

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
100 questions & answers about bladder cancer	WJ500 E47 2010
Handbook for new ostomy patients	WI520 H258 2010
Patients' guide to bladder cancer	WJ500 P298 2011

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about bladder cancer

tinyurl.com/y42ww2lr

Diet and fighting bladder cancer

tinyurl.com/yv23wp22

Johns Hopkins patients' guide to bladder cancer

r2library.com/Resource/Title/0763774243

Ostomy book

tinyurl.com/y2mdc7s4

Pamphlets

Bladder cancer : understanding your diagnosis (Canadian Cancer Society)

cancer.ca/~media/cancer.ca/CW/publications/Bladder%20cancer%20UYD/32086-1-NO.pdf

Bladder cancer patient guidebook (Bladder Cancer Canada)

bladdercancercanada.org/en/canadian-patient-guidebooks

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about bladder cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/urinary/bladder

BC Cancer Bladder Cancer Websites: bccancer.bc.ca/our-services/services/library/recommended-websites/types-of-cancer-websites

American Cancer Society: cancer.org/cancer/bladder-cancer.html

Bladder Cancer Canada: bladdercancercanada.org

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/bladder/bladder-cancer/?region=bc

Cancer.Net: cancer.net/cancer-types/bladder-cancer

National Cancer Institute: cancer.gov/types/bladder

Ostomy Canada Society: ostomycanada.ca

United Ostomy Associations of America: ostomy.org

Information about the United Ostomy Associations of America as well as content about support and advocacy for people with ostomies and their caregivers.

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

Professionally-led online support groups for Canadians affected by cancer.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Bladder Cancer Canada: bladdercancer canada.org/en/get-support

Telephone calls with a one2one peer support volunteer as well as a virtual support group available. Call 1-866-674-8889 for more information.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Prince George

1.888.675.8001 x 8001 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Victoria

250.519.5517
1.800.670.3322 (toll free)