

Pathfinders provide topic-specific lists of books, DVDs, pamphlets, websites and support programs related to cancer, as well as instructions on where to find each resource. There are unique Pathfinders for a wide range of topics, from coping with a recent diagnosis to life after cancer. Pathfinders can be found at www.bccancer.bc.ca/library.

Pathfinders are a starting point for your information-finding journey – many more resources can be found by visiting a BC Cancer Library, Patient and Family Counselling, or the BC Cancer website (www.bccancer.bc.ca). While BC Cancer does recognize the information below as useful, Pathfinders are for educational purposes only and are not a substitute for the advice of your healthcare provider.

LGBT2Q+ Health

LGBT2Q+ individuals who have been diagnosed with cancer may have unique health or other concerns. At times, it can be challenging to find an LGBT2Q+ perspective within traditional sources. The following Pathfinder will give you a place to start. It can guide you to support services and other resources to answer your questions

LIBRARY/CANCER INFORMATION CENTRE RESOURCES

The names and call numbers of popular books/DVDs available for loan from the BC Cancer Library are listed below. Visit your local BC Cancer Library or go to www.bccancer.bc.ca/library to view the complete library catalogue. Most library materials can be mailed to anywhere in BC or the Yukon.

Advocate guide to gay men's health and wellness (Book)	WA306 S65 2008
Breaking boundaries : LGBTQ2 writers on coming out and into Canada (Book)	WA300 B828 2017
Coming out again: lesbians speaking out about cancer (DVD)	QZ201 C733r 2006
Coming out of cancer: writings from the lesbian cancer epidemic (Book)	QZ201 C733 2000
Feeling wrong in your own body : understanding what it means to be transgender (Book)	WA300 S443 2011

Gender quest workbook : a guide for teens and young adults exploring gender identity (eBook)

Available at <http://search.ebscohost....ebk&db=nlabk&AN=1105028>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library.

Remedy : queer and trans voices on health and health care (eBook)

Available at <http://search.ebscohost....ebk&db=nlabk&AN=1699045>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library.

Surviving cancer as a family and helping co-survivors thrive (Book)

QZ200 S963 2010

Trans bodies, trans selves : a resource for the transgender community (eBook)

Available at <http://search.ebscohost....lebk&db=nlabk&AN=772837>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library.

Two-spirit journey : the autobiography of a lesbian Ojibwa-Cree elder (eBook)

Available at <http://search.ebscohost....ebk&db=nlabk&AN=1467598>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library.

Cancer Site-Specific Resources

Dance with cancer: 5 gay men confront prostate cancer (DVD)

WJ752 D173 2009

What every gay man needs to know about prostate cancer (Book)

WJ752 W555 2013

PAMPHLETS

This list provides the names of just a few of the many pamphlets that are available at BC Cancer centres or online.

Sex, intimacy and cancer (Canadian Cancer Society)

Go to www.cancer.ca and click on Support & Services→Publications or pick up a copy from the BC Cancer Library.

RECOMMENDED WEBSITES

This list of websites has been compiled and evaluated by the BC Cancer librarians. For more recommended websites, go to www.bccancer.bc.ca and click on Our Services→Services→Library→Recommended Websites→Living with Cancer Websites→LGBT with Cancer Websites.

American Cancer Society

www.cancer.org

Click on Stay Healthy→Cancer Screening Guidelines and choose either Men's Health or Women's Health to find Cancer Facts for Gay and Bisexual Men or Cancer Facts for Lesbians and Bisexual Women.

Cancer's Margins

www.lgbtcancer.ca

Videos of people in the LGBT2Q community discussing their experiences with cancer. Also provides a list of LGBT2Q resources.

Centers for Disease Control and Prevention

www.cdc.gov/lgbthealth/index.htm

Provides health information for gay and bisexual men, lesbian and bisexual women, transgender persons and youth.

MedlinePlus

medlineplus.gov

Click on Health Topics→Population Groups→Gay, Lesbian, Bisexual and Transgender Health.

Provides links to information about lesbian, bisexual and transgender health.

National LGBT Cancer Network

www.cancer-network.org

This US website provides information about cancer for gay and bisexual men, lesbian and bisexual women and transgender persons. It also provides an online support group and cultural competence training for healthcare professionals.

Trans Care BC

www.phsa.ca/transcarebc

Provides information about accessing care, peer and community support, hormones, surgery, and children and youth.

SUPPORT PROGRAMS

This section provides a list of relevant support programs offered by community organizations or BC Cancer. BC Cancer centres generally offer monthly support groups, sometimes specific to particular types of cancer. Also offered are facilitated groups to help with stress reduction, including mindfulness based stress reduction, relaxation and stress management, and therapeutic touch. Support programs offered at each BC Cancer location can be found on the BC Cancer website at:

www.bccancer.bc.ca/our-services/services/support-programs

BC Cancer Patient & Family Counselling

This service is available to anyone in BC who has received a diagnosis of cancer, as well as those supporting them. Counselling is available to individuals, couples, and families, either in person or over the phone. The services are solution-focused and are limited to addressing challenges related to cancer.

Get more information at www.bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Cancer Chat Canada

www.cancerchatcanada.ca

An online support group for people with cancer.

Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society)

www.cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Peer Support (Canadian Cancer Society)

<https://match.cancer.ca>

A service that allows people with cancer to match with a trained cancer survivor volunteer. Patients can select their match online based on criteria important to them (eg. cancer type, gender, age, etc.). Once the match is made, volunteers listen and provide support via the telephone.

Call 1.888.939.3333.

Prism (Vancouver Coastal Health)

Prism refers individuals to LGBT2Q+ groups, counselling, resource information and services in the community.

Call 604.331.8900 for information.

Trans Care BC

www.phsa.ca/transcarebc

Provides a list of transgender health services in BC.

If you would like more information about these or other resources, please contact one of the BC Libraries.

Abbotsford	604.851.4710, ext. 646825 or toll-free 1.877.547.3777
Kelowna	250.712.3900 ext. 686821 or toll-free 1.888.563.7773
Prince George	Toll-free 1.888.675.8001, ext. 8001
Surrey	604.930.2098 ext. 654576 or toll-free 1.800.523.2885
Vancouver	604.675.8001 or toll-free 1.888.675.8001, ext. 8001
Victoria	250.519.5517 or toll-free 1.800.670.3322