

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
100 questions & answers about brain cancer	WL358 S795 2010
Adult brain tumour handbook	WL358 A244b 2012
Brain tumour caregiver handbook	WL358 B814 2019
Companion and reference guide for people with GBM	WL358 C737 2012
Navigating life with a brain tumor	WL358 T243 2013
Patients' guide to brain cancer	WL358 G549 2011
Pediatric brain tumour handbook	WL358 P371 2012
Two steps forward	WL358 S675 2015

Newsletters

Headlines: a newsletter for brain tumour patients and their families (BC Cancer)

bccancer.bc.ca/headlines

Pamphlets

Brain tumour handbooks (Brain Tumour Foundation of Canada)

braintumour.ca/facing-a-brain-tumour/living-with-a-brain-tumour/patient-handbook

Brain tumours: understanding your diagnosis (Canadian Cancer Society)

cancer.ca/~media/cancer.ca/CW/publications/Brain%20cancer%20UYD/32045-1-NO.pdf

Nutrition, radiation therapy, brain cancer (BC Cancer)

bccancer.bc.ca/nutrition-site/Documents/Patient%20Education/Nutrition-radiation-therapy-and-brain-cancer.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about brain and central nervous system cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/brain-central-nervous-system

American Brain Tumor Association: abta.org

This website has brain tumor information, statistics, a brain tumor dictionary, information about research, webinars and many online publications. Keep in mind that this is an American website so information in some sections may not be applicable to Canadian patients.

American Cancer Society: cancer.org/cancer/brain-spinal-cord-tumors-adults.html

Brain Tumour Foundation of Canada: braintumour.ca

This website has information about support services and care that is relevant for Canadian patients and their families. Free handbooks available upon request.

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/brain-spinal/brain-and-spinal-tumours/?region=bc

Cancer.Net: cancer.net/cancer-types/brain-tumor

MedlinePlus: medlineplus.gov/braintumors.html

National Cancer Institute: cancer.gov/types/brain

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

BC Cancer Speech Language Pathology (SLP) services: bccancer.bc.ca/our-services/services/supportive-care/speech-language-pathology

Speech language pathologists work with patients and their families to improve or manage communication abilities such as word finding difficulties, unclear speech or comprehension challenges. Speech language pathologists also assist patients who are experiencing difficulties swallowing food or drink. Patients may be seen by BC Cancer speech language pathologists for this service, or referred to other specialized programs that are available.

Brain Tumour Foundation of Canada: braintumour.ca/events/virtual-support-group-western-canada

Virtual support group.

Cancer Chat Canada: cancerchat.desouzainstitute.com

Professionally-led online support groups for Canadians affected by cancer.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Prince George

1.888.675.8001 x 8001 (toll free)

Victoria

250.519.5517
1.800.670.3322 (toll free)