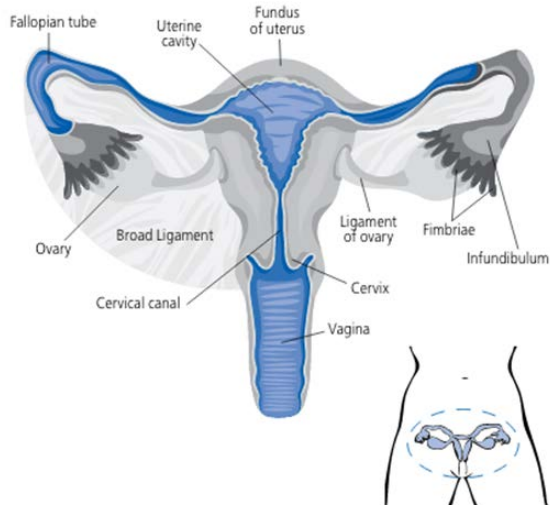


An Approach to Ovarian Cancer



Dr. Aalok Kumar
Medical Oncologist
BC Cancer Surrey
October 15th, 2020

- Ovarian Cancer Presentation
- Making the Diagnosis
- Staging
- Timing of Surgery
- Etiology/Origins of Ovarian Cancer
- Screening and Prevention
- Treatment of
 - Newly diagnosed ovarian cancer
 - Recurrent ovarian cancer
- PARP inhibitors

Overview of presentation

Research Support/P.I.	N/A
Employee	N/A
Consultant	N/A
Major Stockholder	N/A
Speakers Bureau	N/A
Honoraria	AZ, Roche, Merck, Novartis, Pfizer, Mylan
Scientific Advisory Board	AZ, Genomic Health, Merck, Novartis, Roche, Purdue, GSK

Disclosures

- Insidious presentation
 - Vague abdominal pain/cramping
 - Bowel habit changes, such as intermittent
 - diarrhea or constipation
 - Sense of abdominal fullness
 - Abdominal distension
 - Abdominal mass
 - Changes in weight – weight gain (ascites) or weight loss (diet changes, feeling unwell)

Classic Clinical Presentation

- Examination:
 - Supraclavicular lymphadenopathy
 - Pleural effusions
 - Abdomen:
 - Ascites
 - Omental mass (cake)
 - Inguinal lymphadenopathy
 - Pelvic mass
 - Peripheral Edema

Making the Diagnosis

- Labs tests:
 - CBC (usually not anemic – can have mild anemia in keeping with anemia of chronic disease)
 - MCV is usually normal
 - Marked anemia or microcytosis should lead to consideration of GI malignancy
 - Lytes/Cr/LFTs – typically normal
 - Tumour Markers:
 - CA-125 the most commonly elevated marker
 - CA19-9 and CA15-3 can also be elevated, but not usually as high as the CA-125

Making the Diagnosis

- Imaging:
 - CXR – pleural effusion (solitary lung mets are rare)
 - U/S – ascites, peritoneal masses, pelvic masses
 - CT – preferred imaging modality
 - Best view of visceral organs, retroperitoneum, and peritoneal cavity
 - Facilitates planning for biopsy +/- surgery

Making the Diagnosis

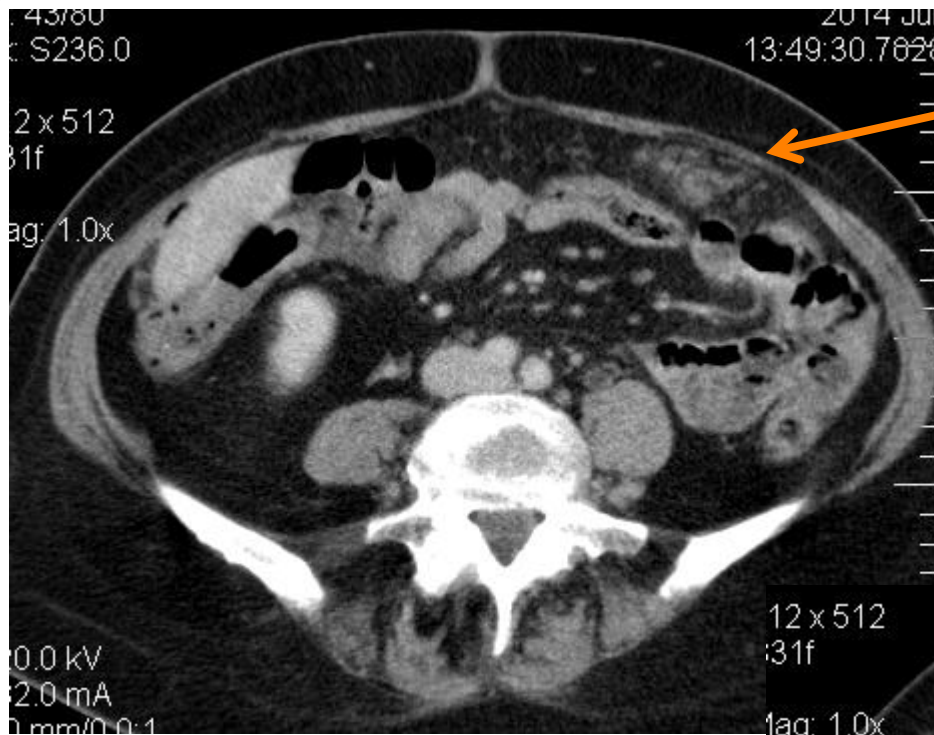
- Biopsies

- Always correct to consider a biopsy of disseminated disease
 - Omental masses
 - Palpable lymphadenopathy (supraclav, inguinal)
 - In some cases, visceral mets (liver)
- Core biopsy always preferable to FNA
 - Allows better architectural definition of the disease
 - Helps with disease subtyping
 - More material for IHC (can be essential in some cases)
 - Requires image guidance
- FNA – if this is the only possibility, ask for a cell block
 - May allow for IHC to be done
- Fluid cytology
 - Peritoneal and Pleural fluid
 - Easy and safe to get
 - Cell block can also be requested for IHC

Biopsy Vs Surgery

- Suspected/Diagnosed Ovarian Cancer: requires review with a Gynecologic Oncologist!
- Usually suitable for surgery if:
 - Pelvic mass
 - Omental cake
 - All disease felt to be removable by a gynecologic oncologist
- Usually delay surgery if:
 - Diffuse peritoneal disease/disease under the diaphragms
 - Massive ascites
 - Large retroperitoneal LNs
 - Acute medical problem – MI/unstable angina, acute PE/DVT

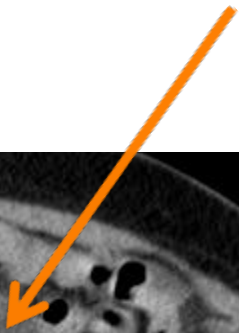
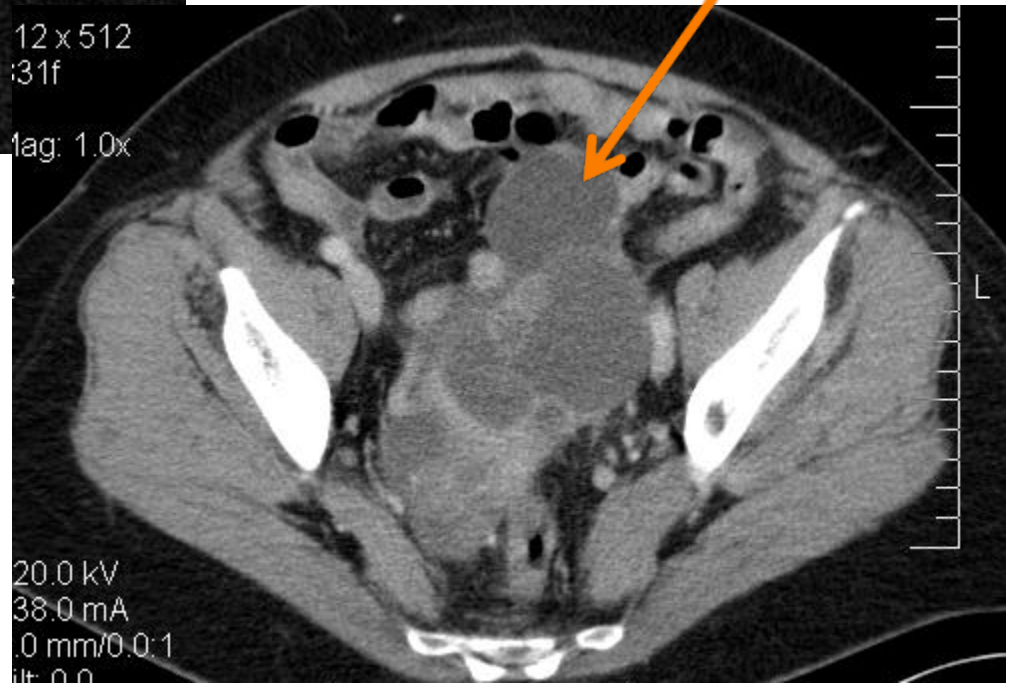
Surgery



Omental mass

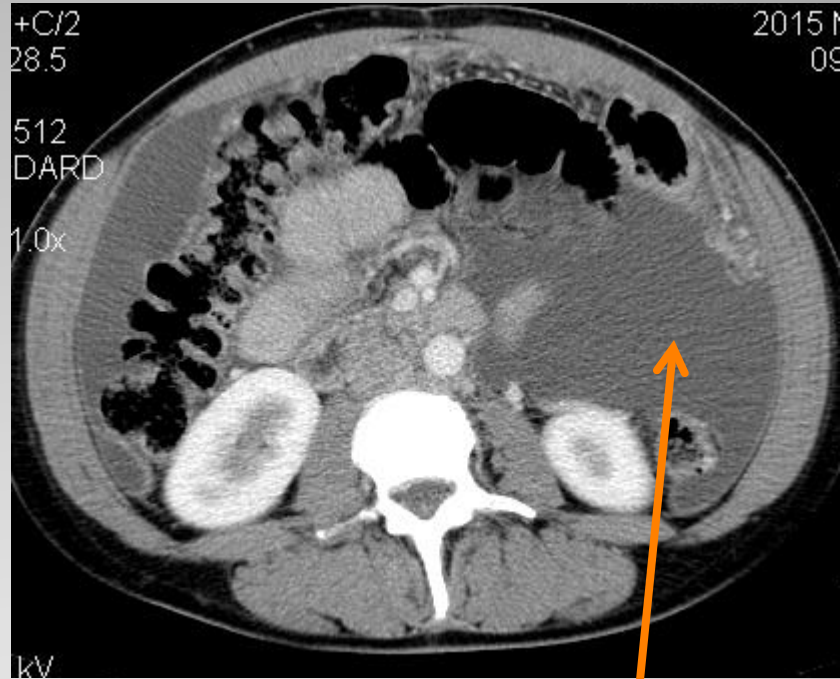


Pelvic Mass



This case had upfront surgery

Subdiaphragmatic
disease



Massive ascites

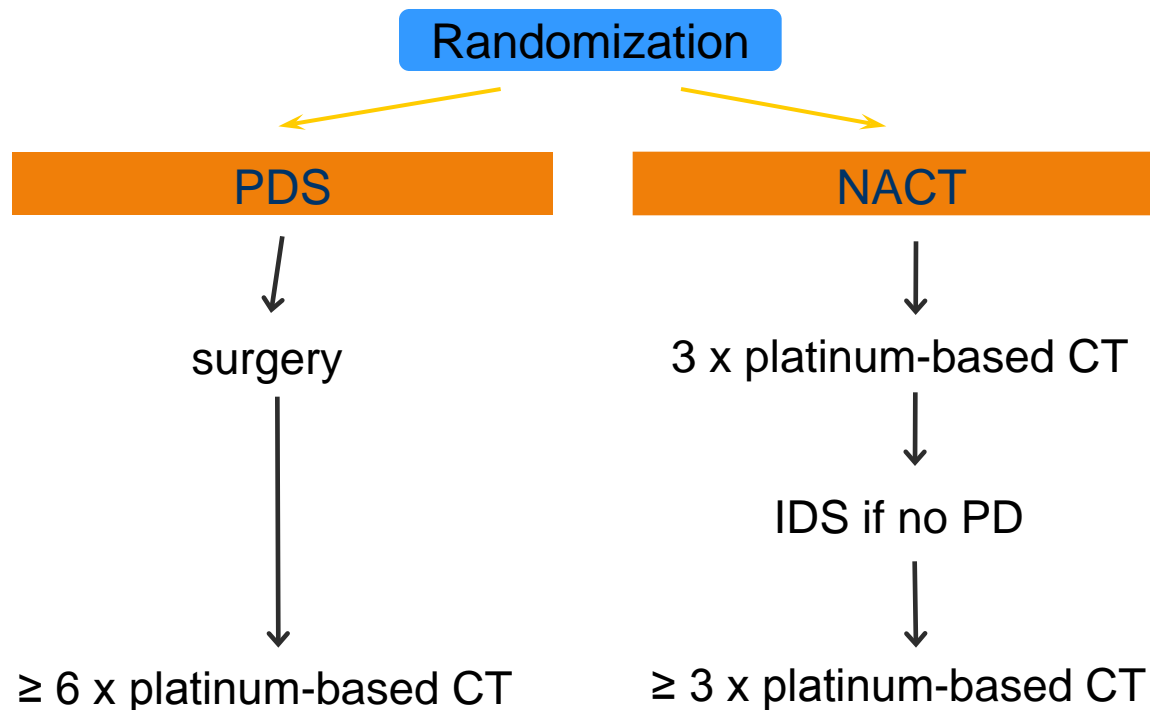
These cases had neoadjuvant chemotherapy

- Two randomized phase III trials
 - Pts with stage III or IV ovarian cancer
 - Otherwise fit for surgery (no PE/DVT, or serious commorbidity)
 - Outcomes are the same whether surgery first or chemo first.

Timing of Surgery

NACT + IDS Vs. PDS

Ovarian, Tubal, or Peritoneal Cancer
FIGO Stage IIIC/IV (N = 670)



Primary End Point: OS
Secondary End Points: PFS, QOL, AEs

Pooled Analysis of 2 RCTs (CHORUS and EORTC 55971)

Data on 1220
individual
patients

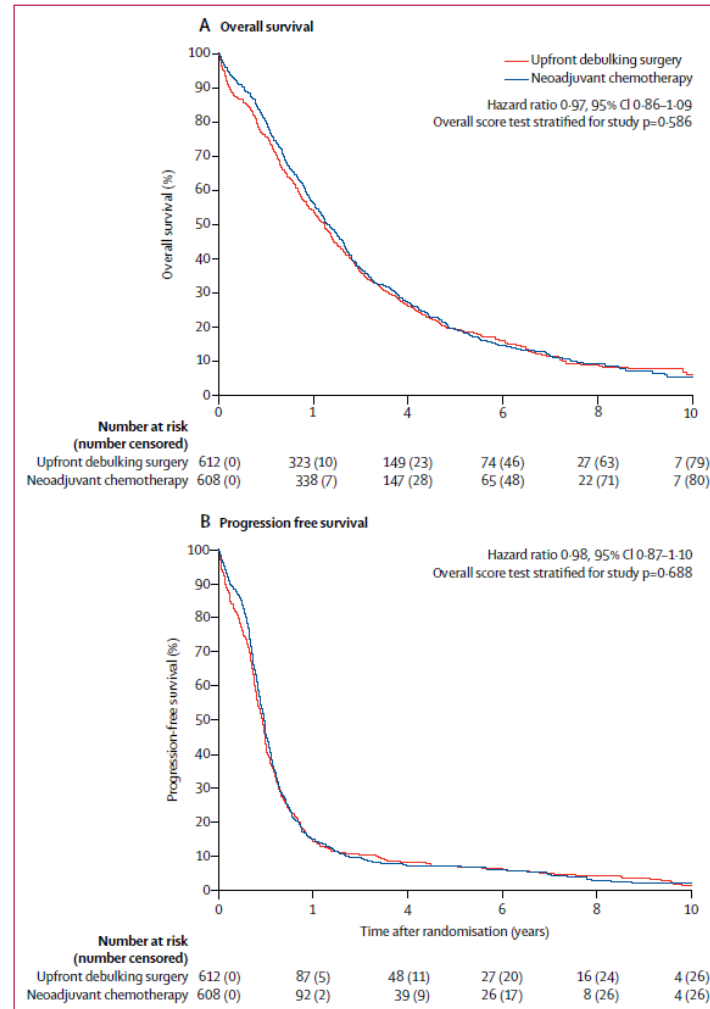
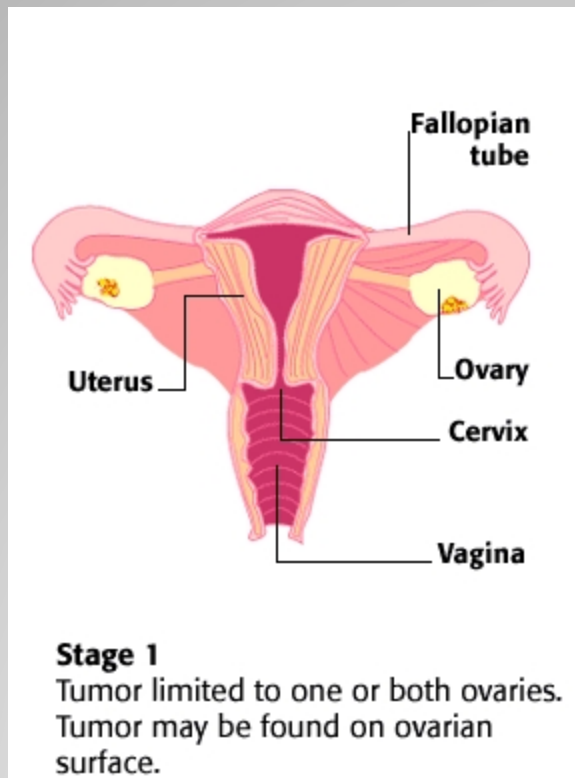


Figure 2: Overall survival and progression-free survival, by treatment

Lancet Oncol 2018; 19: 1680–87

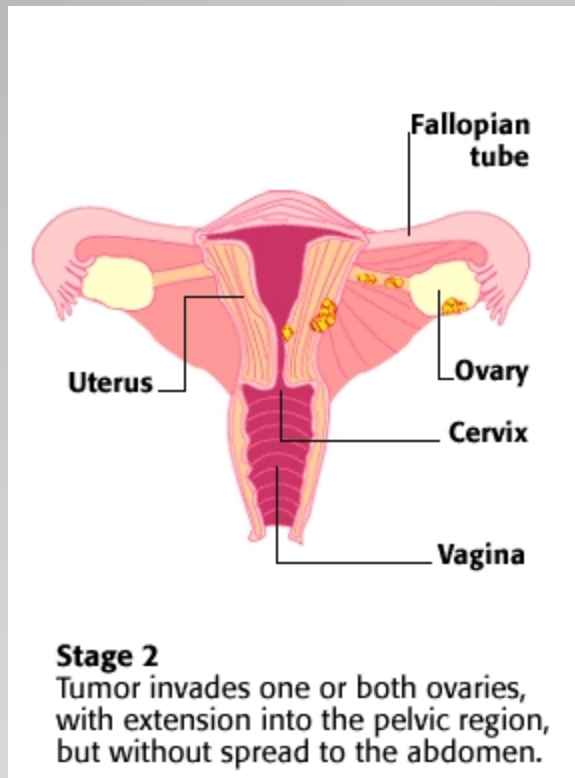


Staging



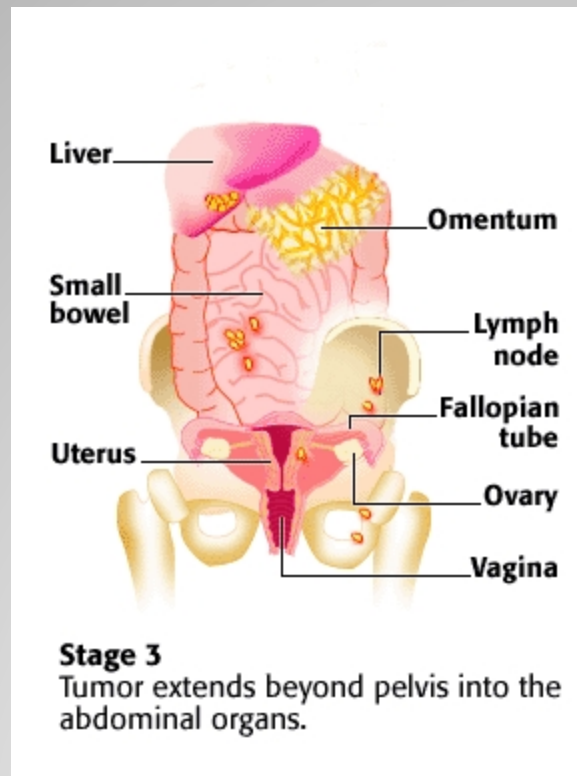
- IA unilateral
- IB bilateral
- IC any of:
 - cyst rupture
 - positive peritoneal cytology
 - surface involvement

Stage I



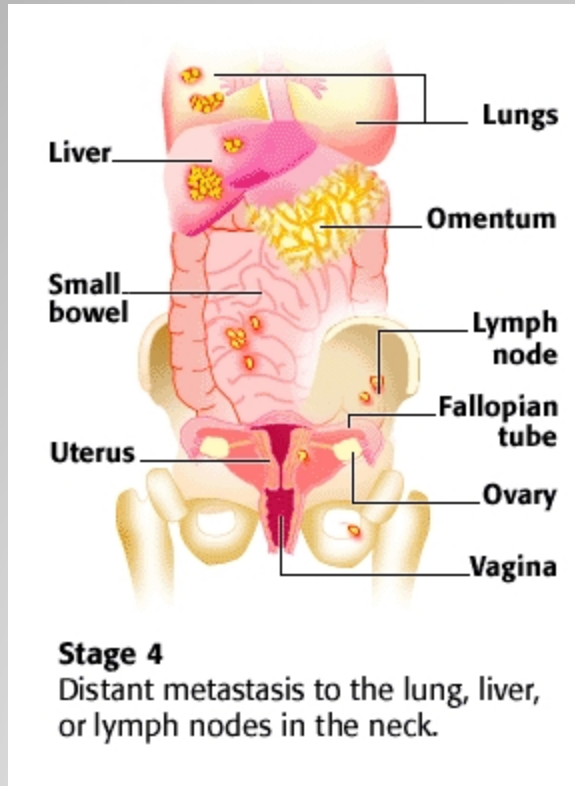
- 2A involvement of fallopian tubes or uterus
- 2B extension to other pelvic structures (bladder, rectum)
- 2C like 2B but with positive peritoneal washings

Stage II



- 3A microscopic involvement of the peritoneum or the omentum
- 3B abdomin-peritoneal implants < 2cm
- 3C abdomin-peritoneal implants > 2cm

Stage III



- Disease within visceral organs or above the diaphragm (if a plural effusion must be confirmed cytologically to be considered stage 4).

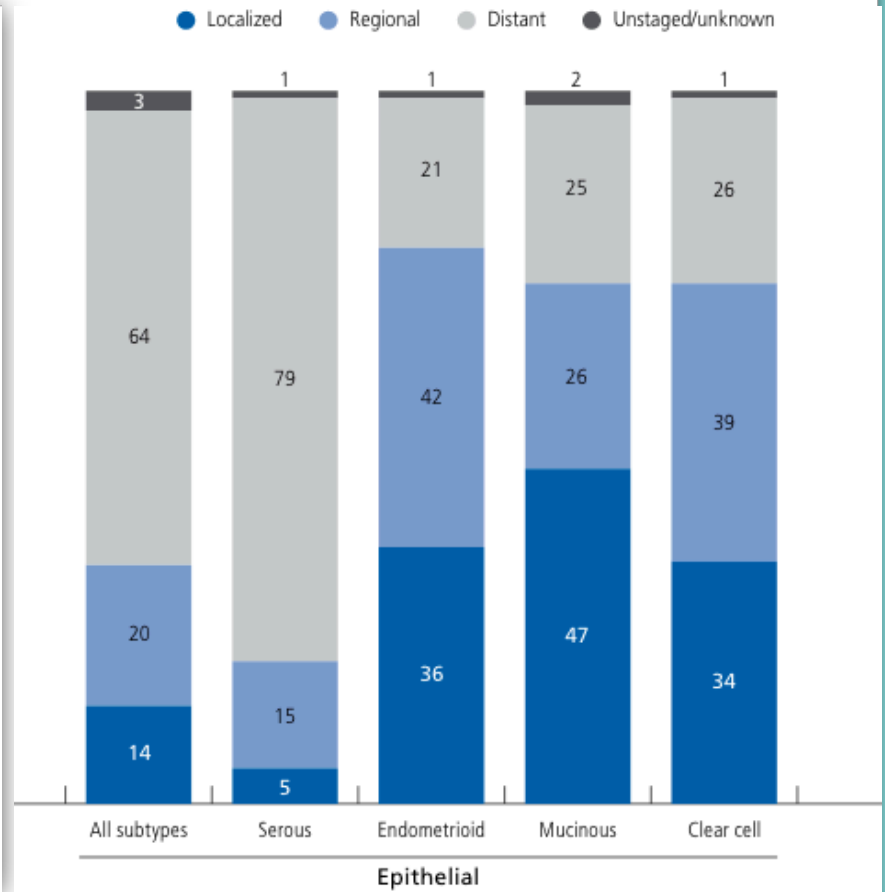
Stage IV

Etiology and Classification

- Complexity of Ovarian Cancer long overlooked
- Used to believe that different histology = morphological variants
- What we have learned:
 - Histotype broadly defines different diseases
 - High grade serous
 - Clear Cell
 - Mucinous
 - Endometrioid
 - Low grade serous
 - Other very rare types...

Ovarian Cancer Etiology/Classification

Stage	5-year relative survival
1	90%
1A	94%
1B	92%
1C	85%
2	70%
2A	78%
2B	73%
2C	57%
3	39%
3A	59%
3B	52%
3C	39%
4	17%



	HGSC	Clear Cell	Endometrioid	Mucinous	LGSC
Portion of cases	70	12	11	3	3
Genetic Risk Factors	BRCA1/2	HNPCC	HNPCC	none known	none known
Precursor Lesions/Cell of Origin	STIC , p53 signatures	Endometriosis	Endometriosis	not known	SBT
Common stage at presentation	advanced	early	early	early	advanced
Pattern of Spread	trans - coelomic	trans-coelomic/ hematogenous	????	pseudomyxoma pertonei/ hematogenous	transcoelomic
Response to Platinum-based therapy	chemo-sensitive	chemo-resistant, radiosensitive	chemo- sensitive	chemo -resistant	chemo-resistant
Molecular aberrations	p53, BRCA1, BRCA2, HR defects	PI3K, ARID1A, MSI	PTEN, bcatenin, ARID1A, MSI	KRAS, HER2	BRAF, KRAS, NRAS

Ovarian Cancer Screening and Prevention

- No evidence to support screening for ovarian cancer in any population (low or high risk):
 - U/S (TA and TV)
 - CA125, HE4 (human epididymis protein 4)
 - Ovarian cancer symptom index
- NOT specific
 - Leads to a high number of unnecessary surgeries/procedures
- Does not detect “early disease”
- Not proven to impact on survival
- Should not be done
 - False reassurance
 - Risk of false positive
- All major cancer groups discourage screening, even in high risk women

Screening

- **BRCA mutation carriers (high risk)**
 - Bilateral salpingo-oophorectomy
 - Possible option: remove tubes early and consider oophorectomy closer to age of menopause
- **Non-BRCA (low risk)**
 - Opportunistic salpingectomy
 - tubal ligation, C-section, hysterectomy etc.
 - Society of Obstetricians and Gynecologists of Canada
 - American Congress of Obstetricians and Gynecologists (January 2015 – Committee Opinion)
 - No level 1 evidence
 - Population outcomes/complications - being tracked

Prevention

First Line Treatment of Advanced Ovarian Cancer

“Neoadjuvant” or Pre-Operative

OR

“Adjuvant” or Post-Operative

- Carboplatin and Paclitaxel
 - 2 different schedule options:
 1. **Q 3 weekly**
 2. "dose dense"
 - Carboplatin q 3 weekly
 - Paclitaxel weekly
- A Phase III trial demonstrated that Dose Dense treatment is associated with a improvement in OS at 3 and 5 years
 - Was the BCCA Standard for about 10 yrs
- **New Data show no difference between dose dense and 3 weekly**
 - Pendulum - back to 3 -weekly

First Line Treatment: Pre-Operative

- EOC or PP
- Stage II–IV
- No prior therapy
- Stratified: Residual disease, stage, and histology
- Primary end point: PFS
- Secondary end point: OS



I	Pac 175 mg/m ² Carb AUC = 5/6	x 6
---	---	-----

II	Carb AUC = 5/6 Pac 80 mg/m ² /wk x 3	x 6
----	--	-----

III	Carb AUC = 2 wkly Pac 80 mg/m ² /wk x 3	x 6
-----	---	-----

PFS = I : 24.4 mo (standard arm)
 II: 24.9 mo
 III: 25.3 mo

ICON 8 Trial

N=1566 patients

*Abstract 9290_PR 'ICON8: A GCIG Phase III randomised trial evaluating weekly dose- dense chemotherapy integration in first-line Epithelial Ovarian/ Fallopian Tube/ Primary Peritoneal Carcinoma (EOC) treatment: Results of Primary Progression- Free Survival (PFS) analysis' will be presented by Dr Clamp during **Proffered Papers Session 'Gynaecological cancers' on Friday, 8 September 2017, 16:00 to 17:30 (CEST), in Cordoba Auditorium.***

Intraperitoneal Chemotherapy

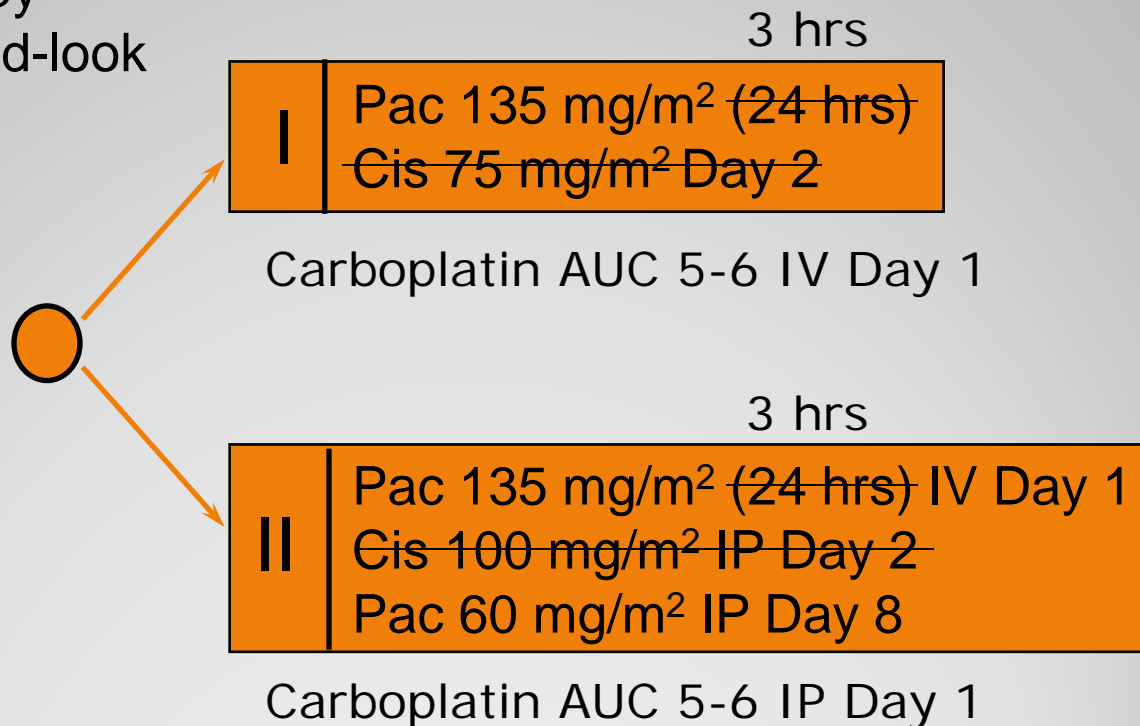
- 3 trials
- IP therapy
- **stage 3, optimally debulked (< 1cm residual)**
- improvement in OS.

	Median PFS (mos)		HR	Median OS (mos)		HR
	IV	IP		IV	IP	
GOG 104	—	—	—	41	49	0.76 (<i>p</i> = .02)
GOG 114	22	28	0.78 (<i>p</i> = .01)	52	63	0.81 (<i>p</i> = .05)
GOG 172	18.3	23.8	0.80 (<i>p</i> = .05)	50	66	0.75 (<i>p</i> = .03)

Primary Therapy: IP

GOG 172: Ovarian (Optimal III)

- ❖ EOC
- ❖ Optimal stage III
- ❖ No prior therapy
- ❖ Elective second-look



Accrual: 415 patients (evaluable)

Survival By Treatment Group



GOG-172 IP Chemotherapy

Intention to treat population

High risk for relapse population

- Stage IV
- Residual disease after primary surgery
- Inoperable disease

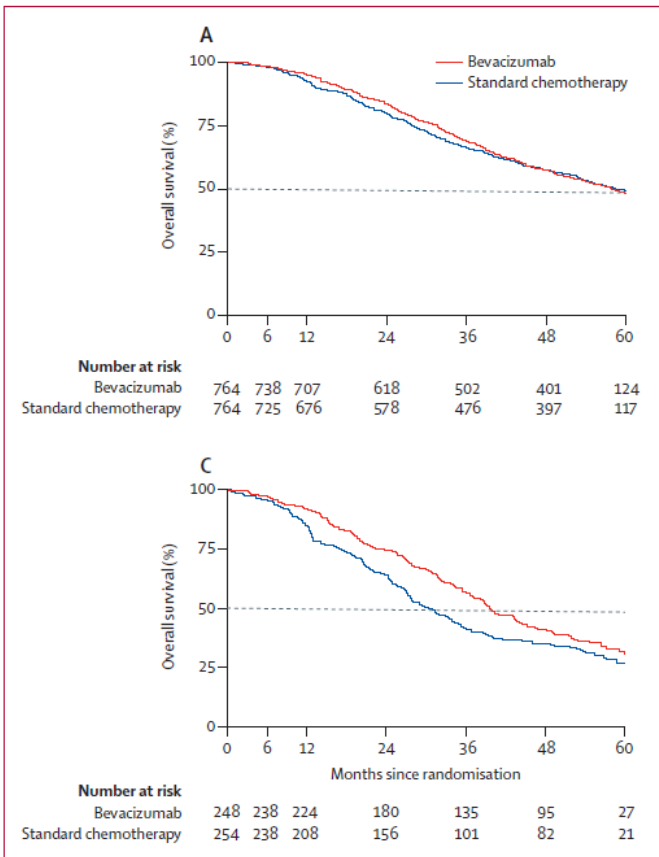


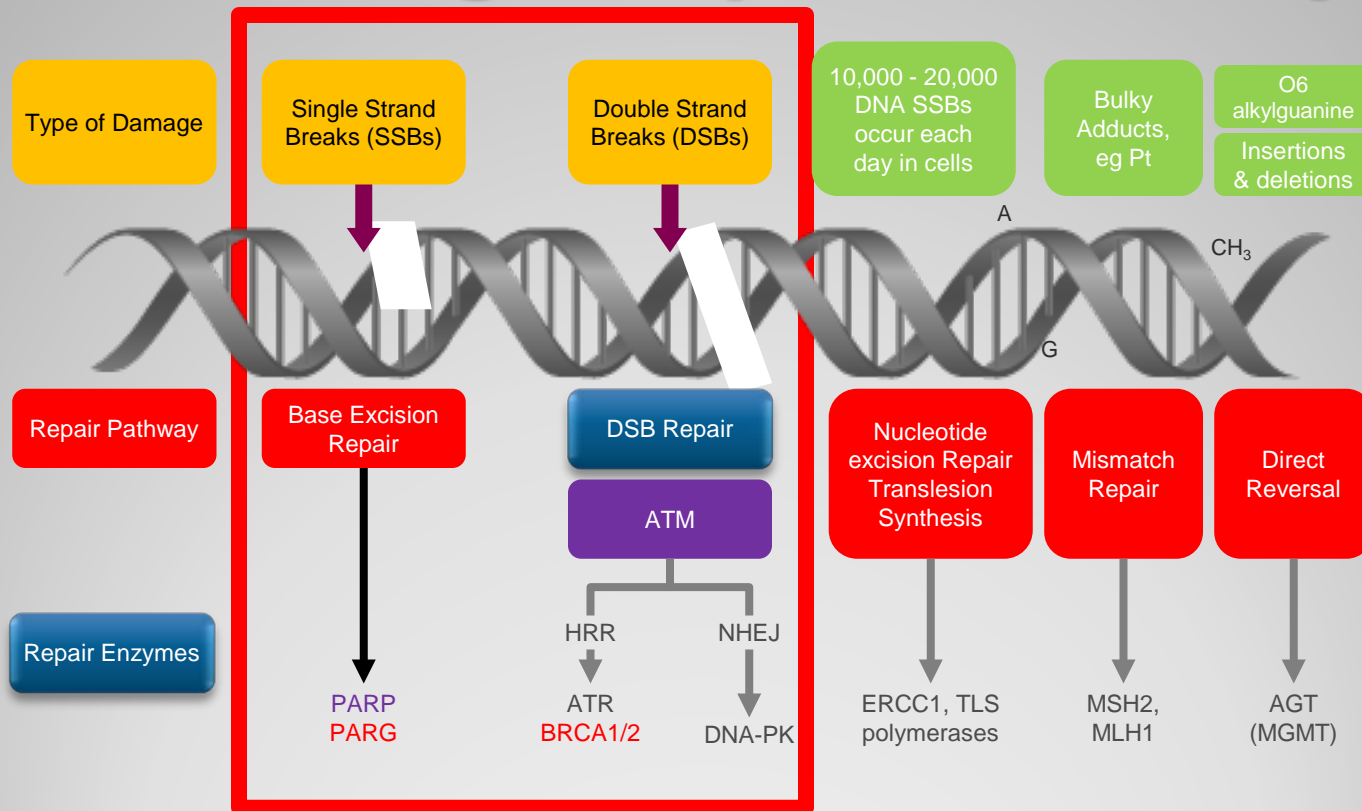
Figure 2: Overall survival

Role of bevacizumab in newly diagnosed advanced stage disease

Lancet Oncol 2015; 16: 928–36

Maintenance Therapy & Parp Inhibitors

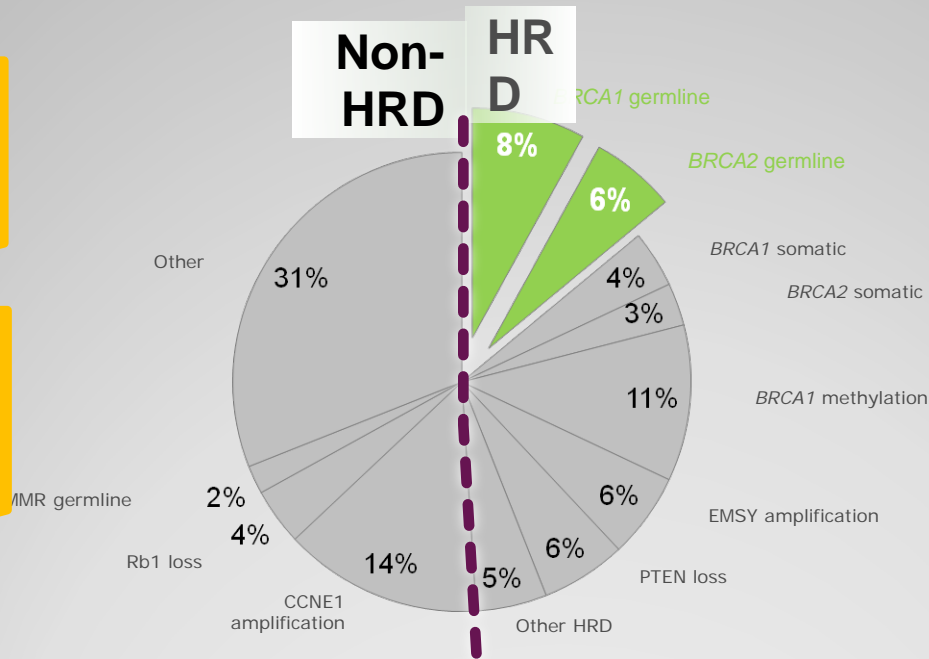
DNA Damage Repair Pathways



Homologous Recombination Deficiency (HRD) In Ovarian Cancer

- Up to ~50% of serous OC's thought to have HRD (deficiency in repair of DSB's in DNA)

- HRD pts have **similar prognosis** as patients with a BRCA mutation (ie. improved sensitivity to platinum, as well as improved 5-year survival¹)



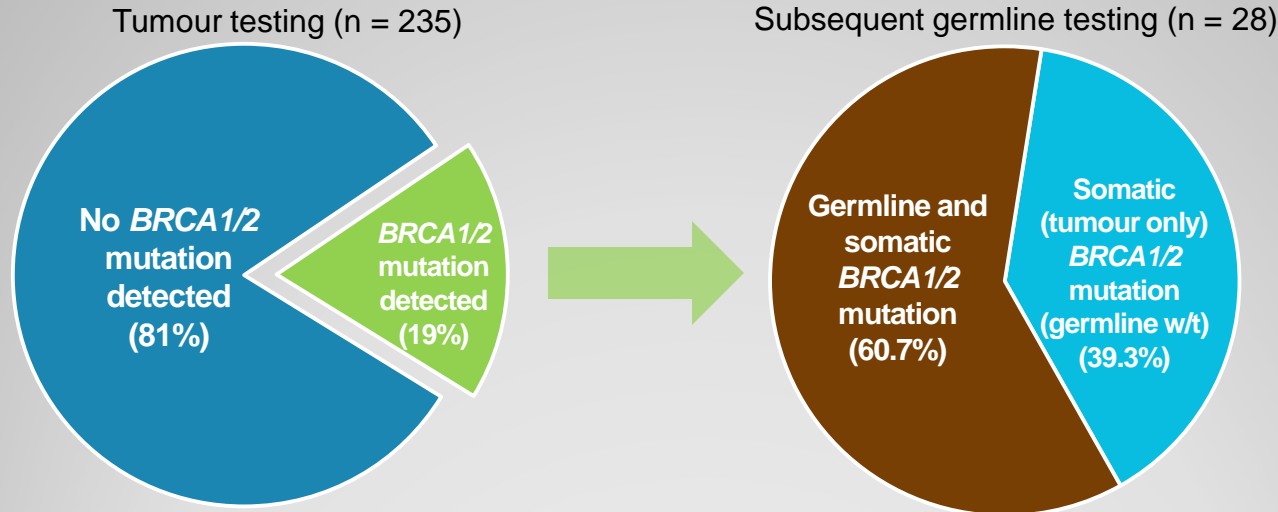
Approximately **14%** of **women** with ovarian cancer have a deleterious germline mutation in the *BRCA1* or *BRCA2* gene²

An **additional 7%** of pts have **somatic BRCA1/2 mutations**

Total population of potential BRCA mutations is **20-25%**

1. Staples J, Goodman A. PARP inhibitors in ovarian cancer. In: Diaz-Padilla I, ed. *Ovarian Cancer—A Clinical and Translational Update*. InTech, 2013. <http://www.intechopen.com/books/ovarian-cancer-a-clinical-and-translational-update/parp-inhibitors-in-ovarian-cancer>. Accessed December 2, 2014. 2. Pal T, Permuth-Wey J, Betts JA, et al. BRCA1 and BRCA2 mutations account for a large proportion of ovarian carcinoma cases. *Cancer*. 2005;104(12):2807-2816.

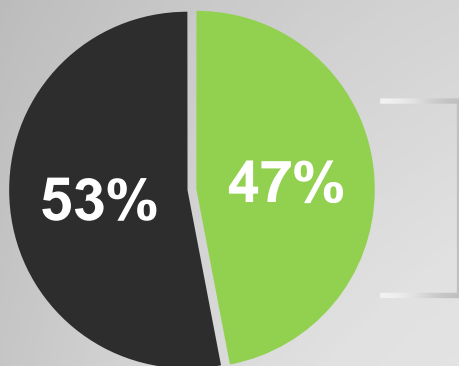
In some cases, *BRCA1/2* mutations in a woman with ovarian cancer may be present in the tumour alone



BRCA1/2 mutations were somatic (tumour only) in ~40% of cases

Of women with *BRCA*-mutated ovarian cancer^{2,3}:

Family History

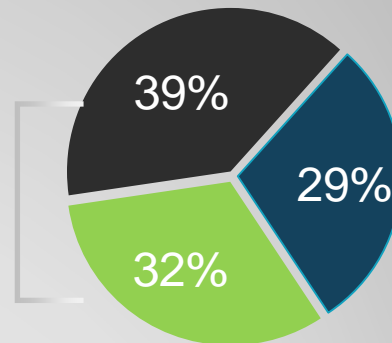


■ No relevant family history

ONLY
53%
HAVE A RELEVANT
FAMILY HISTORY

29%
< 50 YEARS OF
AGE AT
DIAGNOSIS

Age

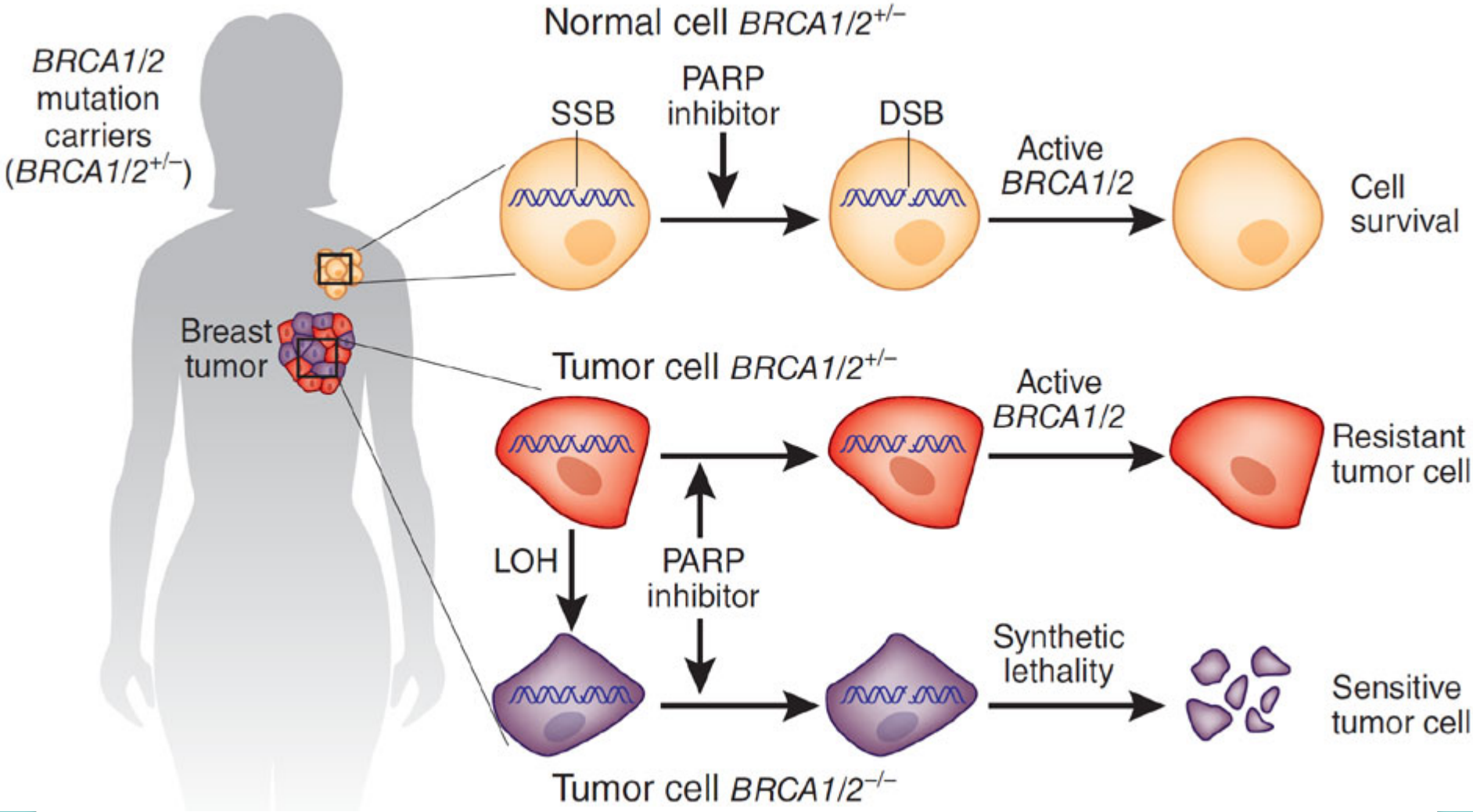


■ < 50 ■ 50–59

1. Norquist BM, et al. *Gynecol Oncol* 2013;128:483; 2. Song H, et al. *Hum Mol Genet* 2014;23:4703; 3. Alsop K, et al. *J Clin Oncol* 2012;30:2654

- PARP plays an important role in the repair of single-stranded DNA breaks
 - base excision repair pathway (BER) (high accuracy)
- Keep low-fidelity repair machinery in check
 - nonhomologous-end-joining DNA
 - Single strand annealing
- The other highly accurate DNA repair pathway is HR (double strand break repair)
- Many HGSC of the ovary have defects in the HR pathway
 - BRCA mutation
 - Germline = 25%
 - Somatic = 25%

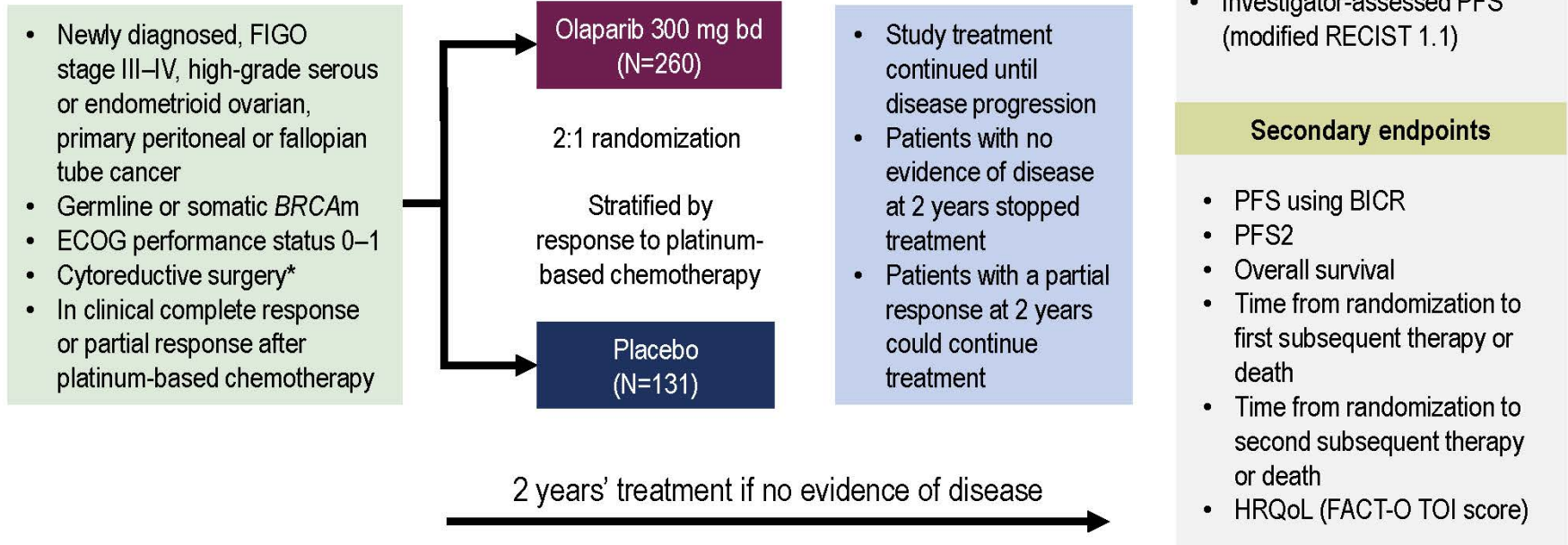
PARP Inhibitors



Synthetic Lethality

MAINTENANCE THERAPY

Study design

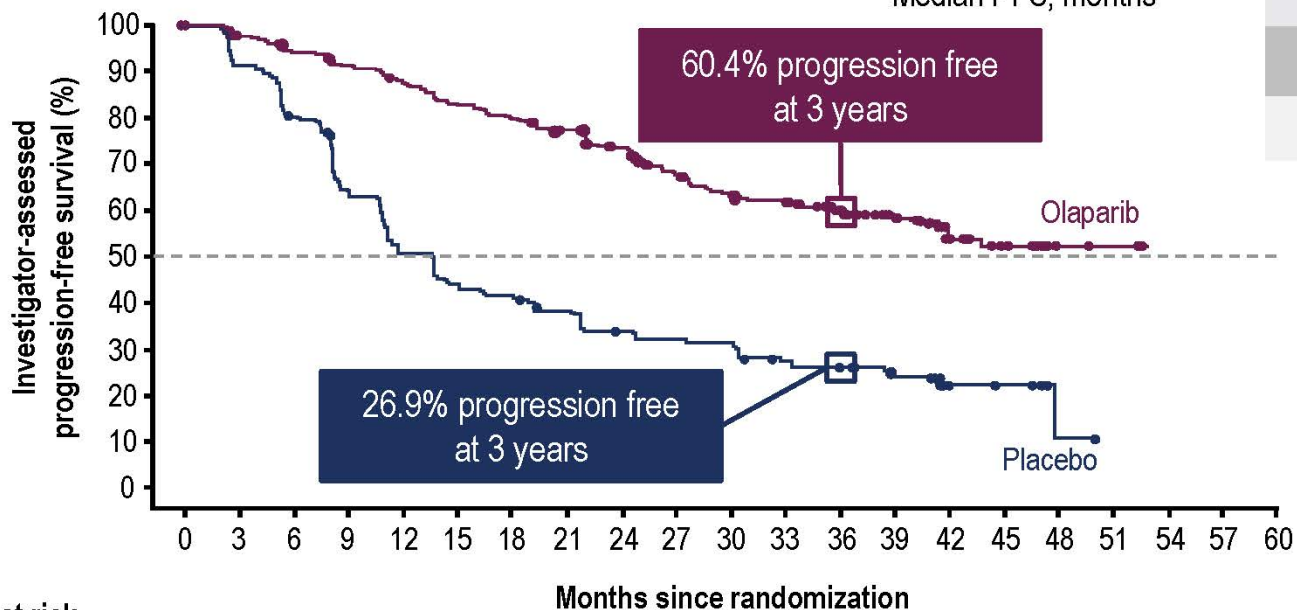


*Upfront or interval attempt at optimal cytoreductive surgery for stage III disease and either biopsy and/or upfront or interval cytoreductive surgery for stage IV disease.
 BICR, blinded independent central review; ECOG, Eastern Cooperative Oncology Group; FACT-O, Functional Assessment of Cancer Therapy – Ovarian Cancer; FIGO, International Federation of Gynecology and Obstetrics; HRQoL, health-related quality of life; PFS, progression-free survival; PFS2, time to second progression or death; RECIST, Response Evaluation Criteria in Solid Tumours; TOI, Trial Outcome Index

PFS by investigator assessment

Events (%) [50.6% maturity]

Median PFS, months

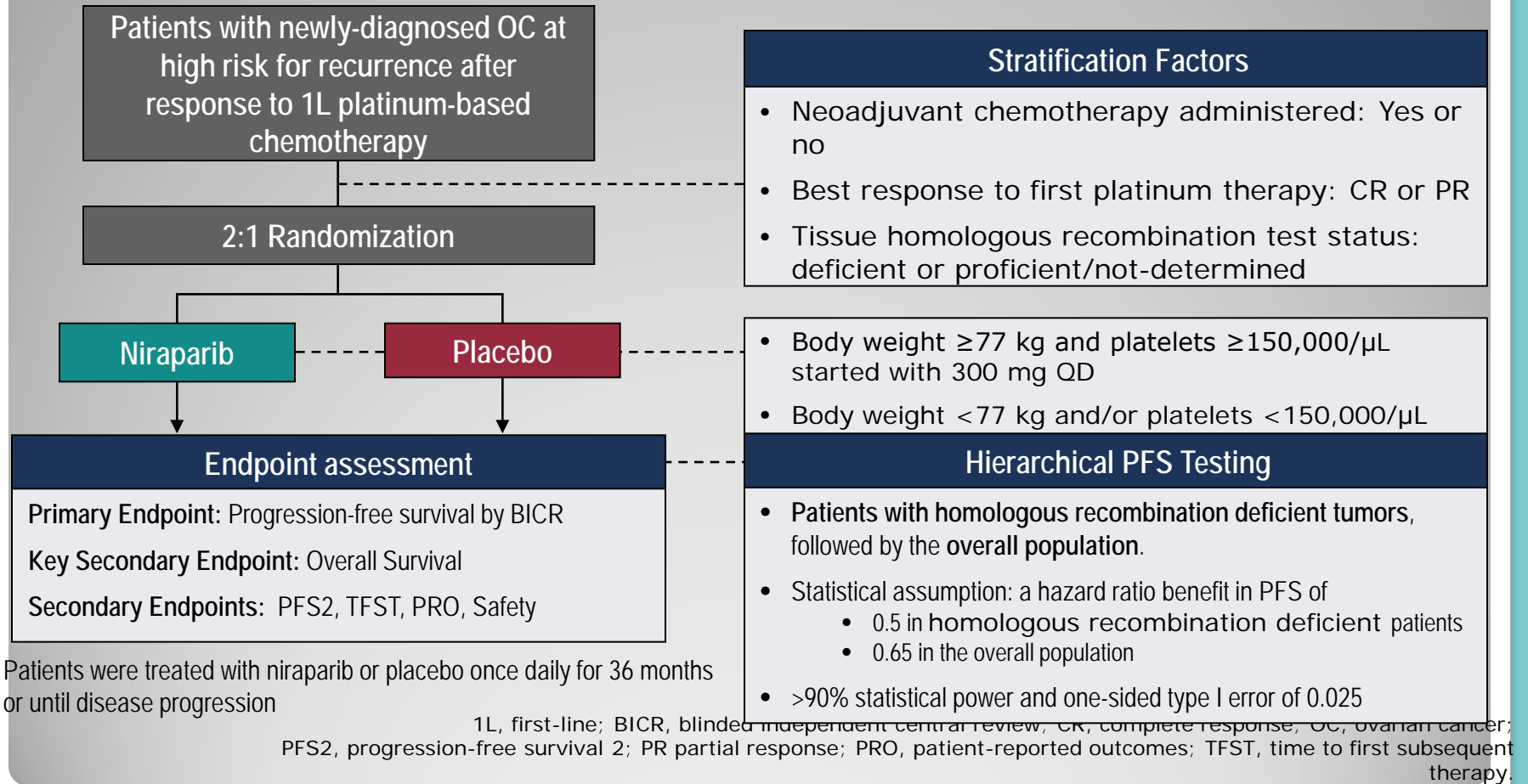


No. at risk

Olaparib	260	240	229	221	212	201	194	184	172	149	138	133	111	88	45	36	4	3	0	0	0
Placebo	131	118	103	82	65	56	53	47	41	39	38	31	28	22	6	5	1	0	0	0	0

Olaparib (N=260)	Placebo (N=131)
102 (39.2)	96 (73.3)
NR	13.8
HR 0.30	
95% CI 0.23, 0.41; <i>P</i> <0.0001	

PRIMA Trial Design



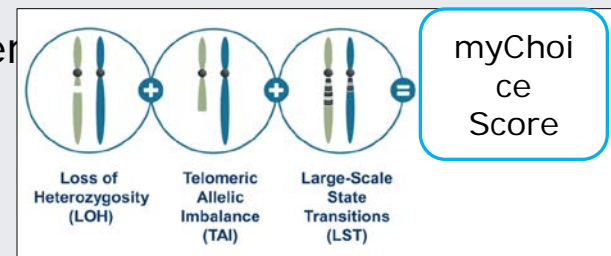
PRIMA Tissue Test for Homologous Recombination

Testing for Homologous Recombination Deficiency (HRd) and Proficiency (HRp)

- Next generation sequencing of DNA from tumor tissue (Myriad Genetics myChoice® Test)

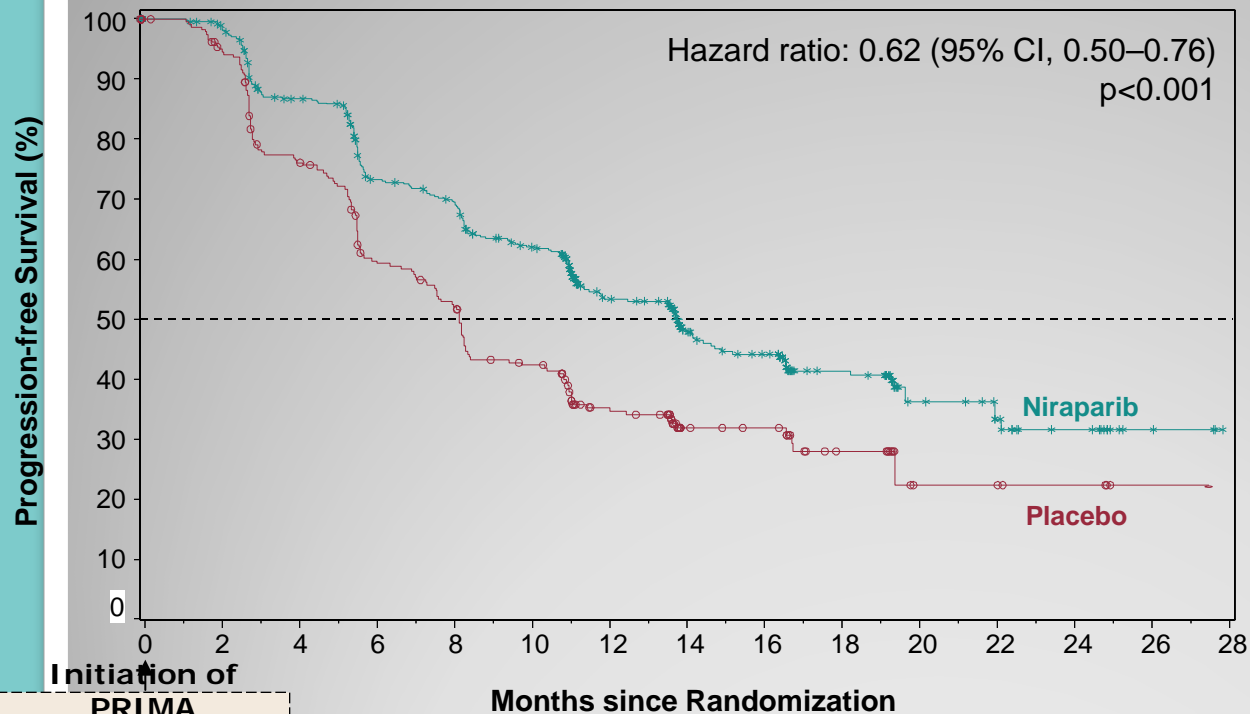
- Provides a score based on algorithmic measures

- Loss of heterozygosity (LOH)
- Telomeric allelic imbalance (TAI)
- Large-scale state transitions (LST)



- Homologous recombination status is determined by the following:
 - HR-deficient tumors: Tissue test score ≥ 42 **OR** a *BRCA* mutation
 - HR-proficient tumors: Tissue test score < 42
 - HR-not-determined

PRIMA Primary Endpoint, PFS Benefit in the Overall Population



38% reduction in hazard of relapse or death with niraparib

Niraparib
(n=487)

Placebo
(n=246)

Median PFS

	Niraparib	Placebo
months	13.8	8.2
(95% CI)	(11.5–14.9)	(7.3–8.5)

Patients without PD or death (%)

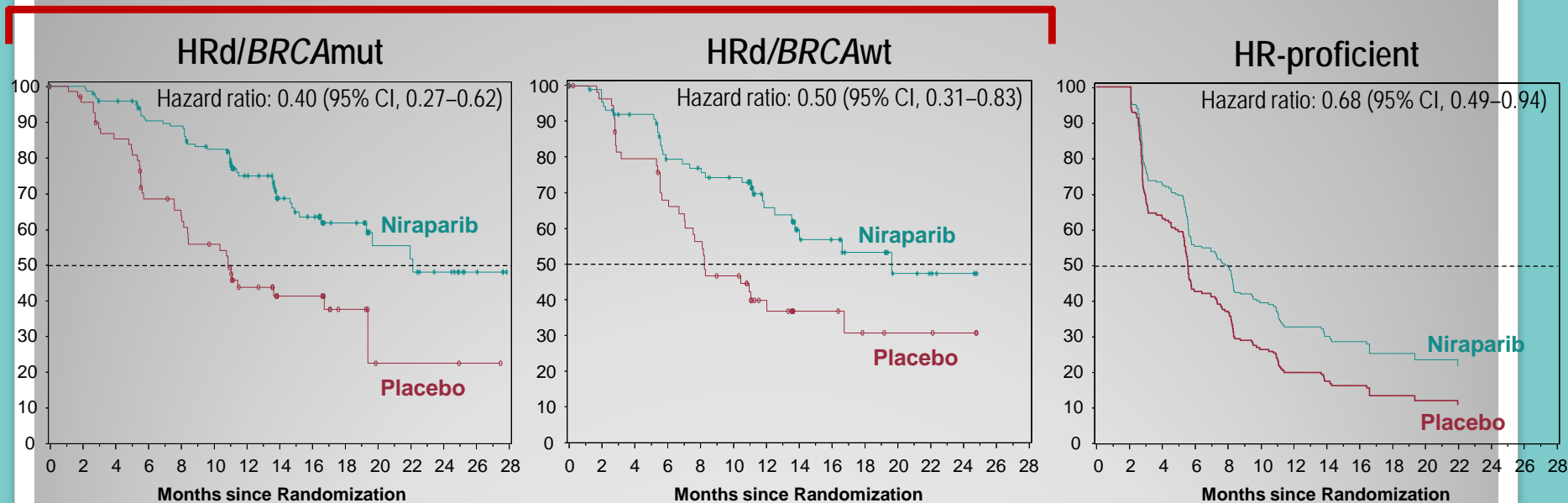
	Niraparib	Placebo
6 months	73%	60%
12 months	53%	35%
18 months	42%	28%

	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28
Niraparib	487	454	385	312	295	253	167	111	94	58	29	21	13	4	0
Placebo	246	226	177	133	117	90	60	32	29	17	6	6	4	1	0

1L, first-line; CI, confidence interval; CT, chemotherapy; PD, progressive disease; PFS, progression-free survival.
Discordance in PFS event between investigator assessment vs BICR ≈12%.

PRIMA PFS Benefit in Biomarker Subgroups

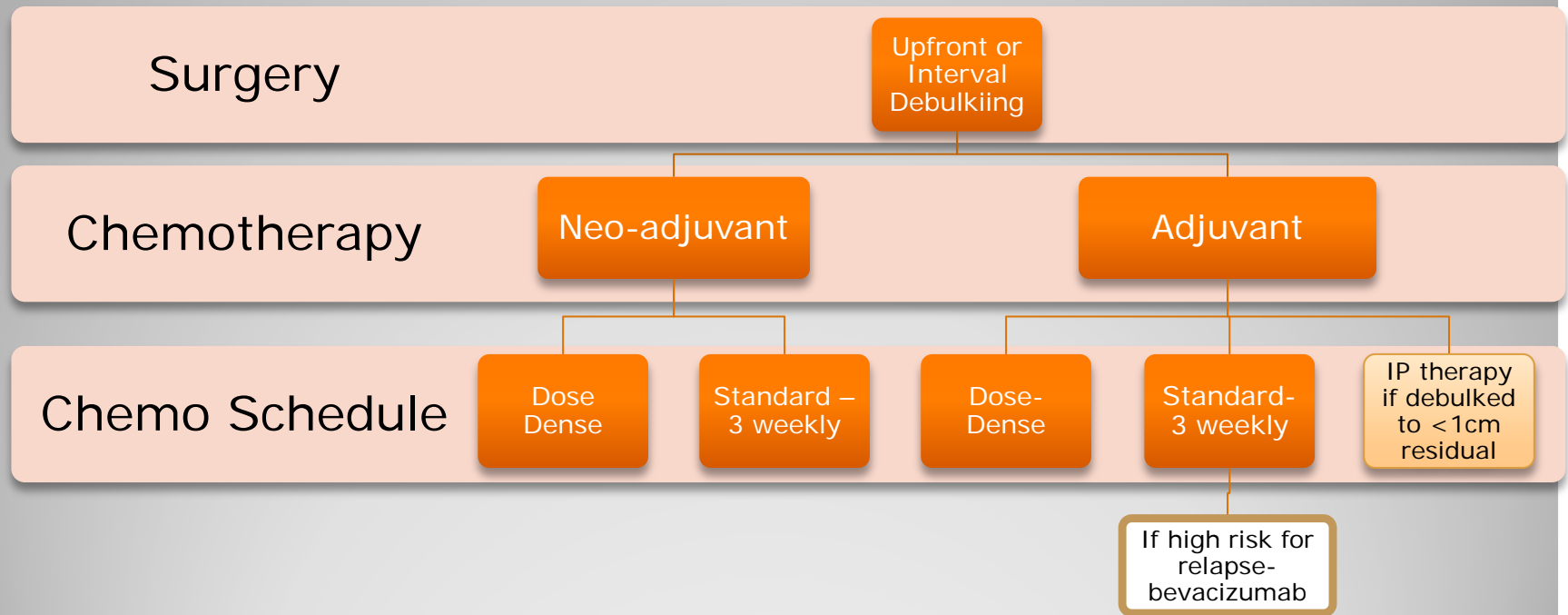
Homologous Recombination Deficient (HRd)



- Niraparib provided similar clinical benefit in the HRd subgroups (*BRCAMut* and *BRCAwT*)
- Niraparib provide clinically significant benefit in the HR-proficient subgroup with a 32% risk reduction in progression or death.

Source: <https://doi.org/10.1093/annonc/mdz001>. HR, homologous recombination; HRd, homologous recombination deficient; HR-proficient, homologous recombination proficient; PFS, progression-free survival; wt, wild-type.

Current First-Line Treatment of Advanced Ovarian Cancer



Consider PARP Maintenance Therapy, Especially If Patient has a BRCA germline or somatic mutation

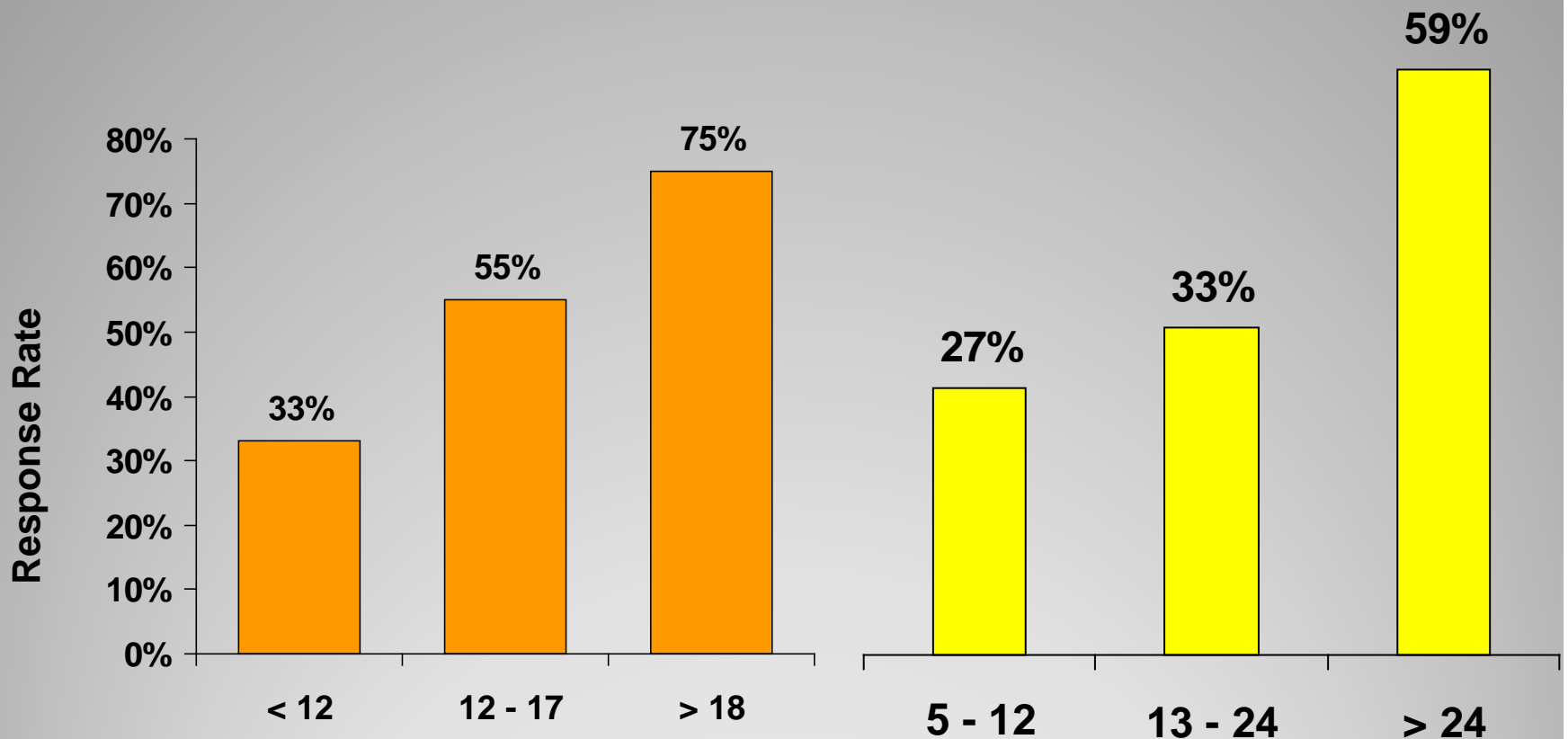


Recurrent Ovarian Cancer

	Response to Platinum	
	Initial Response	Durable Response*
Platinum-sensitive	Yes	Yes
Platinum-resistant	Yes	No
Platinum-refractory	No	–

*Defined as disease recurrence > 6 months after initial platinum-based therapy

Duration of Response to First Line Therapy



Effect of Platinum-Free Interval on Platinum Rechallenge

Markman et al. *J Clin Oncol.* 2004;22:3120-3125.

Markman et al. *J Clin Oncol.* 1991;9:389-93.

Recurrence After First-Line Chemotherapy

Platinum
Refractory/Resistant



< 6 Mos



Non-Platinum
Single Agent

Platinum
Sensitive



> 6 Mos



Chemotherapy
Doublet

The Traditional Treatment Paradigm

- Consider the platinum-sensitive interval
 - > 6 mo, sensitive
 - < 6 mo, resistant
 - Assessed based on symptoms and imaging, and not on CA125 rise
 - This definition was originally developed after the use of primary therapy and not in 2nd, 3rd recurrence, but most practitioners have expanded the definition beyond first line

Recurrent Ovarian Cancer

- Platinum sensitive:

- Return to platinum

- as single agent
- as a doublet
 - Carboplatin-paclitaxel
 - Carboplatin-liposomal doxorubicin
 - Carboplatin-gemcitabine
 - Choice is made by considering residual toxicity (neuropathy), comorbidities, convenience (travel)
 - Maintenance PARP inhibitor (BRCA +) – see slides 42-50

- Platinum resistant:

- Consider sequential single agents (with bevacizumab – see next slide)
 - Carboplatin
 - Paclitaxel
 - Gemcitabine
 - Liposomal doxorubicin
 - Vinorelbine
 - Etoposide

Recurrent Ovarian Cancer

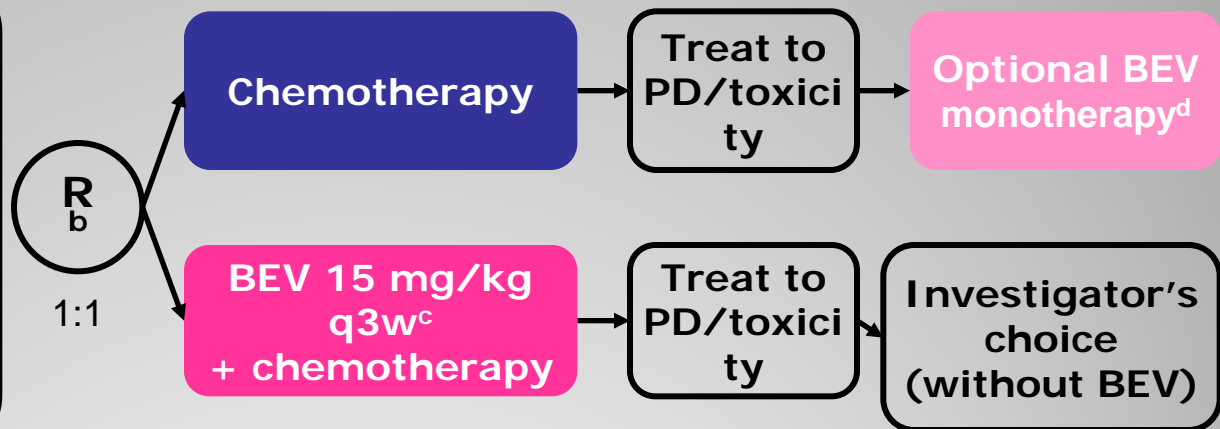
- Bevacizumab is a anti-body inhibitor of VEGF
- VEGF is commonly over expressed in the ascites of ovarian cancer patients
 - Involved in the mechanism of ascites formation and in angiogenesis for cancer
- Phase III trials have shown that Bevacizumab has activity in several treatment settings for ovarian cancer
 - First line therapy – improved PFS and OS in a subset
 - Second line, platinum sensitive – improved PFS
 - Platinum resistant – improved PFS and QoL
- In BC, funding is provided for those getting chemo for platinum-resistant recurrence
 - Bev improved QoL (and reduced the need for malignant fluid removal)
 - Bev prolonged PFS ~ 3 mo

Role of Bevacizumab – Plt Resistant Disease

AURELIA trial design

Platinum-resistant OC^a

- ≤2 prior anticancer regimens
- No history of bowel obstruction/abdominal fistula or clinical/radiological evidence of rectosigmoid involvement



Primary endpoint: PFS (RECIST v1.0)

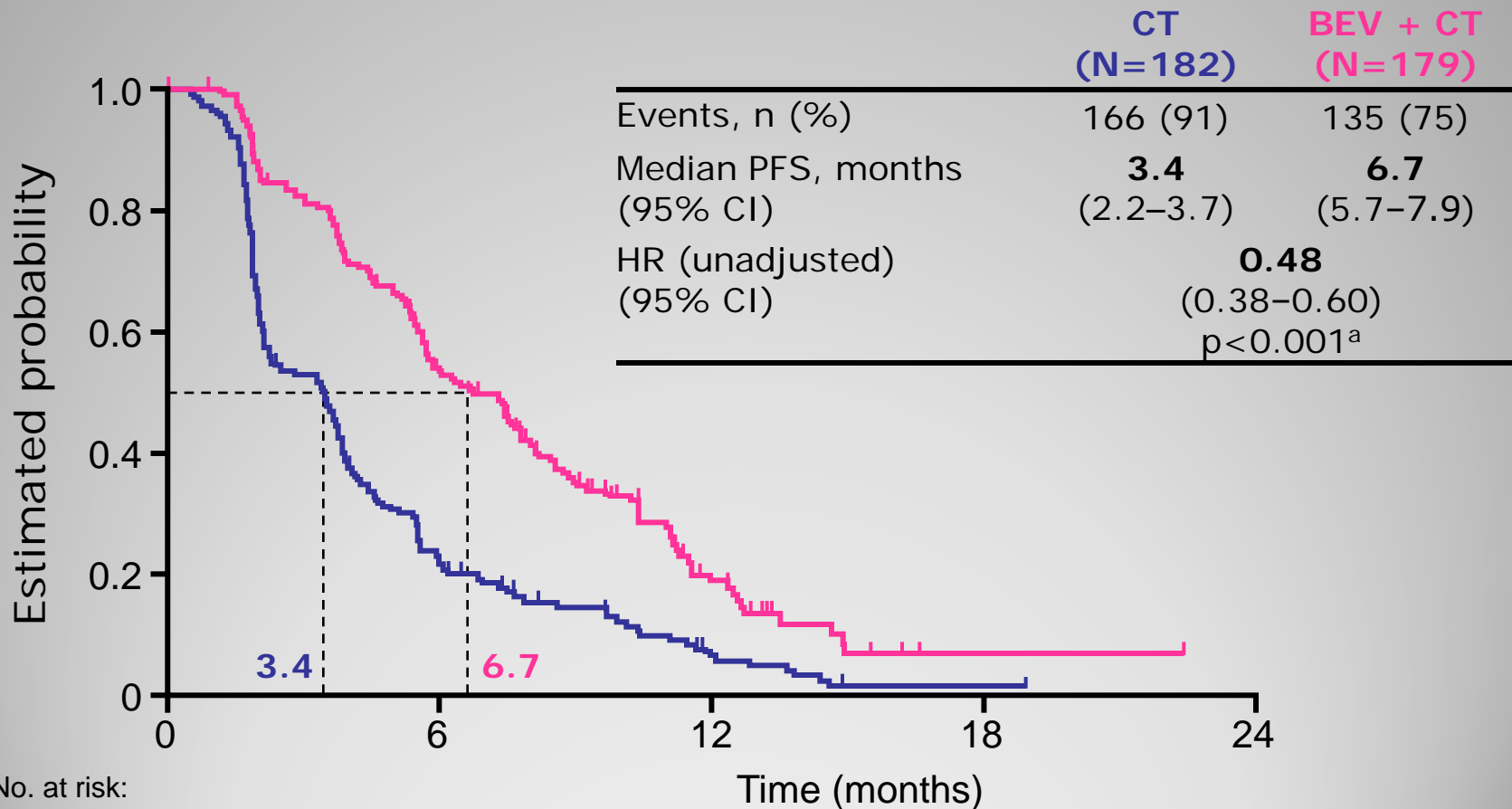
Secondary endpoints:

- ORR
- OS (after OS events in 70%)
- Quality of life
- Safety and tolerability

Chemotherapy options (investigator's choice):

- Paclitaxel 80 mg/m² days 1, 8, 15, & 22 q4w
- Topotecan 4 mg/m² days 1, 8, & 15 q4w (or 1.25 mg/m², days 1–5 q3w)
- PLD 40 mg/m² day 1 q4w

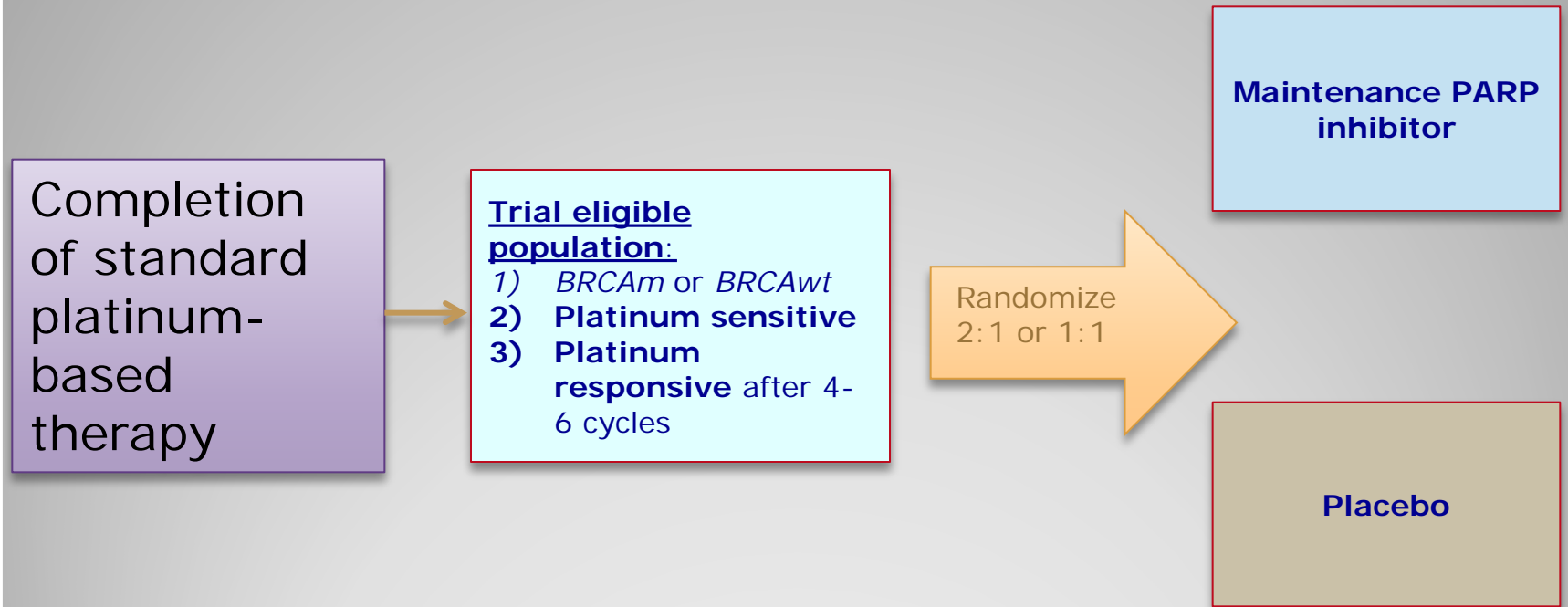
Primary PFS analysis



No. at risk:

	0	3	6	9	12	15	18	21	24
CT	182	93	37	20	8	1	1	0	0
BEV + CT	179	140	88	49	18	4	1	1	0

Basic Maintenance Study Design for **Recurrent** Ovarian Cancer

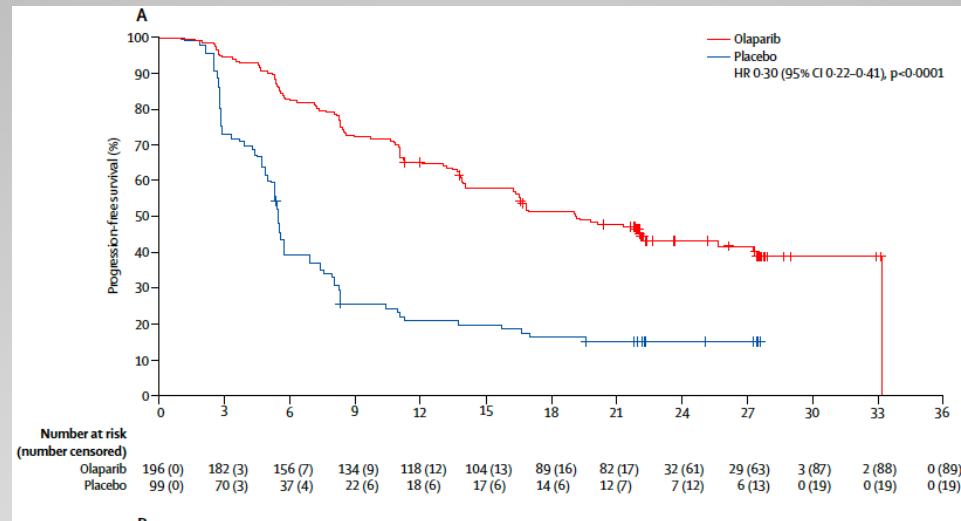


Standard practice after chemo response is observation, therefore, placebo control is acceptable



Maintenance PARP inhibitor: the new SOC in **recurrent, platinum-sensitive** and **-responsive** ovarian cancer

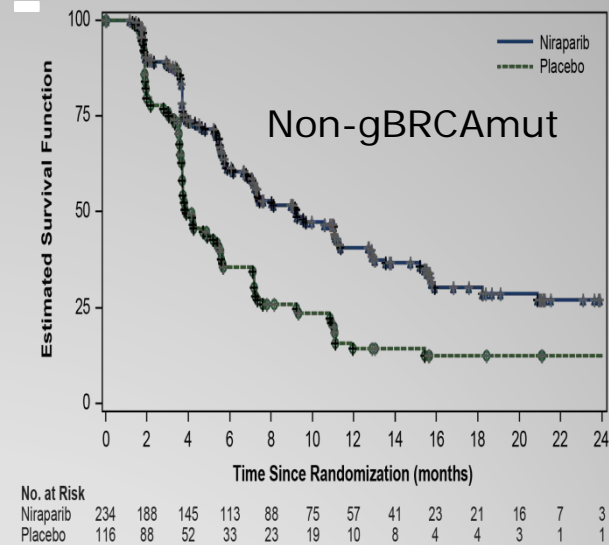
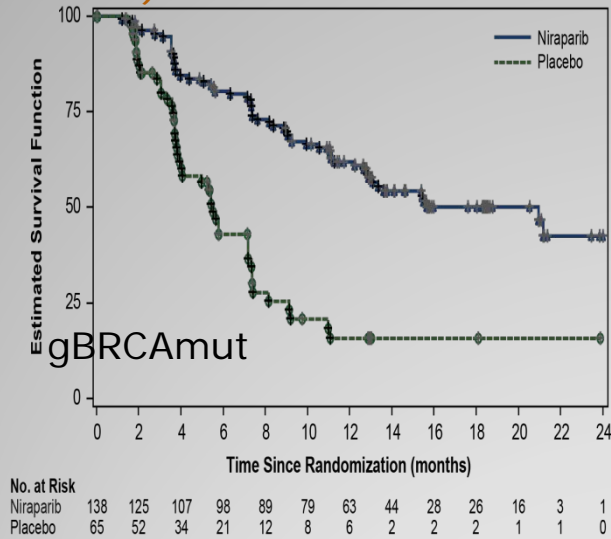
SOLO-2: Olaparib in *BRCAm* Ovarian cancer



- PFS olaparib: 19.1 mo
- PFS placebo: 5.5 mo
- HR: 0.30 (95% CI, 0.22-0.41)
- P<0.0001
- No OS data yet

Maintenance PARP inhibitor: the new SOC in recurrent, platinum-sensitive and -responsive ovarian cancer

NOVA trial: Niraparib in platinum-sensitive and response ovarian cancer (**any BRCA status**)



Treatment	PFS Median (95% CI) (Months)	Hazard Ratio (95% CI) p-value
Niraparib (N=138)	21.0 (12.9, NE)	0.27 (0.173, 0.410) p<0.0001
Placebo (N=65)	5.5 (3.8, 7.2)	

Treatment	PFS Median (95% CI) (Months)	Hazard Ratio (95% CI) p-value
Niraparib (N=234)	9.3 (7.2, 11.2)	0.45 (0.338, 0.607) p<0.0001
Placebo (N=116)	3.9 (3.7, 5.5)	

Common Adverse Events and Side Effects

- Many side effects are multifactorial
 - E.g. fatigue
- Majority of PARPi AEs and laboratory abnormalities are grade 1 and 2
 - But many patients have several side effects at once
- Limited reporting of QoL data suggests that at least in the setting of maintenance therapy, QoL on a PARPi and on placebo are the same

- Nausea
- Vomiting
- Fatigue
- Anemia
- Diarrhea
- Thrombocytopenia (niraparib)
- Constipation (niraparib)
- Rise in Cr (rucaparib)
- Elevation of LFTs (rucaparib)
- ~1-2% risk of myelodysplastic syndrome and acute myelogenous leukemia

E.g. fatigue

• But many patients have several side effects at once

Many side effects are multifactorial

Majority of PARPi AEs and laboratory abnormalities are grade 1 and 2

Limited reporting of QoL data suggests that at least in the setting of maintenance therapy, QoL on a PARPi and on placebo are the same



Role of second surgery at recurrence?

Design: AGO DESKTOP III (ENGOT-ov20; NCT01166737)



Sponsor: AGO
ENGOT Model A



Pts. with:

- 1st relapse
- PSROC
- AGO Score +ve

R
n = 408

**Cytoreductive
Surgery with
max. effort for
complete
resection**

**Platinum-based
Combination therapy**
strongly recommended

No OP

**Immediate
Platinum-based
Combination therapy**
strongly recommended

*OP
Allowed
3rd
line*

- 80 centres in 12 countries
- Recruitment 9/2010 - 3/2015
- 407 of 409 pts evaluated
(2 screening failures)

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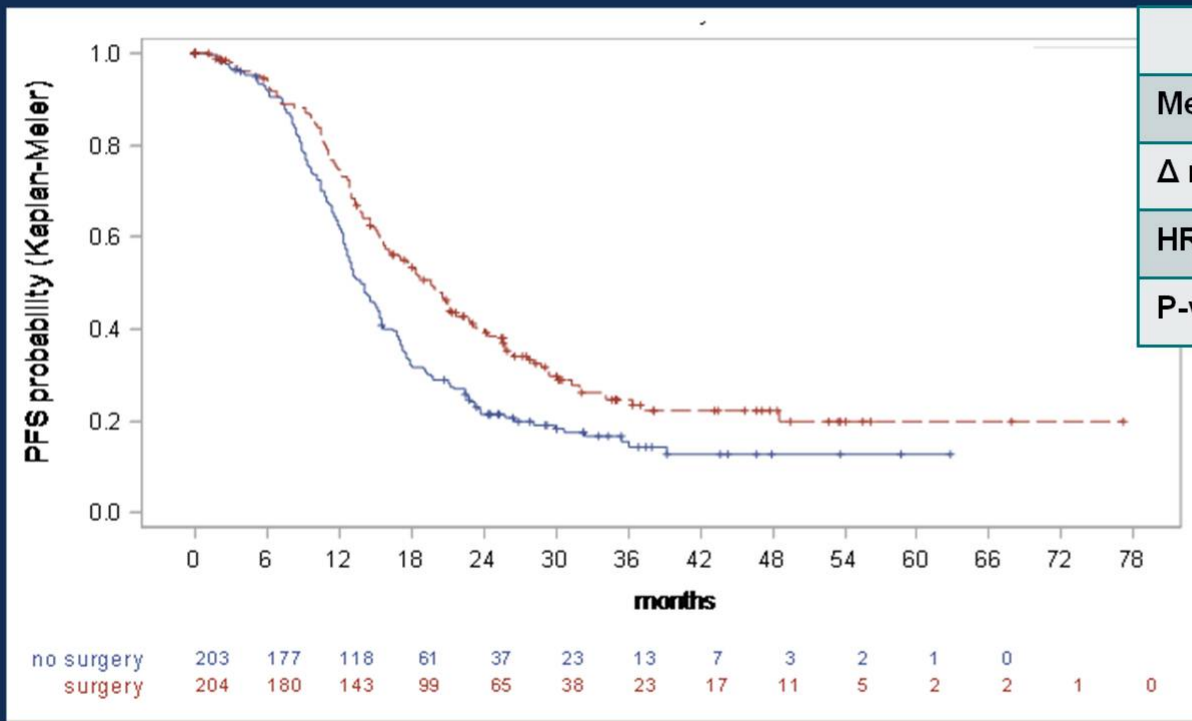
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AGO & KEM

Essen, Germany

AGO DESKTOP III: Outcome 2 (PFS, ITT population)

(AGO-OVAR OP.4; ENGOT-ov20; NCT01166737)



	Surgery	No surgery
Median PFS	19.6 mos	14.0 mos
Δ median PFS	5.6 mos	
HR (95% CI)	0.66 (0.52 – 0.83)	
P-value	< 0.001	

296 (73%) PFS events

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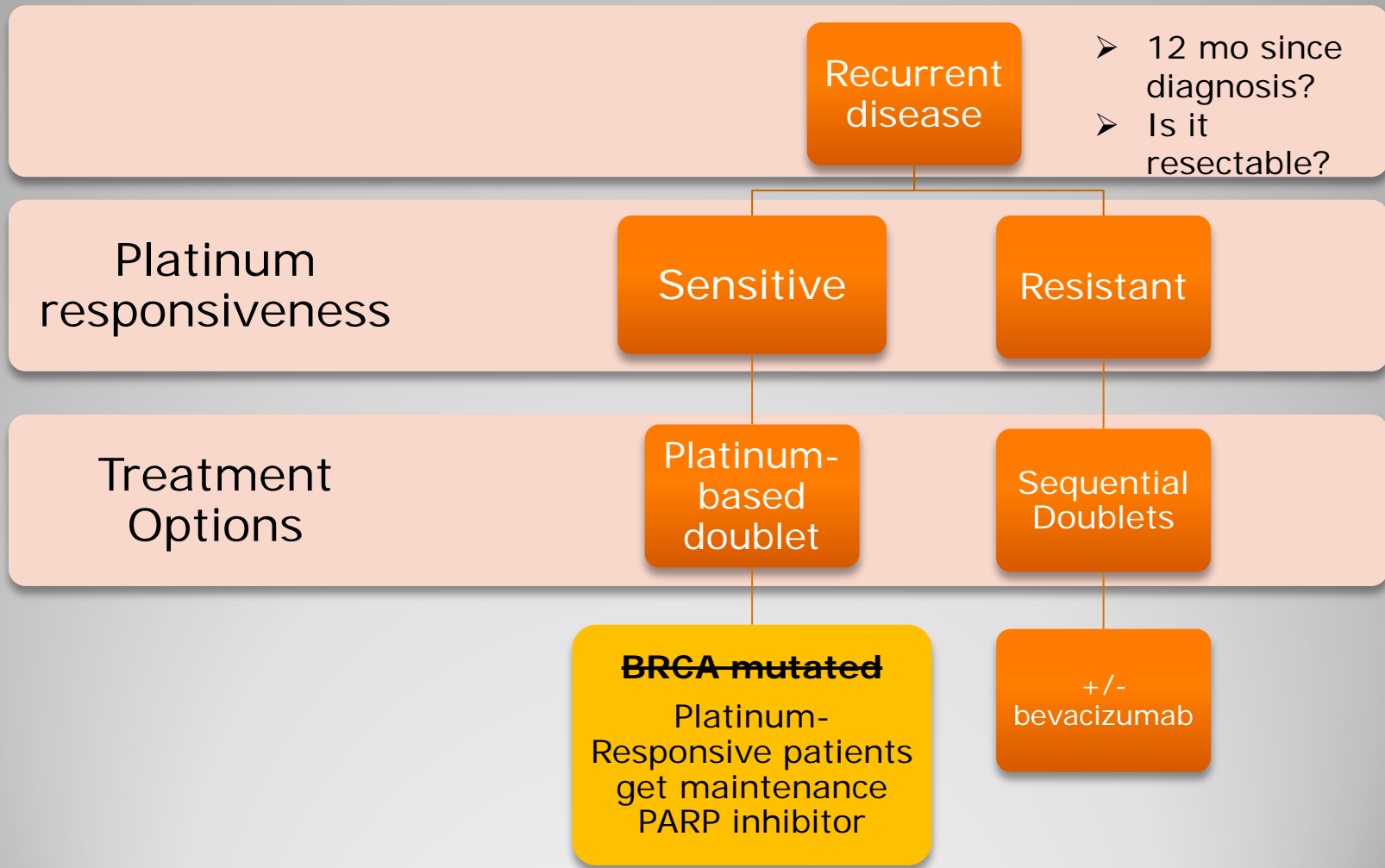
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Treatment of Recurrent Disease – Near future?



- HGSC of the ovary

- The presence of tumour infiltrating lymphocytes is associated with a better prognosis
- PD-L1 and PD-1 expression is seen on ovarian cancer cells and associated T-cells
- Checkpoint inhibition is being studied in ovarian cancer

Immune therapy

- Ovarian cancer is not ovarian...fallopian and endometrial origins explain most
- No screening (should not be done)
- Surgery timing can be up front or delayed
- IP chemotherapy has the best survival data so far for stage III
- Platinum Sensitive disease
 - Use platinum until no longer tolerated or responsive
 - Add switch to parp inhibitor (for now only in BRCA positive)
- Platinum resistant disease
 - Poor prognosis, use single agents +/- bevacizumab
- Future developments
 - Parp inhibitors combinations in first-line and second line
 - Immunotherapy?

Summary