

Pathfinders provide topic-specific lists of books, DVDs, pamphlets, websites and support programs related to cancer, as well as instructions on where to find each resource. There are unique Pathfinders for a wide range of topics, from coping with a recent diagnosis to life after cancer. Pathfinders can be found at www.bccancer.bc.ca/library.

Pathfinders are a starting point for your information-finding journey – many more resources can be found by visiting a BC Cancer Library, Patient and Family Counselling Services, or the BC Cancer website (www.bccancer.bc.ca). While BC Cancer does recognize the information below as useful, Pathfinders are for educational purposes only and are not a substitute for the advice of your healthcare provider.

CHILDHOOD CANCER

Within British Columbia, childhood cancers are primarily treated by the BC Children's Hospital, and by medical professionals within the various health authorities. While BC Cancer is not regularly involved in treating childhood cancers, the following information is provided to be helpful to patients and family members whose lives have been touched by childhood cancers.

LIBRARY/CANCER INFORMATION CENTRE RESOURCES

The names and call numbers of popular books/DVDs available for loan from the BC Cancer library are listed below. Visit your local BC Cancer library or go to www.bccancer.bc.ca/library to view the complete library catalogue. Most library materials can be mailed to anywhere in BC or the Yukon.

For Parents and Other Adults

Childhood brain and spinal cord tumors (Book online)

Available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10905802>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

Childhood cancer: a parent's guide to solid tumor cancers (Book)

QZ200 J33 2016

The 2002 edition is available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10843085>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

Childhood leukemia (Book)

WH250 K26 2010

Children with cancer: a comprehensive reference guide for parents (Book) **QZ201 B814 2010**

Also available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10395090>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

Hope for families of children with cancer (Book online)

Available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10695651>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

My child has cancer (Book)

QZ201 H859m 2008

Also available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10225059>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

For Teens

Cancer information for teens (Book)

QZ201 C215c 2010

No way, it can't be! (Book)

QZ200 U43 2006

Teenagers face to face with cancer (Book)

QZ200 G775 2000

We get it: dealing with cancer as a young adult is different (DVD)

QZ201 Y68w 2010

Wrong way to hope (DVD)

QZ200 W957 2010

For Children

Alex's journey: the story of a child with a brain tumor (DVD)

WL358 A849a 2006

Bald-headed princess (Book)

QZ201 C5 D615 2010

Emily's story: back to school after cancer (DVD)

QZ201 E53 2007

A friend in Hope: a story about Hope's journey with a brain tumour (Book)

QZ201 C5 Z24 2005

Great Katie Kate tackles questions about cancer (Book)

QZ201 C5 D397 2010

My name is Buddy: a story for children about brain tumours (Book with CD)

QZ201 C5 B344 2005

The problem with hair (Book)

QZ201 C5 F751 1996

For Childhood Cancer Survivors

Childhood cancer survivors (Book)

QZ200 K26c 2012

Also available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10843094>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

Personal Stories

The C-word: teenagers and their families living with cancer (Book)

QZ200 D696 1995

Childhood cancer and limb loss (Book)

WE258 C536 2003

Me, myself and my brain stem tumour (Book)

WL358 A995 2015

Riding the cancer coaster (Book)

QZ200 S334 2015

AUDIO CDs

This list provides the names of just a few of the many relaxation CDs that are available at BC Cancer centre libraries.

Mousaka and ripple (CD)

QZ266 S646m 1997

A relaxation CD for children.

PAMPHLETS

This list provides the names of just a few of the many pamphlets that are available at BC Cancer centres or online.

Children with cancer: a guide for parents (US National Cancer Institute)

Go to www.cancer.gov and click on Cancer Types→Childhood Cancers.

Pediatric brain tumour handbook (Brain Tumour Foundation of Canada)

Copies available from the BC Cancer Library and also available for loan.

WL358 P371 2012

When Your Child Has Cancer (Canadian Cancer Society)

Go to www.cancer.ca and click on Support and Services→Publications.

RECOMMENDED WEBSITES

This list of websites has been compiled and evaluated by the BC Cancer librarians. For more recommended websites, go to www.bccancer.bc.ca and click on Our Services→Services→Library→Recommended Websites→Types of Cancer Websites→Childhood Cancer Websites.

For Parents and Other Adults

BC Children's Hospital

www.bcchildrens.ca

Go to Health Info →Cancer.

The BC Children's Hospital provides comprehensive care for children less than 17 years of age with cancer and complex blood disorders. Their website provides information about childhood cancer for families and survivors.

American Cancer Society

www.cancer.org

Click on Treatment & Support→Children and Cancer.

Provides information on topics such as coping with the diagnosis, dealing with financial issues, returning to school, late effects of treatment and nutrition for children with cancer.

Bandaides & Blackboards

www.lehman.cuny.edu/faculty/jfleitas/bandaides

Divided into sections for kids, teens and adults.

Canadian Cancer Society

www.cancer.ca

Select a specific type of childhood cancer from the drop-down menu of Cancer Information.

The Canadian Cancer Society website has lots of general cancer information as well as information about childhood cancer.

Cancer.Net

www.cancer.net

Click on Types of Cancer→Childhood Cancer.

This website provides information about treatment of childhood cancer, medical illustrations, statistics, questions to ask your doctor and other useful information.

CureSearch

www.curesearch.org

Provides medical information about childhood cancer, as well as information about coping with cancer, clinical trials and research.

MedlinePlus

www.nlm.nih.gov/medlineplus

Click on Health Topics →Cancers→Cancer in Children.

Provides a range of resources related to childhood cancer including videos and information in languages other than English.

National Cancer Institute

www.cancer.gov

Click on Cancer Types→Childhood Cancers.

Provides information about the treatment of various types of childhood cancers, treatment, causes and research.

Information by parents of children with cancer for parents of children with cancer. Provides information about treatment, family support, grief, and survivorship issues.

For Children and Teens

2bme

<http://lookgoodfeelbetter.org/2bMe/2bMe.html>

Provides information on topics such as diet, body image and relationships for teens with cancer.

Bandaides & Blackboards

www.lehman.cuny.edu/faculty/jfleitas/bandaides

This website is divided into sections for kids, teens and adults.

13thirty Cancer Connect

<http://13thirty.org>

This website for teens with cancer provides cancer facts, information about dealing with cancer and staying healthy.

For Survivors

National Children's Cancer Society

www.thencs.org

Click on Survivorship.

This website for childhood cancer survivors and their parents provides information about late effects, school, relationships, employment, healthy living, and scholarships. There are videos and an online community as well.

SUPPORT PROGRAMS

This section provides a list of relevant support programs offered by community organizations or BC Cancer. BC Cancer centres generally offer monthly support groups, sometimes specific to particular types of cancer. Also offered are facilitated groups to help with stress reduction, including mindfulness based stress reduction, relaxation and stress management, and therapeutic touch. Support programs offered at each BC Cancer location can be found on the BC Cancer website at:

www.bccancer.bc.ca/our-services/services/support-programs

BC Cancer Patient & Family Counselling

This service is available to anyone in BC who has received a diagnosis of cancer, as well as those supporting them. Counselling is available to individuals, couples, and families, either in person or over the phone. The services are solution-focused and are limited to addressing challenges related to cancer.

Get more information at **www.bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling**

BC Children's Hospital, Social Work Office

Monday to Friday - 9:00 am– 5:00 pm, call 1.604.875.2149.

Weekend, Universal Closure Day and Statutory Holidays coverage is available from 10:30 a.m. to 10:30 p.m. by paging 1.604.877.2902.

Victoria General Hospital

Contact Catherine Sager, Paediatric Social Worker at 250.727.4000, local 15513.

Camp Goodtimes

www.campgoodtimes.org

Provides a medically supervised, recreational experience for children with cancer and their families.

Camp Mak-A-Dream

www.campdream.org

Offer free programs throughout the year to children, teens, and young adults with cancer.

For Survivors

Adult Childhood Cancer Survivors Program LEAF Clinic

BC Cancer and BC Children's Hospital offers a long-term follow-up program for adult childhood cancer survivors.

Call 604.877.6070 or toll-free 1.844.677.6070 or email ACCS@bccancer.bc.ca for information.

If you would like more information about these or other resources, please contact the BC Cancer Library.

Abbotsford

604.851.4710, ext. 646825 or toll-free 1.877.547.3777

Kelowna

250.712.3900 ext. 686821 or toll-free 1.888.563.7773

Prince George

Toll-free 1.888.675.8001, ext. 8001

Surrey

604.930.2098 ext. 654576 or toll-free 1.800.523.2885

Vancouver

604.675.8001 or toll-free 1.888.675.8001, ext. 8001

Victoria

250.519.5517 or toll-free 1.800.670.3322