



Provincial Health Services Authority

Advance Care Planning Pathfinder

A Guide to Finding Library Resources and Support Services

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
Handbook for mortals : guidance for people facing serious illness	WB310 H36 2011
Lap of honour : a no fear guide to living well with dying	BF789 D4 E35 2019
Your digital undertaker : exploring death in the digital age in Canada	W85.5 H336 2018

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling **1.888.675.8001 x 7000** (toll-free) to get a username and password from the Library.

Advance care planning : communicating about matters of life and death

tinyurl.com/4mm2skby

Handbook for mortals : guidance for people facing serious illness

growthhouse.org/mortals/mor0.html

Videos

Advance care planning in BC (BC Government)

youtube.com/watch?v=5BD9yJJdhIQ

Pamphlets

Advance care planning (BC Centre for Palliative Care)

bccancer.bc.ca/new-patients-site/Documents/What%20is%20ACP.pdf

Advance care planning (BC Ministry of Health)

gov.bc.ca/assets/gov/people/seniors/health-safety/pdf/advancecareplanningbrochure.pdf

Advance care planning resources for patients (BC Cancer)

bccancer.bc.ca/new-patients-site/Documents/ACP-resources-for-patients-list.pdf

My voice : expressing my wishes for future health care treatment: a planning guide (BC Ministry of Health)

health.gov.bc.ca/library/publications/year/2020/MyVoice-AdvanceCarePlanningGuide.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer Librarians. They have information about coping with death and dying for people with cancer and their friends, family and caregivers. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer Advance Care Planning: bccancer.bc.ca/health-info/coping-with-cancer/advance-care-planning

BC Cancer Advance Care Planning Websites: bccancer.bc.ca/our-services/services/library/recommended-websites/living-with-cancer-websites/advance-care-planning-websites

BC Centre for Palliative Care: bc-cpc.ca/all-resources/individuals/advance-care-planning

BC Government Advance Care Planning: gov.bc.ca/gov/content/family-social-supports/seniors/health-safety/advance-care-planning

BC Government Incapacity Planning: gov.bc.ca/gov/content/health/managing-your-health/incapacity-planning

Nidus Personal Planning Resource Centre and Registry: www.nidus.ca

Proud, Prepared and Protected: virtualhospice.ca/2SLGBTQ

Online resources to assist people who identify as LGBTQIA2S+ to access and receive inclusive, respectful care.

Public Guardian and Trustee of BC: trustee.bc.ca/services/services-to-adults/Pages/personal-planning.aspx

Speak Up: advancecareplanning.ca

Support Programs

This is a list of support programs offered at community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Proud, Prepared and Protected: virtualhospice.ca/2SLGBTQ

Online resources to assist people who identify as LGBTQIA2S+ to access and receive inclusive, respectful care.

BC Health Authorities Advance Care Planning:

First Nations: fnha.ca/wellness/sharing-our-stories/my-journey-into-advance-care-planning

Fraser Health: fraserhealth.ca/health-topics-a-to-z#topictags=Advance%20care%20planning&e=0

Interior Health: interiorhealth.ca/YourCare/PalliativeCare/ToughDecisions/Pages/Advance-Care-Planning

Island Health: islandhealth.ca/our-services/advance-care-planning/advance-care-planning

Northern Health: northernhealth.ca/health-topics/advance-care-planning

Vancouver Coastal Health: vch.ca/public-health/health-topics-a-z/topics/advance-care-planning

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Prince George

1.888.675.8001 x 8001 (toll free)

Victoria

250.519.5517
1.800.670.3322 (toll free)