

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
100 questions & answers about advanced and metastatic breast cancer	WP870 S559 2012
Advanced cancer : what you need to know—now	QZ201 A244 2008
Breast cancer recurrence and advanced disease	WP870 B828g 2010
Living with metastatic breast cancer	WP870 L786w 2014
Metastatic breast cancer series : Guide for the newly diagnosed (booklet)	WP870 M587 2017

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about advanced and metastatic breast cancer

tinyurl.com/metbreastca

Pamphlets

Advanced cancer (Canadian Cancer Society)

cancer.ca/~media/cancer.ca/CW/publications/Advanced%20cancer/32043-1-NO.pdf

As cancer progresses (BC Cancer)

bccancer.bc.ca/managing-symptoms-site/Documents/As-Cancer-Progresses.pdf

My voice: expressing my wishes for future health care treatment: a planning guide

gov.bc.ca/gov/content/family-social-supports/seniors/health-safety/advance-care-planning

Practical and financial support for people with advanced cancer (BC Cancer)

bccancer.bc.ca/coping-and-support-site/Documents/PracticalFinancial_AdvancedCancer_FactSheet.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about advanced cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer Advanced Cancer Websites: bccancer.bc.ca/our-services/services/library/recommended-websites/types-of-cancer-websites

Canadian Cancer Society Advanced Cancer: cancer.ca/en/cancer-information/living-with-cancer/advanced-cancer

Canadian Cancer Society Metastatic Cancer: cancer.ca/en/cancer-information/cancer-type/metastatic-cancer/metastatic-cancer

Cancer.Net: cancer.net/navigating-cancer-care/advanced-cancer

National Cancer Institute Advanced Cancer: cancer.gov/about-cancer/advanced-cancer

National Cancer Institute Metastatic Cancer: cancer.gov/types/metastatic-cancer

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

Professionally-led online support groups for Canadians affected by cancer.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Living Without Limits Advanced Cancer Support Group (Wellspring): wellspring.ca/online-programs/programs/all-programs/living-without-limits-advanced-cancer-support-group

Online support group for patients with advanced cancer and their caregivers. Offered via Zoom.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Prince George

1.888.675.8001 x 8001 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Victoria

250.519.5517
1.800.670.3322 (toll free)