

Pathfinders provide topic-specific lists of books, DVDs, pamphlets, websites and support programs related to cancer, as well as instructions on where to find each resource. There are unique Pathfinders for a wide range of topics, from coping with a recent diagnosis to life after cancer.

Pathfinders are a starting point for your information-finding journey – many more resources can be found by visiting a BC Cancer Library, Patient and Family Counselling, or the BC Cancer website (www.bccancer.bc.ca). While BC Cancer does recognize the information below as useful, Pathfinders are for educational purposes only and are not a substitute for the advice of your healthcare provider.

HORMONE THERAPY FOR PROSTATE CANCER

Hormone therapy (also called androgen deprivation therapy) is the use of drugs that block the production or release of male hormones or stop the effect of hormones on prostate cancer cells. Men receiving hormone therapy for prostate cancer, or their family or friends, may have questions about how to cope with hormone therapy and its side effects. This Pathfinder can help with these needs and more.

LIBRARY/CANCER INFORMATION CENTRE RESOURCES

The names and call numbers of popular books/DVDs available for loan from the BC Cancer library are listed below. Visit your local BC Cancer library or go to www.bccancer.bc.ca/library to view the complete library catalogue. Most library materials can be mailed to anywhere in BC or the Yukon.

100 questions & answers about cancer symptoms and cancer treatment side effects **QZ201 K29 2010**

Also available online at www.r2library.com/Resource/Title/0763777609. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library.

Androgen Deprivation Therapy (Book) **WJ752 W322 2018**

2014 edition available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10883242>.

Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

Promoting wellness beyond hormone therapy (Book) **WJ752 M938p 2013**

Understanding drugs (Book online)

Available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10440474>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

PAMPHLETS

This list provides the names of just a few of the many pamphlets that are available at BC Cancer centres or online.

Chemotherapy and other drug therapies (Canadian Cancer Society)

Go to www.cancer.ca and click on Support & Services→Publications or pick up a copy from the BC Cancer Library.

Guidelines for the prevention of osteoporosis for men with prostate cancer on hormone therapy

(BC Cancer)

Go to www.bccancer.bc.ca and click on Our Services→Services→Nutrition Services→Nutrition Handouts→Specific Types of Cancer→Prostate Cancer.

RECOMMENDED WEBSITES

This list of websites has been compiled and evaluated by the BC Cancer librarians. For more recommended websites, go to www.bccancer.bc.ca and click on Our Services→Services→Library→Recommended Websites→Managing Symptoms and Side Effects Websites and/or Our Services→Services→Library→Recommended Websites→Types of Cancer Websites→Prostate Websites.

BC Cancer

www.bccancer.bc.ca

Look under Popular Topics for information about chemotherapy protocols and cancer drugs, including patient handouts, or click on Health Info→Coping with Cancer→Managing Symptoms for information about coping with the possible side effects of cancer therapy. For information about prostate cancer treatment, click on Health Info→Types of Cancer→Men's Cancer→Prostate.

American Cancer Society

www.cancer.org

Click on Cancer A-Z→Prostate Cancer→Treating Prostate Cancer→Hormone Therapy.

Detailed information is provided about hormone therapy for prostate cancer, including possible side effects..

Canadian Cancer Society

www.cancer.ca

Click on Cancer Information→Prostate Cancer→Treatment→Hormonal Therapy.

This site includes information about the types of hormone therapy available for prostate cancer and possible side effects. It also includes a link to a list of questions to ask the doctor about hormonal therapy.

Click on About Cancer→Treatment→Types of Treatment→Hormone Therapy and/or Cancer Types→Prostate Cancer→Hormone Therapy for Prostate Cancer.

Provides information about how hormone therapy works, the types of hormone therapy, possible side effects, special diet needs, and working during hormone therapy. There is also specific information about hormone therapy for prostate cancer.

Prostate Cancer Canada

Click on Prostate Cancer→Treatment Options→Androgen Deprivation Therapy (ADT).

This Canadian site provides a description of androgens and their role in prostate cancer, how ADT works and what to expect from ADT treatment, including a description of side effects. Included also are links to webinars about hormone therapy for prostate cancer and a list of support groups in Canada.

If you would like more information about these or other resources, please contact the BC Cancer Library.

Abbotsford	604.851.4710, ext. 646825 or toll-free 1.877.547.3777
Kelowna	250.712.3900 ext. 686821 or toll-free 1.888.563.7773
Prince George	Toll-free 1.888.675.8001, ext. 8001
Surrey	604.930.2098 ext. 654576 or toll-free 1.800.523.2885
Vancouver	604.675.8001 or toll-free 1.888.675.8001, ext. 8001
Victoria	250.519.5517 or toll-free 1.800.670.3322