

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
Be a survivor : colorectal cancer treatment guide	WI520 L274 2014
Colon & rectal cancer	WI520 R931 2012
Colorectal cancer & you (Booklet)	WI520 C718c 2018
Handbook for new ostomy patients	WI520 H258 2019
Living well with an ostomy	WI520 R277 2012
Patients' guide to colon and rectal cancer	WI520 A287 2013
Patient's guide to colorectal and anal cancer	WI529 Z133p 2013
Positive options for colorectal cancer	WI520 L334 2014
What I learned from cancer	QZ201 M227 2014

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

Colorectal cancer : what you need to know - now

tinyurl.com/y6tkn985

Bowel cancer recovery toolkit

tinyurl.com/p3pgtfoq

Handbook for new ostomy patients

tinyurl.com/ycx93vmn

Ostomy book

tinyurl.com/y2mdc7s4

Patients guide to colon and rectal cancer

tinyurl.com/y4orf8bb

DVDs

Title

Library Call Number

Colorectal cancer forum 2013

WI520 B863 2013

Pamphlets

Colorectal cancer : understanding your diagnosis (Canadian Cancer Society)

cancer.ca/~media/cancer.ca/CW/publications/Colorectal%20UYD/32066-1-NO.pdf

Colorectal cancer care : a cancer care map for patients (BC Cancer)

bccancer.bc.ca/surgical-oncology-network-site/Documents/ColorectalCancerSurgeyCareMap_Web.pdf

Guide for people with colorectal cancer (Nourish)

nourishonline.ca/nourish-extra-a-guide-for-people-with-colorectal-cancer

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about colorectal cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/digestive-system/colorectal

American Cancer Society: cancer.org/cancer/colon-rectal-cancer.html

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/colorectal/colorectal-cancer/?region=bc

Cancer.Net: cancer.net/cancer-types/colorectal-cancer

Colorectal Cancer Canada: colorectalcancercanada.com

MedlinePlus: medlineplus.gov/colorectalcancer.html

National Cancer Institute: cancer.gov/types/colorectal

Ostomy Canada Society: ostomycanada.ca

This site provides information about United Ostomy Association of Canada and its services.

United Ostomy Associations of America: ostomy.org

This site provides information about the United Ostomy Associations of America as well as content about support and advocacy for people with ostomies and their caregivers.

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Colontown: colontown.org/colontown-neighborhoods

Facebook groups for colorectal cancer patients and survivors.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

604.851.4710 x 646825
1.877.547.3777 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

250.712.3900 x 686821
1.888.563.7773 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

1.888.675.8001 x 8001 (toll free)

Victoria

250.519.5517
1.800.670.3322 (toll free)