

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
70 ways to cope with chemo	QZ201 E92 2015
100 questions & answers about cancer symptoms and cancer treatment side effects	QZ201 K29 2010
Basics of cancer immunotherapy	QZ267 B311 2018
Braving chemo : what to expect, how to prepare and how to get through it	QZ266 Z39 2019
Breakthrough : immunotherapy and the race to cure cancer	QZ267 G734 2018
Chemo brain	QZ267 C624 2009
Chemo: secrets to thriving: from someone who's been there	QZ267 B879 2011
Chemotherapy survival guide	QZ267 M153 2009
Coping with chemotherapy	QZ267 P9492 2009
Your brain after chemotherapy	QZ267 S587y 2009

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about cancer symptoms and cancer treatment side effects

tinyurl.com/symptomssideeffects

Chemotherapy survival guide

tinyurl.com/y29kfnr4

Understanding drugs

tinyurl.com/y64ebxfz

Videos

Introduction to systemic therapy (BC Cancer)

youtube.com/watch?v=sVr5ZOCfluQ&feature=youtu.be

Video recording of the introductory patient education session offered by BC Cancer to all patients receiving chemotherapy or other types of systemic therapy.

Audio CDs

Title

Library Call Number

Chemotherapy: a healing solution

QZ266 H798c 2006

Chemotherapy companion

QZ266 C517m 2001

Meditation to help you with chemotherapy

QZ266 N195mc 1991

Optimizing chemotherapy

QZ266 M648o 2008

Pamphlets

Biosimilar drugs (BC Cancer)

bccancer.bc.ca/coping-and-support-site/Documents/bccancer_biosimilars_patient_brochure.pdf

Biosimilar drugs fact sheet (BC Cancer)

bccancer.bc.ca/coping-and-support-site/Documents/bccancer_biosimilars_patient_factsheet.pdf

Chemotherapy and Other Drug Therapies (Canadian Cancer Society)

Go to www.cancer.ca and click on Support & Services → Publications or pick up a copy from the BC Cancer library.

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about systemic therapy (chemotherapy). For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library

BC Cancer Biosimilar Drugs: bccancer.bc.ca/our-services/treatments/biosimilar-drugs

BC Cancer Systemic Therapy: [bccancer.bc.ca/our-services/treatments/systemic-therapy-\(chemotherapy\)](https://bccancer.bc.ca/our-services/treatments/systemic-therapy-(chemotherapy))

American Cancer Society: cancer.org/treatment/treatments-and-side-effects.html

Canadian Cancer Society: cancer.ca/en/cancer-information/diagnosis-and-treatment/chemotherapy-and-other-drug-therapies/?region=bc

Chemocare.com: chemocare.com

MedlinePlus: medlineplus.gov/cancerchemotherapy.html or medlineplus.gov/cancerimmunotherapy.html

National Cancer Institute: cancer.gov/about-cancer/treatment/types/chemotherapy

Support Programs

This is a list of support programs offered at community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

Introduction to Systemic Therapy Teaching Sessions

BC Cancer offers introductory patient education sessions to all patients receiving chemotherapy or other types of systemic therapy. *In-person sessions have been temporarily suspended due to COVID-19.* Go to [bccancer.bc.ca/our-services/treatments/systemic-therapy-\(chemotherapy\)](https://bccancer.bc.ca/our-services/treatments/systemic-therapy-(chemotherapy)) to watch a video of the Introduction to Systemic Therapy session.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Prince George

1.888.675.8001 x 8001 (toll free)

Victoria

250.519.5517
1.800.670.3322 (toll free)