Virtual Support Programs



Website: www.bccancer.bc.ca

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Relaxation Group 10am – 11:15am In-person, BC Cancer – Kelowna Okanagan Room, 2 nd floor Call to register: 250.712.3963	Brain Tumor Support Group 9:30am – 11am Call to register: 604.877.6000 ext 672194 Relaxation and Music Therapy Group 10:30am – 11:30am Call to register: 604.877.6000 ext 672194	Return to Work Group 9:30am – 11:30am (Virtual) Registration Closed Head & Neck Support Group 10:15am – 11:45am (Zoom) Call to register: 250.519.5525 Knitting Group 2pm – 4pm In-person, BC Cancer Vancouver Library (675 W 10th Ave) Register	Relaxation and Music Therapy Group 2:30pm – 3:30pm Call to register: 604.877.6000 ext 672194
7 Relaxation and Music Therapy Group 5:30pm – 6:30pm Call to register: 604.877.6000 ext 672194	8 Relaxation Group 10am – 11:15am In-person, BC Cancer – Kelowna Okanagan Room, 2 nd floor Call to register: 250.712.3963 Young Adults Group 10:30am – 12pm (Zoom) Register	9 Relaxation and Music Therapy Group 10:30am – 11:30am Call to register: 604.877.6000 ext 672194 Knitting Group 2pm - 3pm In-person, BC Cancer Victoria Library Drop-in Spring Photography Virtual 10:30am – 12pm Register	10 Return to Work Group 9:30am – 11:30am (Virtual) Registration Closed MAID Bereavement Support Group 1:30-2:30pm or 6:30-7:30pm (Virtual) Email to register: virtualspiritualhealth@phsa.ca	Living with Metastatic Cancer 10am –11:30am (Zoom) Call to register: 604.930.4000 Relaxation and Music Therapy Group 2:30pm – 3:30pm Call to register: 604.877.6000 ext 672194
14 Relaxation and Music Therapy Group 5:30pm – 6:30pm Call to register: 604.877.6000 ext 672194	15 Relaxation Group 10am – 11:15am In-person, BC Cancer – Kelowna Okanagan Room, 2 nd floor Call to register:	16 Relaxation and Music Therapy Group 10:30am – 11:30am Call to register: 604.877.6000 ext 672194	17 Art & Music Studio Group 1pm – 3pm (Zoom) Register	18 Relaxation and Music Therapy Group 2:30pm – 3:30pm Call to register: 604.877.6000 ext 672194

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Monday	Tuesday	Wednesday	Thursday	Provincial Health Services Authori
Monuay	250.712.3963	wednesday	Thursday	riiuay
	Art Therapy Workshop	Eating Well on Your Cancer	Cultivating your Spiritual	
	"Painting Landscapes Like Emily	Journey	Garden	
	Carr"	1:30pm-2:30pm (Virtual)	Spirituality & Spiritual Distress, The	
	In person, BC Cancer -	Register	Gifted Self & Self-Compassion	
	Vancouver		2pm-4pm (virtual)	
	1:00pm – 4:00pm	Spring Photography	Register	
	Register	Virtual		
		10:30am – 12pm	Knitting Group	
		Register	2pm – 4pm	
			In-person, BC Cancer Library	
		Job Search Seminar	(675 W 10th Ave)	
		9:30 – 11:30am	Register	
		Register		
		Or call 1-800-663-3333 ext		
		672194		
21	22	23	24	25
Lung Cancer Support Group	Relaxation Group	Relaxation and Music Therapy	MAiD Bereavement Support	Living with Metastatic Cancer
10am – 11:30am (Zoom)	10am – 11:15am	Group	Group	10am –11:30am (Zoom)
Call to register:	In-person, BC Cancer – Kelowna	10:30am – 11:30am	1:30-2:30pm or 6:30-7:30pm	Call to register:
604.930.4000	Okanagan Room, 2 nd floor	Call to register:	(Virtual)	604.930.4000
	Call to register:	604.877.6000 ext 672194	Email to register:	
Relaxation and Music Therapy	250.712.3963		virtualspiritualhealth@phsa.ca	Relaxation and Music Therapy
Group		Art & Music Studio Group		Group
5:30pm – 6:30pm		1:30pm – 3:30pm	Affirmation Workshop	2:30pm – 3:30pm
Call to register:		In-person, Vancouver Lodge	2pm – 4pm	Call to register:
604.877.6000 ext 672194		Register	In-person, BC Cancer – Surrey	604.877.6000 ext 672194
			Call to register:	
		Knitting Group	604.930.4000	
		2pm - 3pm	Cultivating your Spiritual	
		In-person, BC Cancer Victoria	Cultivating your Spiritual Garden	
		Library	Values, Beliefs, Meaning Making,	
		Drop-in	Individuals & Communities	
			2pm-4pm (virtual)	
			Register	
		Spring Photography	Support Group for Chinese-	
		Virtual	speaking Patients & Families	
		10:30am – 12pm		
		10.30dili 12pili		

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April 2025

Virtual Support Programs



Monday	Tuesday	Wednesday	Thursday	Friday
		Register	1:30pm-3:30pm, Mount	
			Pleasant Community Centre	
			In-person	
			Register	
			詳細資料	
			<u>登記連結</u>	
28	29	30		
Relaxation and Music Therapy	Relaxation Group	Relaxation and Music Therapy		
Group	10am – 11:15am	Group		
5:30pm – 6:30pm	In-person, BC Cancer – Kelowna	10:30am – 11:30am		
Call to register:	Okanagan Room, 2 nd floor	Call to register:		
604.877.6000 ext 672194	Call to register:	604.877.6000 ext 672194		
	250.712.3963			
		Art & Music Studio Group		
		1:30pm – 3:30pm		
		In-person, Vancouver Lodge		
		Register		
		Head & Neck Support Group		
		Vancouver Patients Only		
		2pm – 3:30pm (Zoom)		
		Call to register:		
		604.877.6000 ext 672194		
		Return to Work Group		
		Register		
		Or call 1-800-663-3333 ext		
		672194		
		Spring Photography		
		Virtual		
		10:30am – 12pm		
		Register		

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April 2025

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Community Support Programs & Information

Coping with Cancer	Canadian Cancer Society	Look Good Feel Better Workshops	Inspire Health
BC Cancer Website Info	1-888-939-3333	1-800-914-5665	1-888-734-7125

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^{**} Participate in a Study: Cancer Exercise Research | Participate in a Study | Cancer Exercise Research (ubc.ca)