Risk Factors (non-TCC)

- Chronic cystitis
- Spinal cord injury – catheters
- Calculi
- Schistosomiasis

# Staging of Bladder Cancer (abridged)

- Ta Noninvasive papillary carcinoma
- Tis Carcinoma in situ: "flat tumor"
- T1 Tumor invades subepithelial connective tissue
- **T2 Tumor invades muscle**
- T2a Tumor invades superficial muscle (inner half)
- T2b Tumor invades deep muscle (outer half)
- T3 Tumor invades perivesical tissue
- T4 Tumor invades any of the following: prostate, uterus, vagina, pelvic wall, abdominal wall
- T4a Tumor invades prostate, uterus, vagina
- T4b Tumor invades pelvic wall, abdominal wall
- **Regional lymph nodes (N)**
  - Regional lymph nodes are those within the true pelvis; all others are distant lymph nodes.
- **Distant metastasis (M)**
- M0 No distant metastasis
- **M1 Distant metastasis (a-node, b-visceral)**

# Incidence, Recurrence and Progression by Stage

Classification	Incidence/Stage	5-Year Survival
<b>NMIBC</b>	~ 70% of cases at diagnosis	86-98%
- 31-78% will recur - 10-20% will progress		
<b>MIBC</b>	~ 25% of cases at diagnosis	50% (30-63%)
- 20-70% will recur - 50% will progress		
<b>mUC</b>	~ 4% of cases at diagnosis	<10%

**NMIBC:** Non-Muscle Invasive Bladder Cancer

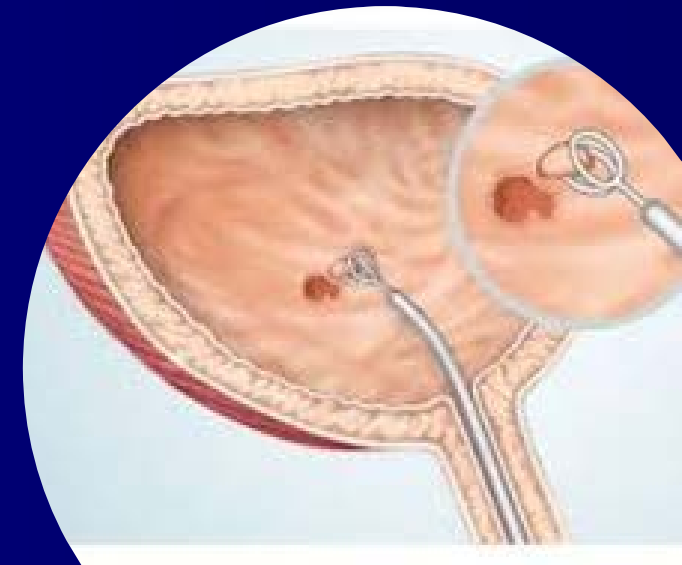
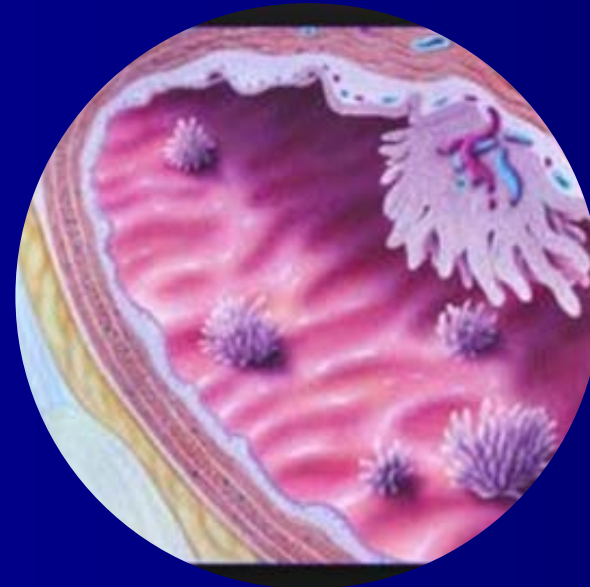
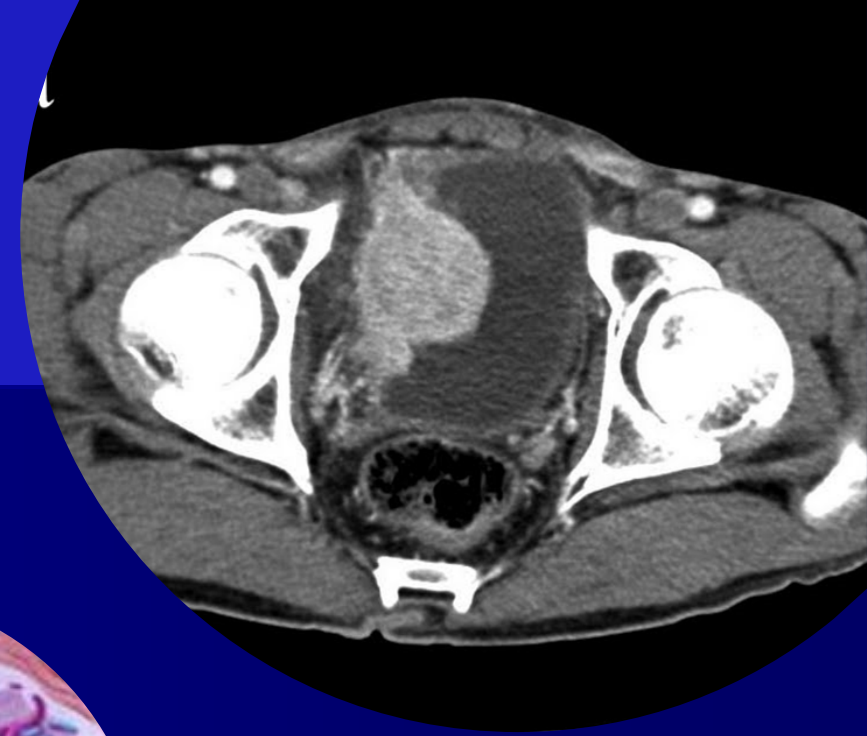
**MIBC:** Muscle Invasive Bladder Cancer

**mUC:** Metastatic Urothelial Carcinoma

# Urothelial Carcinoma

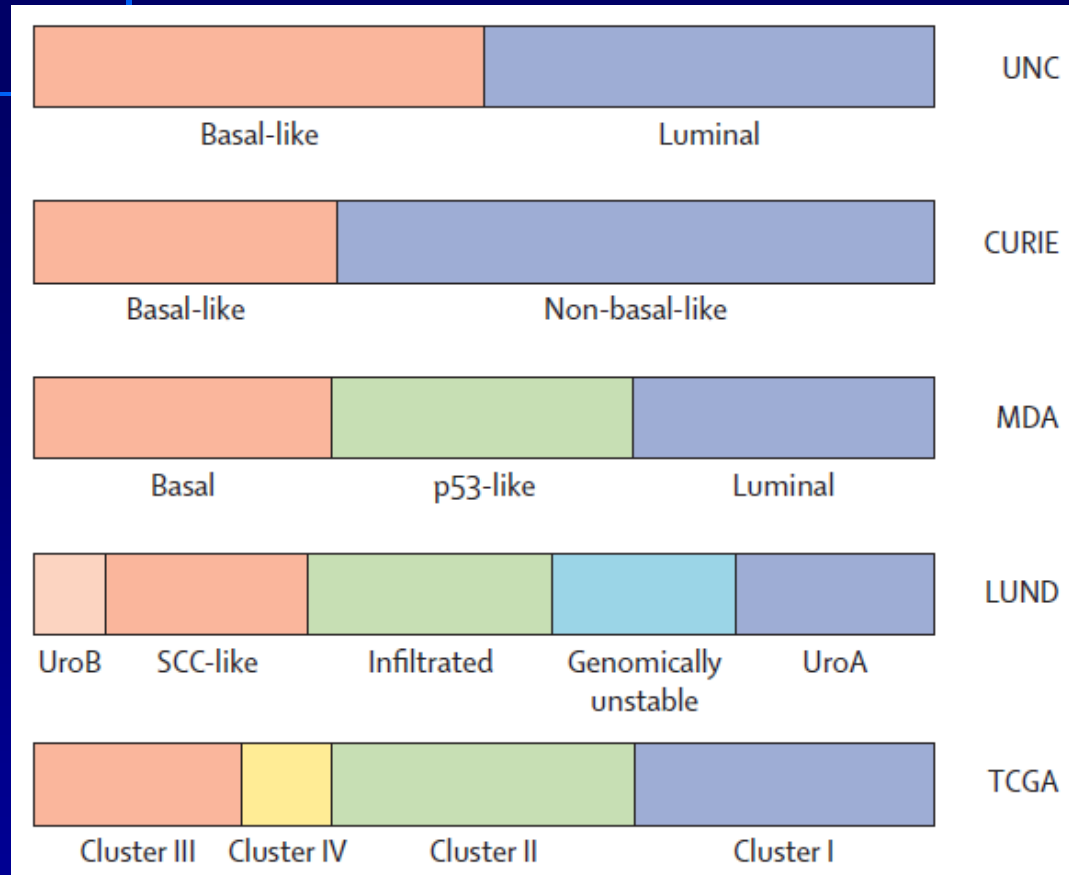
## *Diagnostic assessment*

- Symptoms
  - Blood in the urine
  - Urinary frequency
  - Painful urination
  - Lower back pain
- Routine evaluations
  - History and physical exam
  - Urinalysis
- Further evaluations:
  - Urine cytology
  - Cystoscopy
  - CT urography



# Molecular Subtype Classification

*Bladder cancer*



TCGA=The Cancer Genome Atlas. UNC=University of North California.

CURIE=Institut Curie. SCC=squamous cell carcinoma.

LUND=Lund University. UroB=Orbasal B

- Several institutions have established subtypes based upon gene expression profiling. This is becoming relevant for management decisions.
- E.g.
  - Basal subtypes often have squamous differentiation and are more often metastatic at diagnosis, respond to chemo
  - Luminal subtype are enriched for papillary features and more often have FGFR3 mutations (we have FGFR3 inhibitors now)
- The color bars indicate the subtype classification made by each institution.
- This is not yet a standard of care approach.

# Non-Muscle-Invasive Bladder Cancer (NMIBC)

## *Risk stratification and treatment*

- NMIBC can be classified as low risk, intermediate risk, or high risk according to risk of recurrence and progression, and risk categories have been used to guide management.<sup>6</sup>

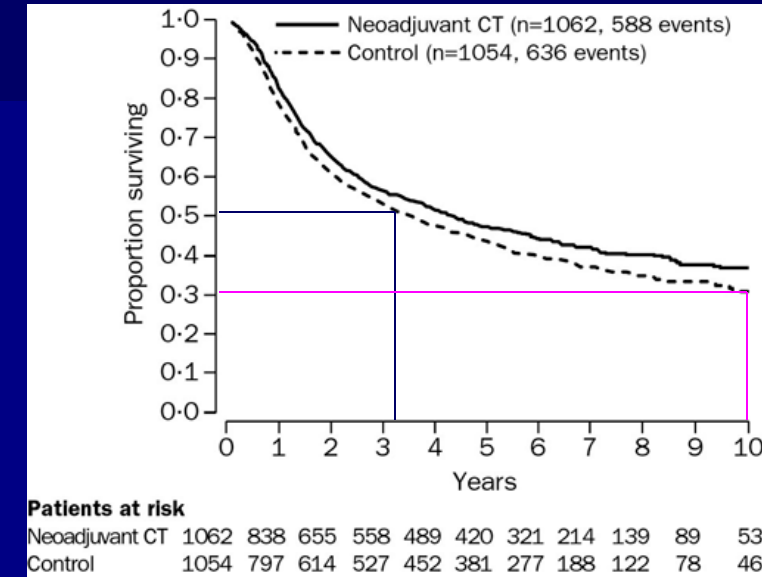
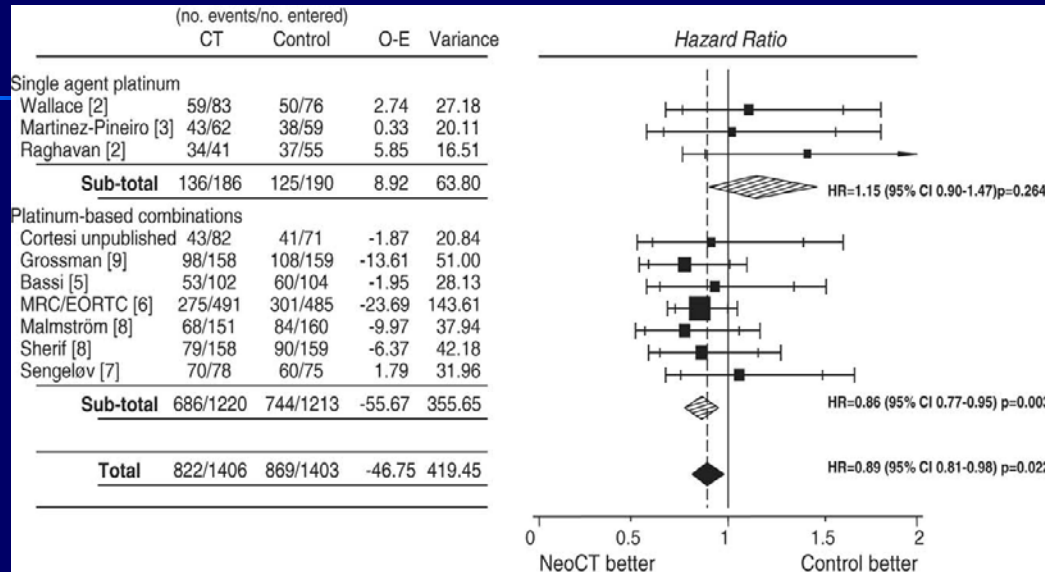
Risk	Risk Subtype	Recommend Treatment
<b>Low-risk</b> NMIBC (low-grade Ta tumor)		Single immediate postoperative instillation of intravesical chemotherapeutic drug
<b>Intermediate-risk</b> NMIBC (multifocal or multirecurrent low-grade Ta tumors)	None of the following factors: multiple tumors, tumor $\geq 3$ cm, >1 recurrence per year, recurrence within 1 year after transurethral resection	Same as treatment for low-risk NMIBC
	One or two of the following factors: multiple tumors, tumor $\geq 3$ cm, >1 recurrence per year after transurethral resection	Single immediate postoperative instillation of intravesical chemotherapeutic drug; induction plus maintenance treatment (1 year) with either an intravesical chemotherapeutic drug or BCG
	Three or more of the following factors: multiple tumors, tumour $\geq 3$ cm, >1 recurrence per year, recurrence within 1 year after transurethral resection	Same as treatment for high-risk NMIBC
<b>High-risk</b> NMIBC (T1 [invasive into lamina propria], carcinoma in situ, or any high-grade tumor)		Restaging transurethral resection in 4–6 weeks; induction plus maintenance treatment (3 years) with BCG; consider early cystectomy if high-grade T1 tumor with any of the following: multiple tumors or large tumor, micropapillary histological variant, concomitant carcinoma in situ in bladder or prostatic urethra, or presence of lymphovascular invasion



# Muscle Invasive Bladder Cancer

- T2 to T4a disease (N0)
  - Invasion through the muscle layer of the bladder or deeper into perivesical tissues
    - Can no longer be managed by local means
    - Neoadjuvant chemotherapy
    - Cystectomy is the mainstay of local therapy
    - Trimodality therapy (TURBT plus chemo/radiotherapy) for bladder sparing approach is also an option in selected patients.

# Bladder Cancer – Neoadjuvant Chemotherapy Metaanalysis of 11 trials (~3000 pts)



**Benefit for neoadjuvant cisplatin-based combination chemotherapy**

13% reduction in risk of death; 5-6.5% absolute benefit at 5 years; HR 0.87

# Locally Advanced Bladder Cancer

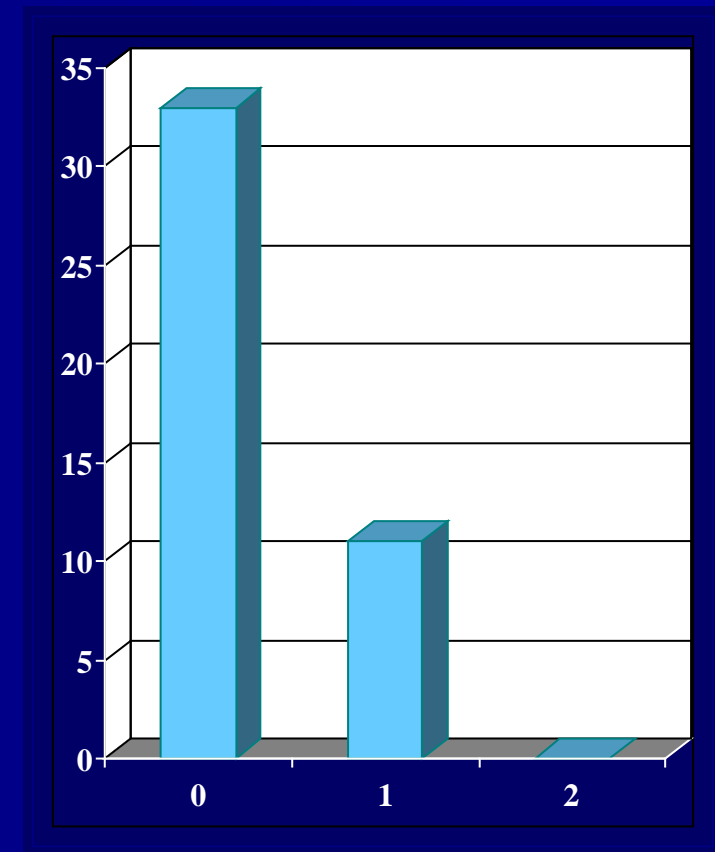
- T4b
- Multi disciplinary approach and individualized therapy
- Management includes chemotherapy, +/- radiation, +/- surgery
- Goal: decrease eventual morbidity of pelvic progression

# Metastatic Disease: What is my prognosis, Doc?

**Risk factors**

Risk score	KPS	Visceral mets.	Median OS (mo)	5-y-OS	10-y-OS
0	$\geq 80$	No	33.0	33%	24%
1	$\geq 80$	Yes	13.4	11%	6%
	$< 80$	No			
2	$< 80$	Yes	9.2	0	0

**5-y-OS by No. RF**



Bajorin et al. JCO 1998

# When would we use chemotherapy for Bladder Cancer?

	Neo-Adjuvant	Adjuvant	Palliative
Early	No	No	N/A
Muscle invasive	Yes	Maybe	N/A
Metastatic	N/A	N/A	Yes

# Metastatic Bladder Cancer (mUC)

- Untreated/Best Supportive Care:
  - Median OS is ~6-8 mo
- With Chemo:
  - median OS is still only ~12-14 mo!
- Challenges:
  - Elderly patients with comorbidities
  - Frequent renal impairment (age related, hydronephrosis)
  - Patients are often unwell due to the cancer

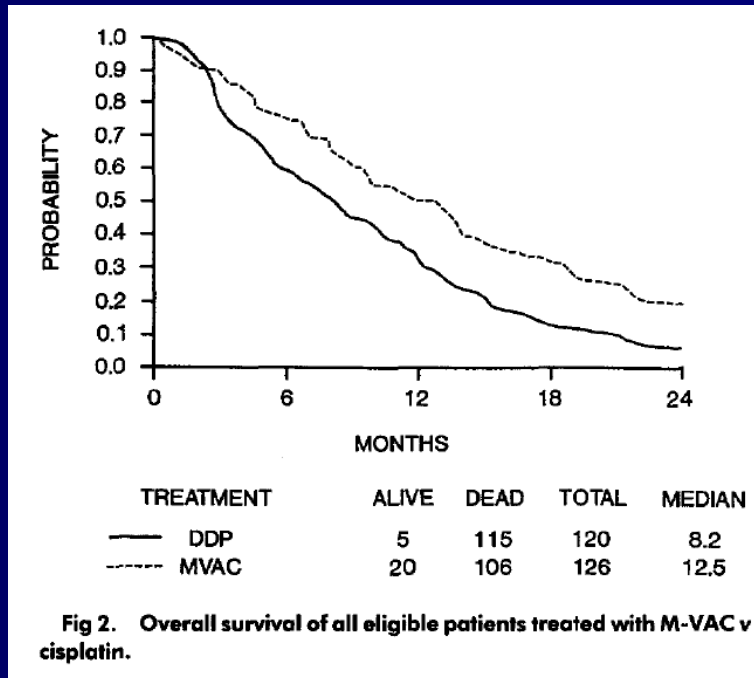
# Treatment options for mUC are rapidly evolving!

- Current standards
- First Line:
  - Chemotherapy:
    - Platinum based (cisplatin preferable over carboplatin), most centers use Gemcitabine/Cisplatin
- Second Line:
  - Immunotherapy (current standard is pembrolizumab)
- Third line:
  - No established standard. Fit patients may get chemo (taxane) but no survival benefit
  - BUT: Enfortumab Vedotin, FGFR targeted therapies (e.g. erdafitinib), and combinations will likely soon be available.



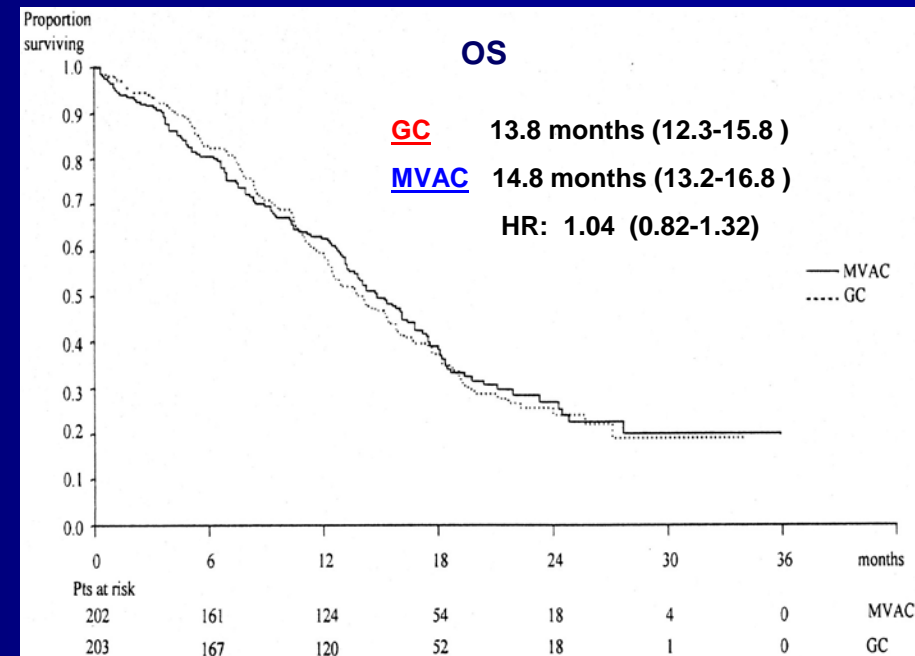
# Cisplatin-based chemo for mUC

Methotrexate/Vinblastine/Adriamycin/Cisplatin



- 50% with visceral disease
- Overall response rate: 39%
- Complete response rate: 13%

Gemcitabine/Cisplatin



- 50% with visceral disease
- Overall response rate: 49.4% vs. 45.7%
- Complete response rate: 12.2% vs. 11.9%

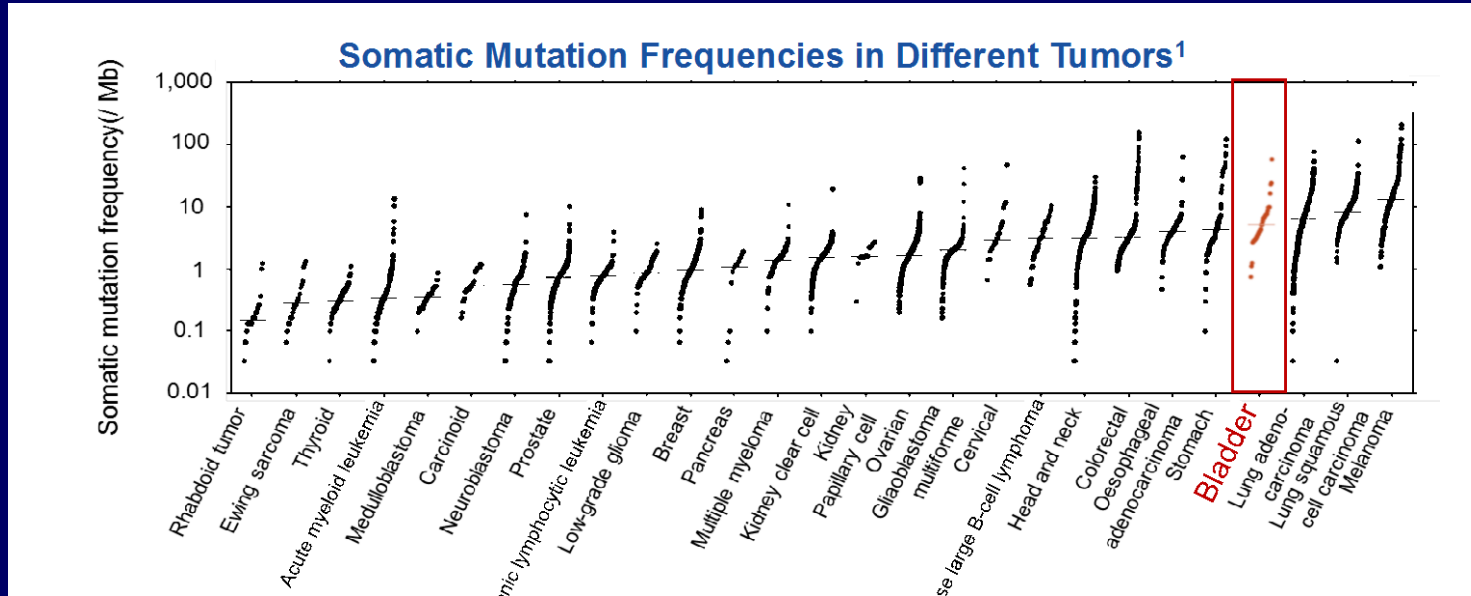
Van der Maase JCO 2000

Loehrer, JCO 1992

# What are the toxicities of Cisplatin and Gemcitabine?

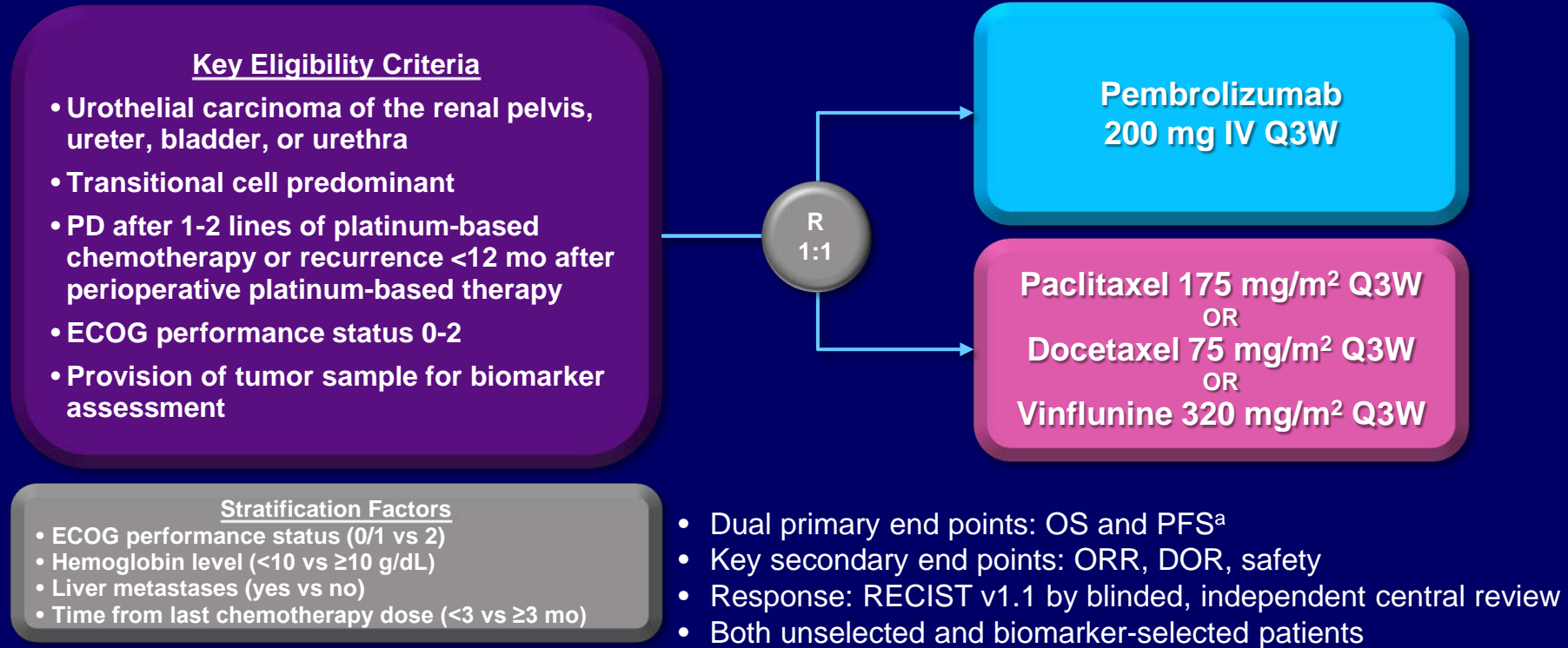
Toxicity	World Health Organization Toxicity Grades			
	GC (% of patients)		MVAC (% of patients)	
	3	4	3	4
Hematologic				
Anemia	23.5	3.5	15.5	2.1
Thrombocytopenia	28.5	28.5	7.7	12.9
Neutropenia	41.2	29.9	17.1	65.2
Nonhematologic				
Mucositis	1.0	0	17.7	4.2
Nausea/vomiting	22.0	0	19.2	1.6
Alopecia	10.5	0	54.2	1.0
Infection	2.0	0.5	9.9	5.2
Diarrhea	3.0	0	7.8	0.5
Pulmonary	2.5	0.5	2.6	3.1
Hematuria	4.5	0	2.3	0
Constipation	1.5	0	2.6	0.5
Hemorrhage	2.0	0	2.1	0
State of consciousness	0.5	0	3.1	0.5
Fever	0	0	3.1	0

# Immunotherapy - The Wave of Change

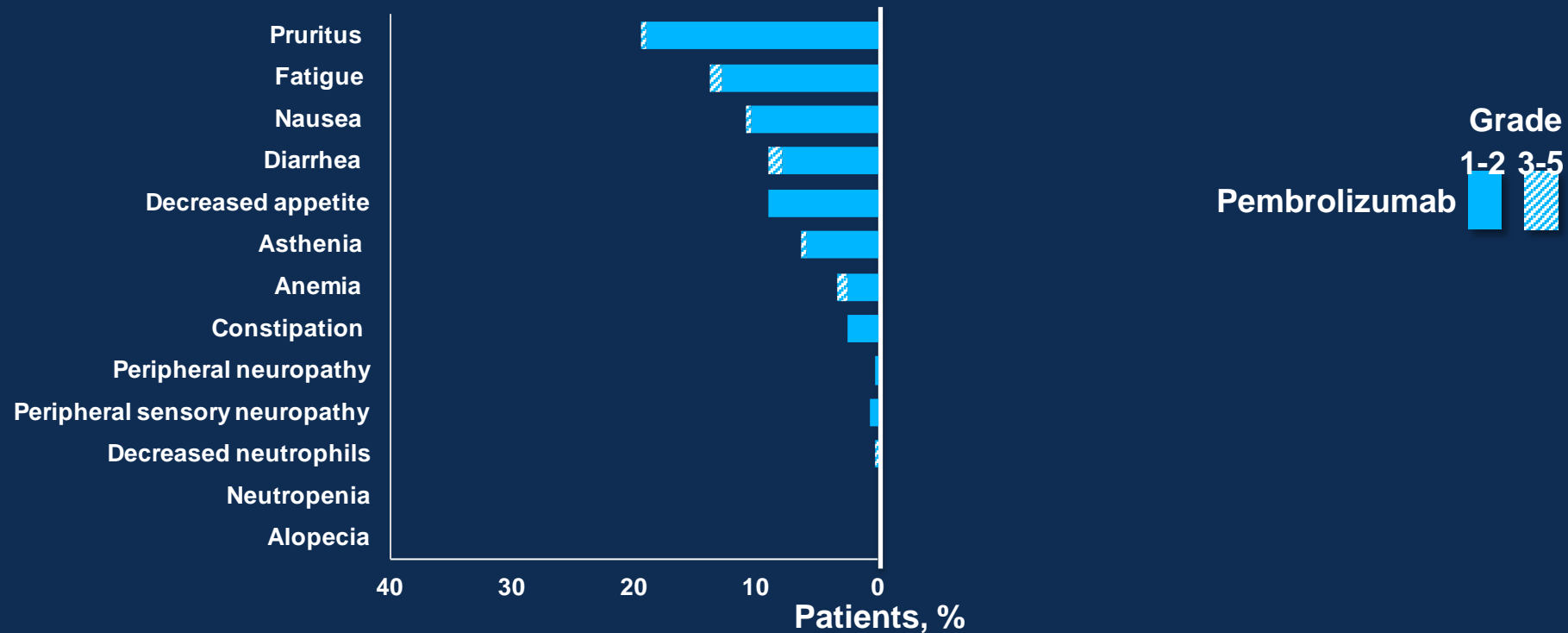


- High mutation burden = more antigens and immunogenicity

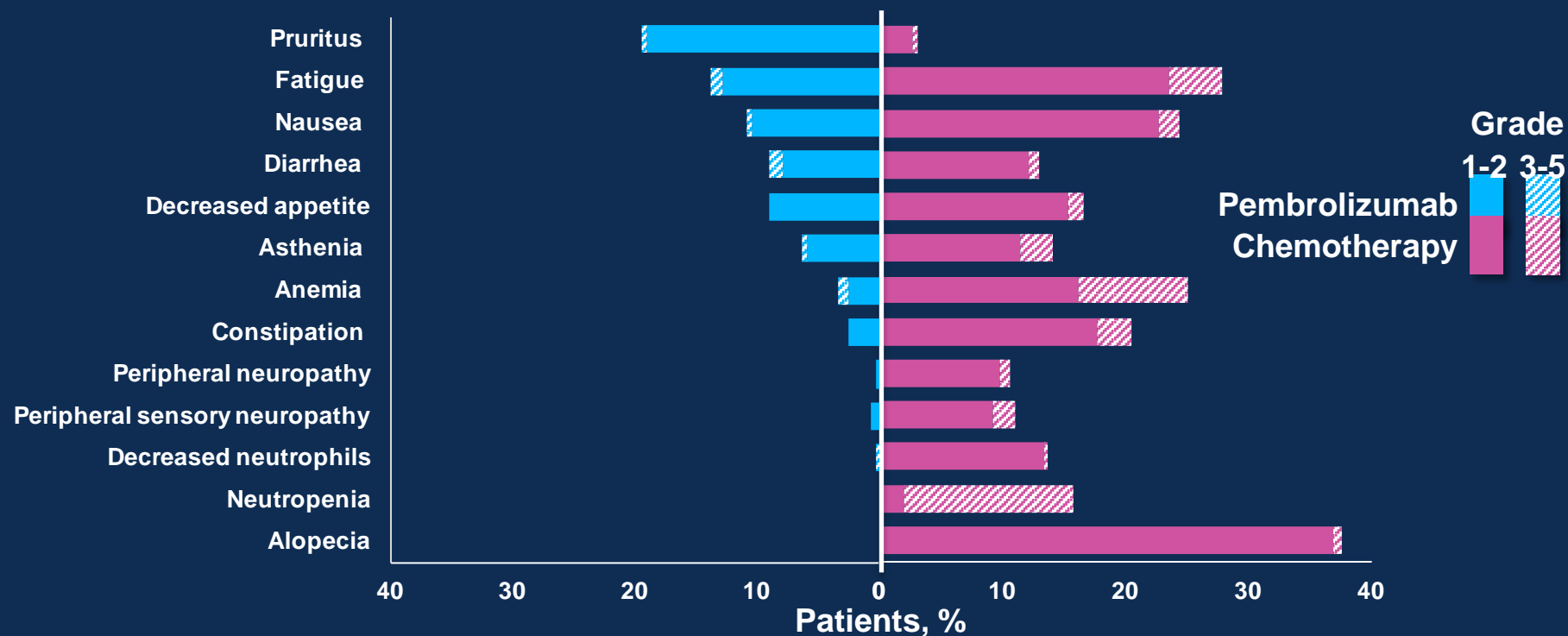
# Pembrolizumab: KEYNOTE-045



# Treatment-Related AEs Occurring in $\geq 10\%$ Patients<sup>a</sup>

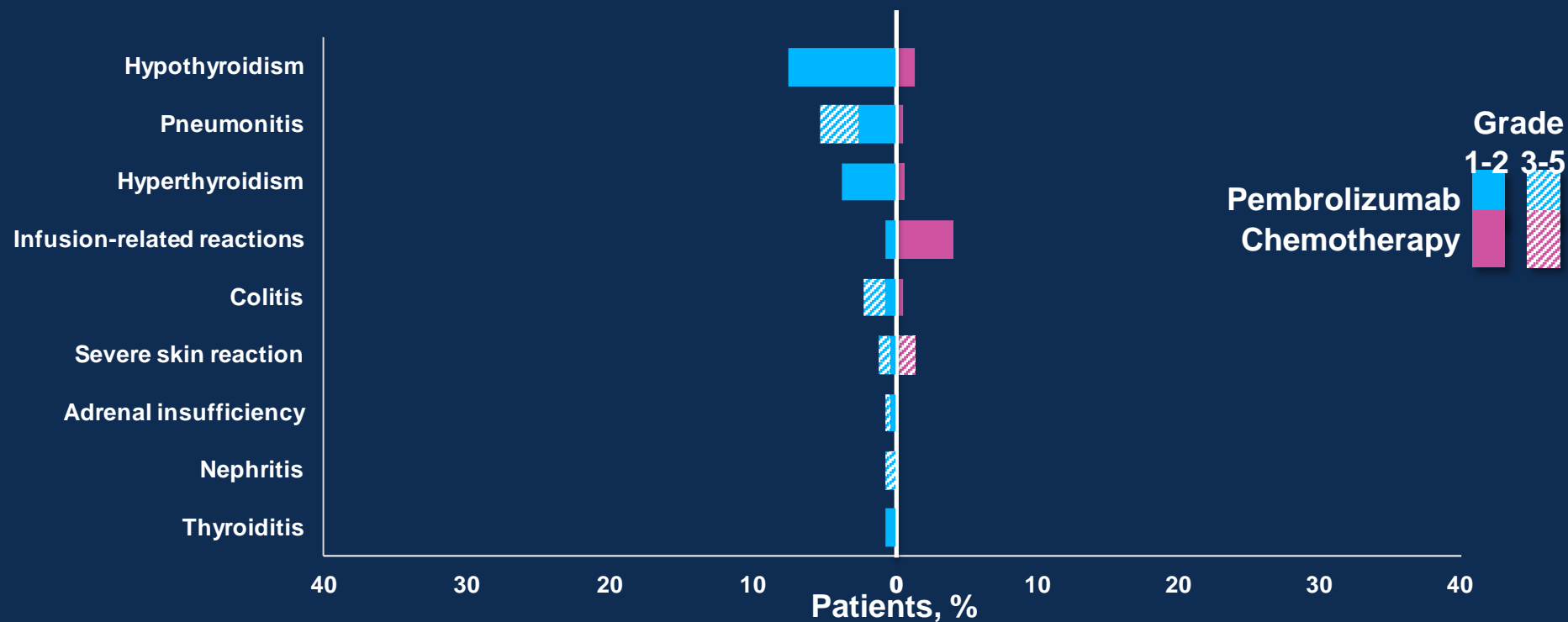


# Treatment-Related AEs Occurring in $\geq 10\%$ Patients<sup>a</sup>



<sup>a</sup>Of patients in either treatment arm.  
7.5% febrile neutropenia in the chemotherapy arm.  
Data cutoff date: January 18, 2017.

# AEs of Interest<sup>a</sup> Occurring in $\geq 2$ Patients<sup>b</sup>



<sup>a</sup>Based on a list of terms specified by the sponsor and included regardless of attribution to study treatment or immune relatedness by the investigator; related terms included. <sup>b</sup>In either treatment arm. Data cutoff date: January 18, 2017.



- Uveitis
- Conjunctivitis
- Scleritis, episcleritis
- Blepharitis
- Retinitis

## Eye

- Myocarditis
- Pericarditis
- Vasculitis

## Cardiovascular

- Hepatitis

## Hepatic

- Nephritis
- Renal failure

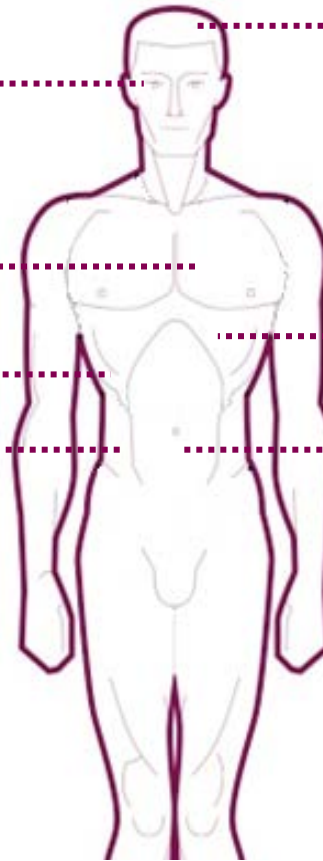
## Renal

- Rash
- Pruritus
- Psoriasis
- Vitiligo
- DRESS
- Stevens-Johnson syndrome
- Toxic epidermal necrosis

## Skin

- Arthritis
- Dermatomyositis

## Musculoskeletal



- Encephalitis
- Guillain-Barré
- Myelopathy
- Meningitis
- Myasthenia gravis
- Neuropathy

## Neurological

- Hyperthyroidism
- Hypothyroidism
- Hypophysitis
- Adrenal insufficiency
- Diabetes

## Endocrine

- Pneumonitis
- Interstitial lung disease
- Pleuritis
- Sarcoid-like granulomatosis

## Respiratory

- Colitis
- Ileitis
- Pancreatitis
- Gastritis

## Gastrointestinal

- Haemolytic anaemia
- Thrombocytopenia
- Neutropenia
- Haemophilia

## Blood

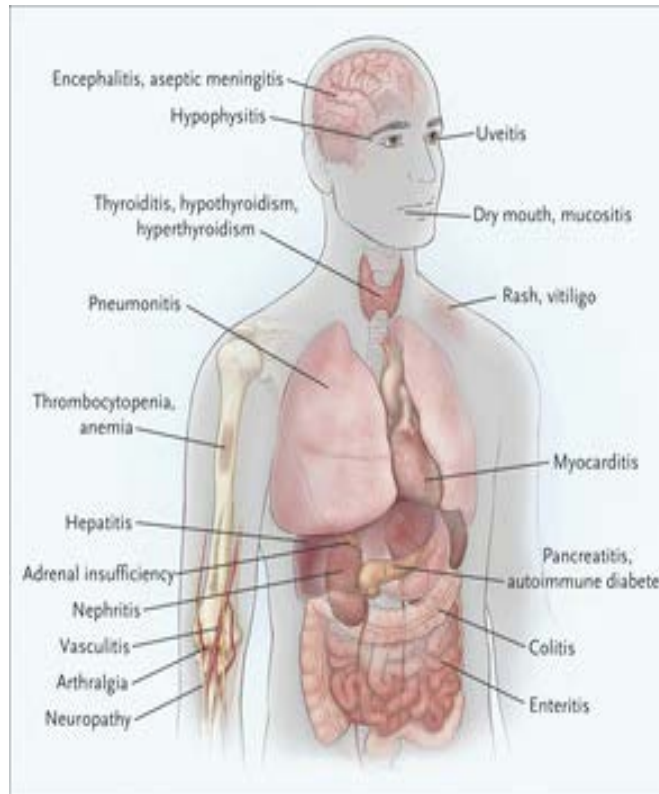
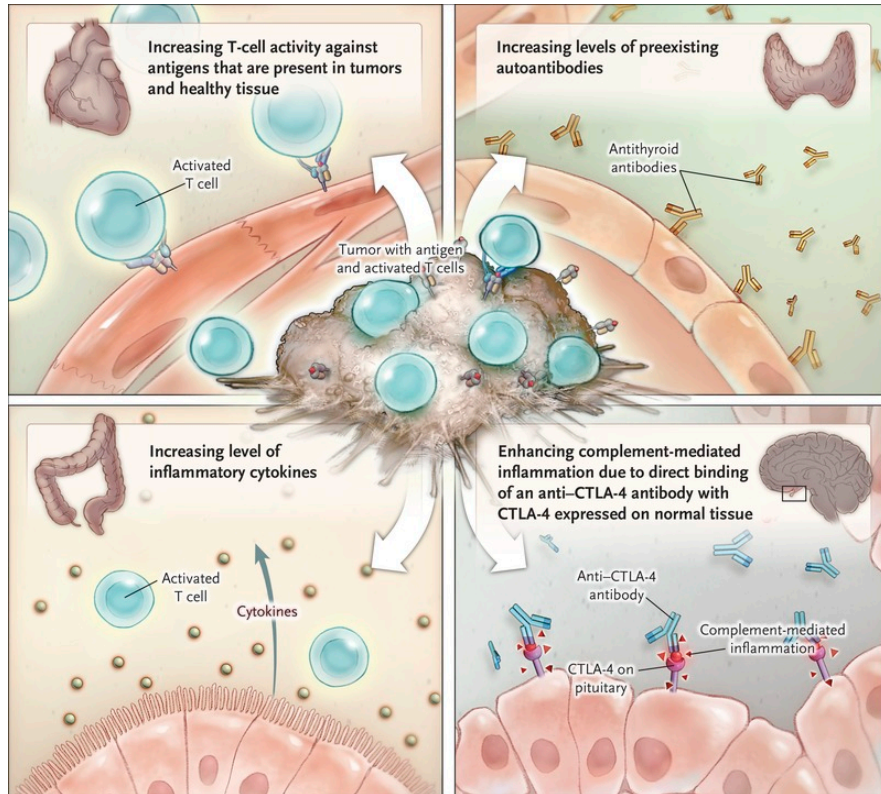
# Most common imAEs in anti-PD-L1 / PD-1 studies in UC<sup>3-6</sup>

DRESS, drug reaction with eosinophilia and systemic symptoms;  
imAEs, immune-mediated adverse events; PD-1, programmed cell death-1;  
PD-L1, programmed cell death ligand-1; UC, urothelial carcinoma

1. Michot JM, et al. *Eur J Cancer* 2016;54:139–148. 2. Champiat S, et al. *Ann Oncol* 2016;27:559–574.  
3. Rosenberg JE, et al. *Lancet* 2016;387:1909–1920. 4. Balar AV, et al. *Lancet Oncol* 2017;18:1483–1492.  
5. Powles T, et al. *JAMA Oncol* 2017;3:e172411. 6. Sharma P, et al. *Lancet Oncol* 2017;18:312–322.

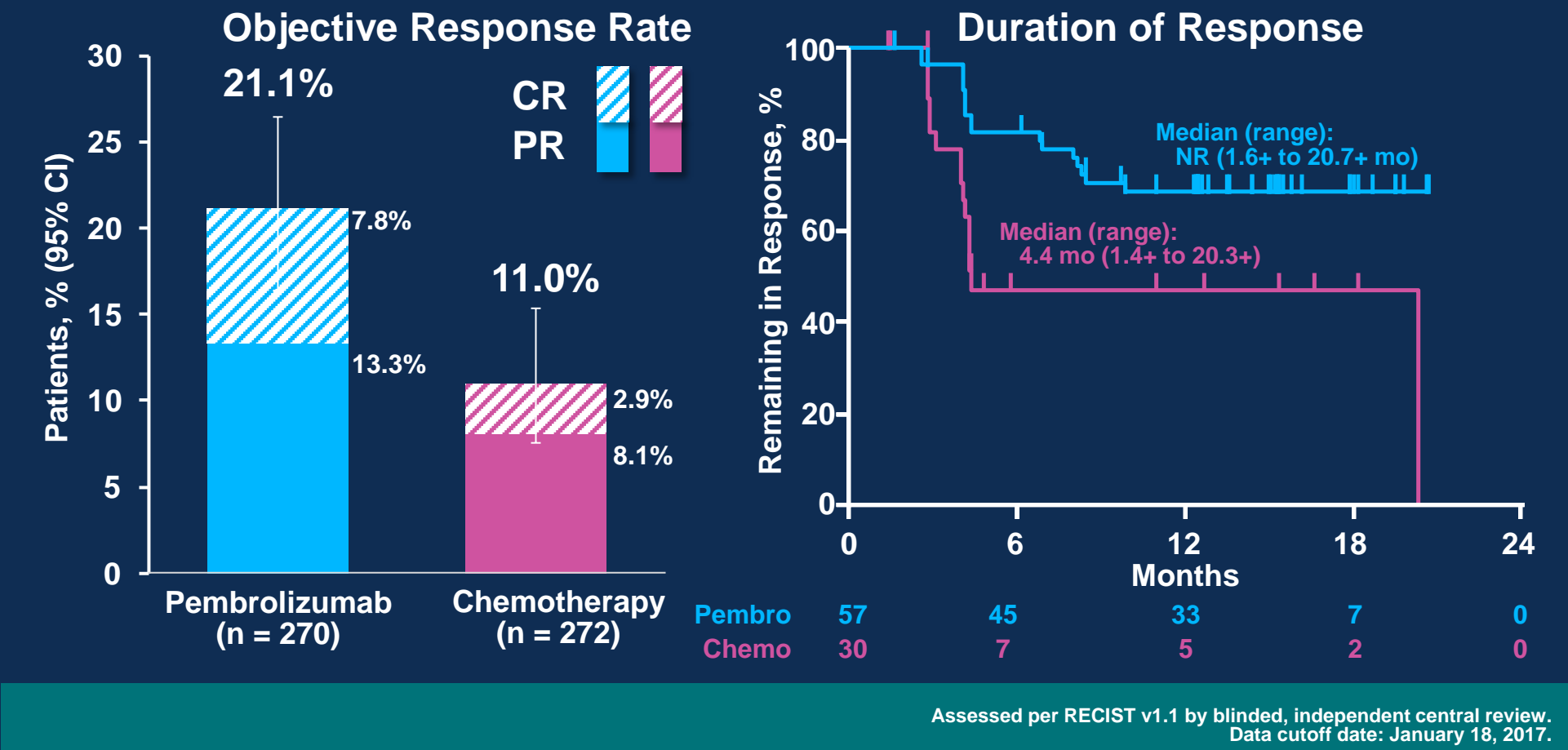
# Resources for understanding IO toxicities

Postow et al. NEJM 2018; 378:158-168

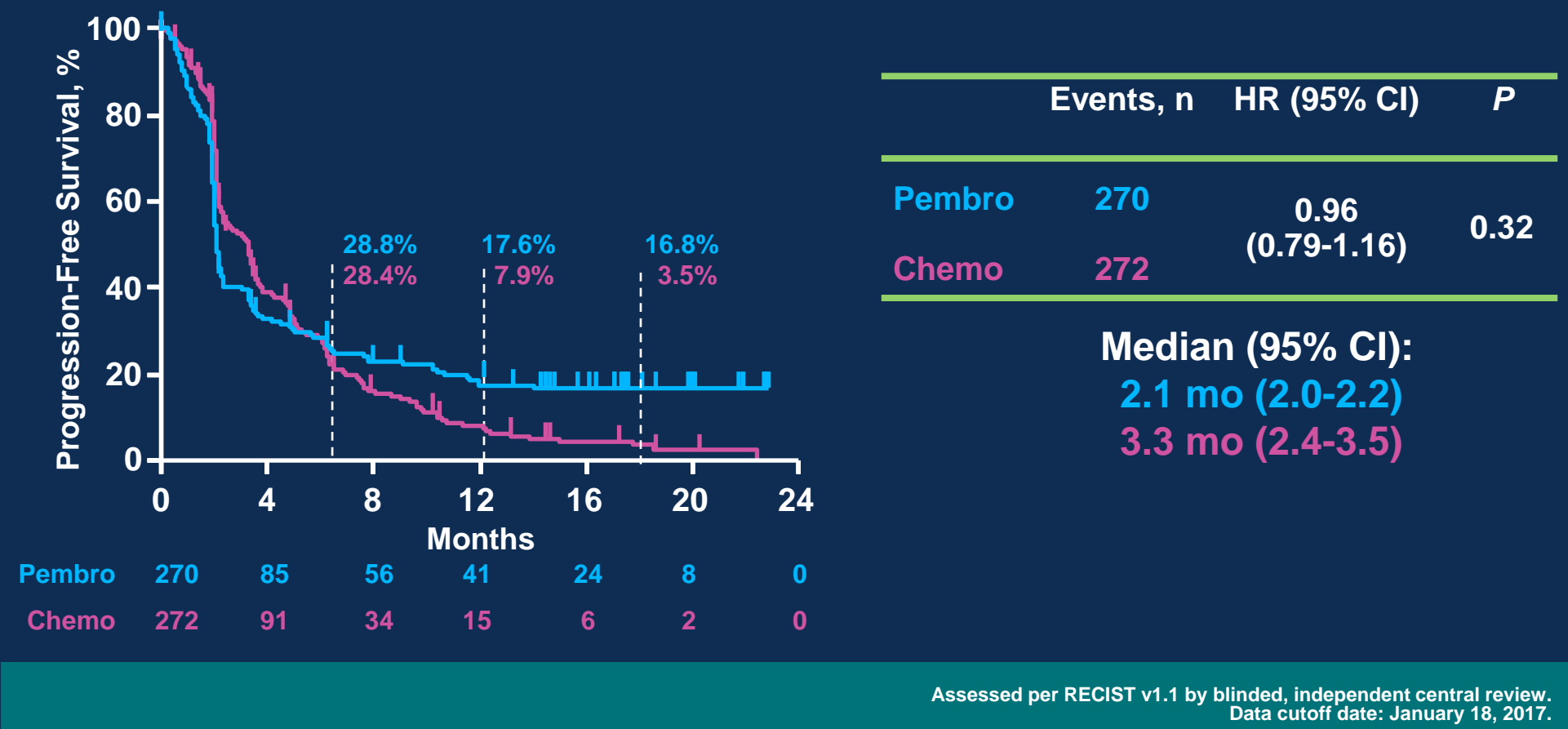


Questions about Immune-Related Adverse Events	Comments
Why do they occur?	The precise pathophysiology is unknown. Translational studies in patients with immune-related adverse events have shown that T-cell, antibody, and cytokine responses may be involved.
How are they generally treated?	No prospective trials have defined the best treatment approaches, and recommendations are based on consensus opinion. Immunosuppression is used to reduce the excessive state of temporary inflammation. Glucocorticoids are usually the first-line immunosuppressive agent. Additional immunosuppressive agents can be used if glucocorticoids are not initially effective.
When do they occur?	Immune-related adverse events usually start within the first few weeks to months after treatment but can occur anytime, even after treatment discontinuation. Dermatologic adverse events are usually the first to appear.
Why do they occur in some patients and not others?	The reason for the occurrence of immune-related adverse events only in certain patients is unknown. Some studies are investigating whether such factors as germline genetics and the composition of host microbiota are related to risk.
Are they associated with the efficacy of immune checkpoint blockade?	Conflicting data are available regarding whether the occurrence of immune-related adverse events is associated with improved treatment efficacy. The development of immune-related adverse events is not required for treatment benefit. Specific adverse events (e.g., vitiligo) may be more clearly associated with treatment efficacy.
Does immunosuppression to treat such adverse events reduce the antitumor efficacy of treatment?	Clinical outcomes are similar in patients who require immunosuppression to treat immune-related adverse events and in those who do not require such treatment. Beneficial responses can persist despite the use of immunosuppression to treat immune-related adverse events.
Are there unintended effects of immunosuppression to treat adverse events?	Side effects of glucocorticoid use (e.g., hyperglycemia, edema, anxiety, and iatrogenic adrenal insufficiency) can occur. Immunosuppression is a risk factor for subsequent opportunistic infections.
Is it safe to restart treatment after a major adverse event?	Retrospective studies have shown that immune-related adverse events associated with one class of agent (e.g., anti-CTLA-4) may not necessarily recur during subsequent treatment with another agent (e.g., anti-PD-1). The safety of retreatment probably depends on the severity of the initial immune-related adverse event.
Is it necessary to restart treatment after resolution of an adverse event?	Retrospective data suggest that patients who have had a favorable response to immune checkpoint blockade and then discontinue treatment because of immune-related adverse events generally maintain responses. Prospective data are needed to address whether restarting immunotherapy is necessary.
Is it safe to treat patients at potentially increased risk for such adverse events?	Patients at increased risk for immune-related adverse events (e.g., preexisting autoimmune disease) may still benefit from immune checkpoint blockade. Age alone should not be used to exclude patients from treatment, since benefit appears to be similar regardless of age.

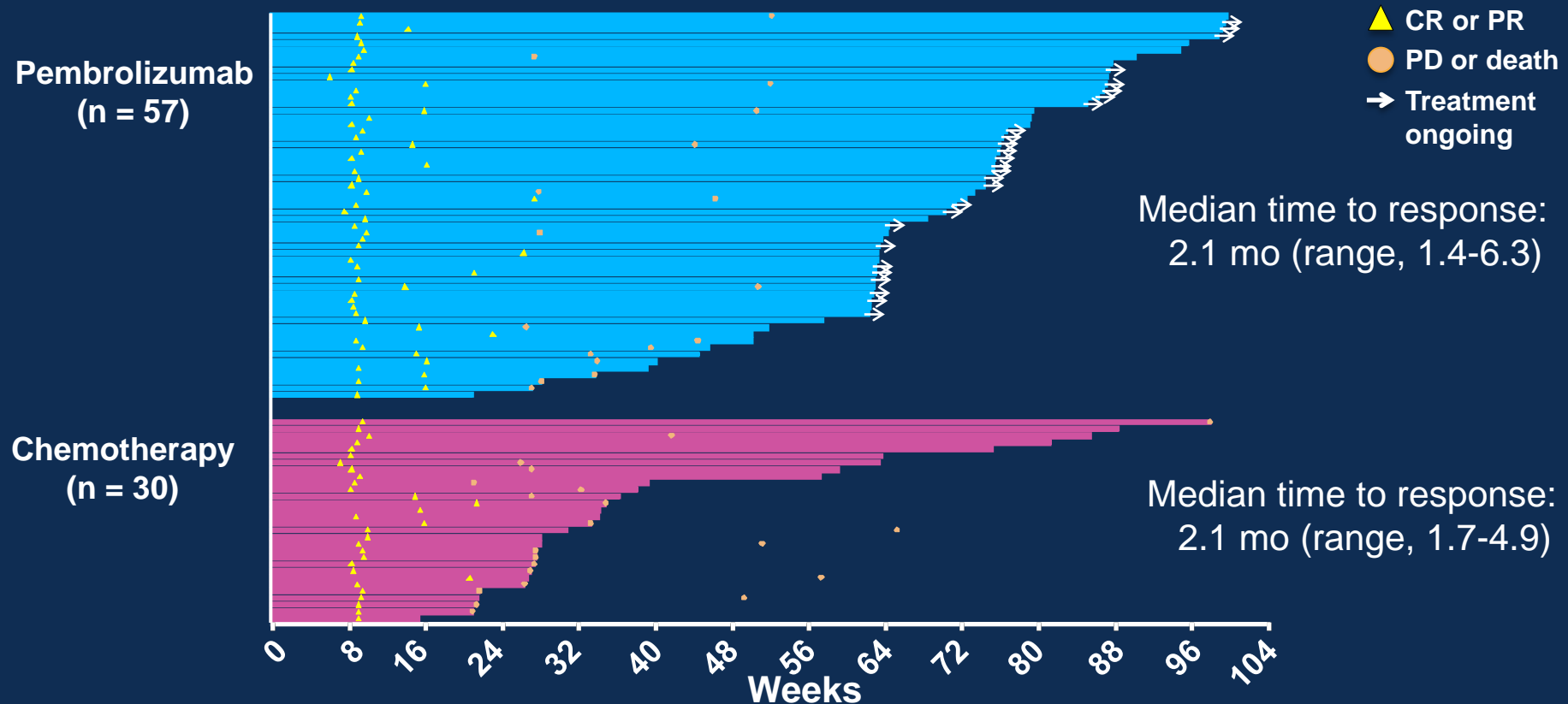
# Objective Response and Response Duration



# Progression-Free Survival: Total



# Time to Response<sup>a</sup>

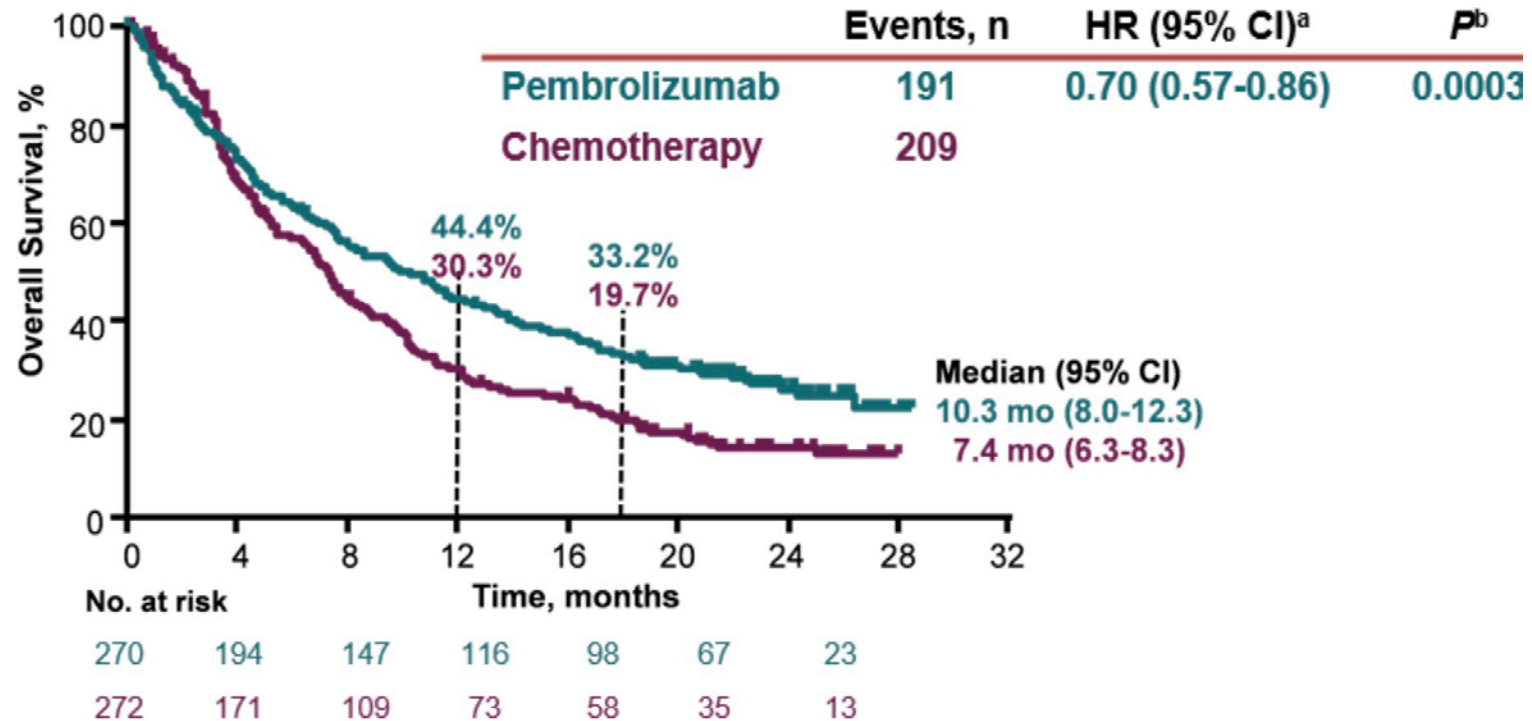


<sup>a</sup>For patients who achieved a complete or partial response.  
Data cutoff date: January 18, 2017.



# KEYNOTE-045

## Overall Survival – updated analysis



Data cutoff: May 19, 2017.

<sup>a</sup>Based on Cox regression model with treatment as a covariate stratified by ECOG performance status (0/1 vs 2), liver metastases (yes vs no), hemoglobin (<10 vs ≥10 g/L) and time from completion of chemotherapy (<3 vs ≥3 mo).

<sup>b</sup>One-sided P value based on stratified log-rank test.

# Bottom Line on 2<sup>nd</sup> Line

- Level I data for pembrolizumab OS benefit
  - BUT only a 20% response rate
- Promising activity for other PD-X agents
- Excellent tolerability
- QOL benefits also seen



# Conclusion

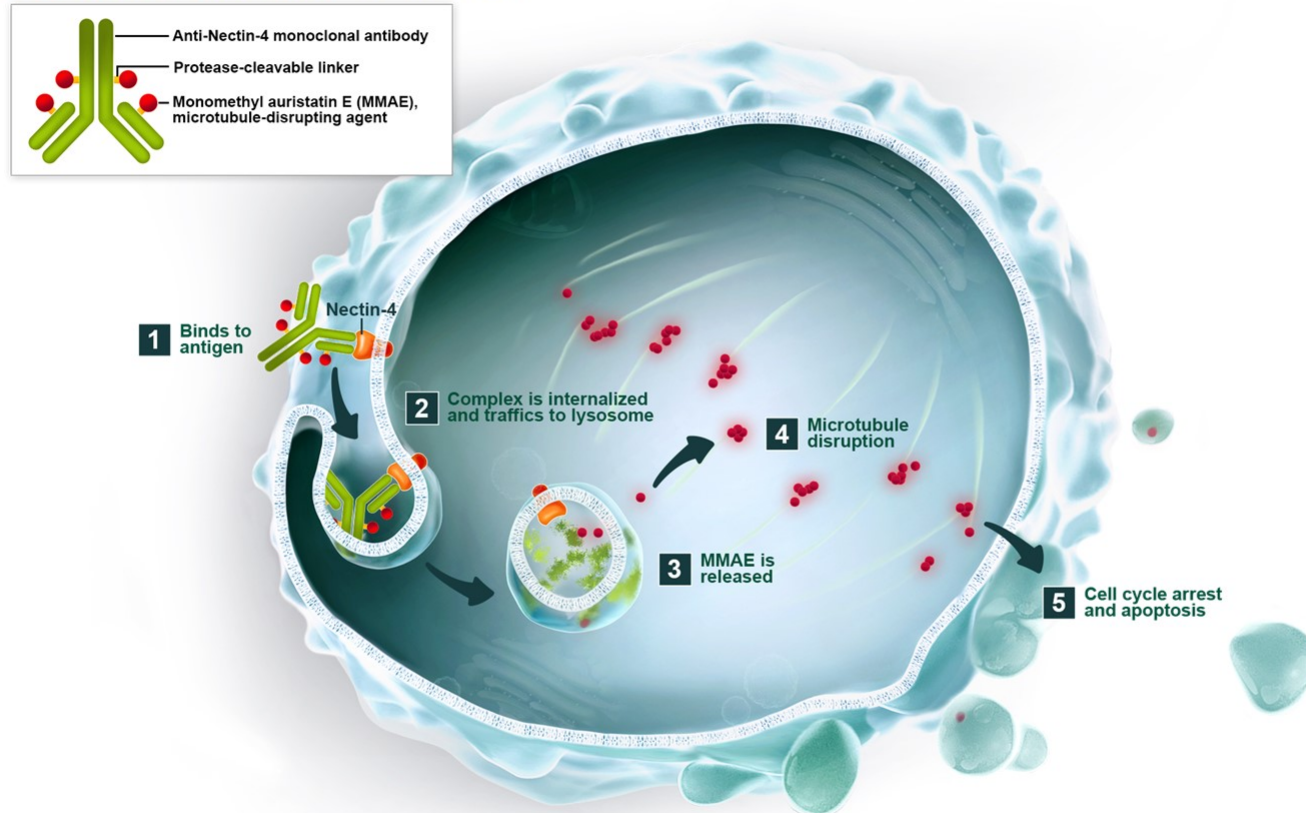
- Bladder Cancer is a common disease
  - Risk factor modification will be important in decreasing incidence
- Localized disease has a very high cure/control rate
  - Early detection/management is key
- Management is highly multidisciplinary
- Immunotherapy and other emerging treatments are changing outcomes!

**Thank you!**

# Emerging Therapies

# Enfortumab Vedotin: Nectin-4 Targeted Therapy

## Proposed Mechanism of Action



Enfortumab vedotin (ASG-22ME) is an investigational agent, and its safety and efficacy have not been established.  
Enfortumab vedotin is being developed in collaboration with Astellas Pharma Inc. ©2018 Seattle Genetics, Inc. All rights reserved.

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3

## EV-201: Cohort 1 Change in Tumor Measurements per BICR

