

## BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to [bccancer.bc.ca/library](http://bccancer.bc.ca/library) to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

### Books

Title	Library Call Number
100 questions & answers about leukemia	WH250 B187 2013
Patient's guide to leukemia	WH250 M878p 2011
Understanding CLL & SLL	WH250 L986 2016

### eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

#### 100 questions & answers about leukemia

[tinyurl.com/y2yjczzvh](http://tinyurl.com/y2yjczzvh)

#### Patients' guide to leukemia

[tinyurl.com/yy4o5q8x](http://tinyurl.com/yy4o5q8x)

### Pamphlets

#### BC blood cancer resource guide (Leukemia & Lymphoma Society of Canada)

[llscanada.org/bcyukon-region/british-columbia-blood-cancer-resource-guide](http://llscanada.org/bcyukon-region/british-columbia-blood-cancer-resource-guide)

#### Healthy gut guide: for people with chronic myeloid leukemia (Nourish)

[nourishonline.ca/the-healthy-gut-guide](http://nourishonline.ca/the-healthy-gut-guide)

#### Leukemia: understanding your diagnosis (Canadian Cancer Society)

[cancer.ca/~media/cancer.ca/CW/publications/Leukemia%20UYD/32047-1-NO.pdf](http://cancer.ca/~media/cancer.ca/CW/publications/Leukemia%20UYD/32047-1-NO.pdf)

## Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about leukemia. For a complete list of websites recommended by the BC Cancer librarians, go to [bccancer.bc.ca/library](http://bccancer.bc.ca/library).

**Canadian Cancer Society:** [cancer.ca/en/cancer-information/cancer-type/leukemia/leukemia/?region=bc](http://cancer.ca/en/cancer-information/cancer-type/leukemia/leukemia/?region=bc)

**Leukemia/Bone Marrow Transplant Program of BC:** [leukemiabmtprogram.org](http://leukemiabmtprogram.org)

Information about the Leukemia/Bone Marrow Transplant Program of British Columbia including: Treatment Options provided by the Program; Issues around coping and support - both emotional and financial aspects; Available resources for patients and families; Information for stem cells and marrow donors; and Cancer Management Guidelines.

**Leukemia & Lymphoma Society of Canada:** [lscanada.org](http://lscanada.org)

Provides information for patients and caregivers about leukemia, lymphoma, and myeloma and managing cancer. Includes a contact number for information and support and a live chat.

**National Cancer Institute:** [cancer.gov/types/leukemia](http://cancer.gov/types/leukemia)

## Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

[bccancer.bc.ca/supportprograms](http://bccancer.bc.ca/supportprograms)

**BC Cancer Patient & Family Counselling:** [bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling](http://bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling)

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

**Cancer Chat Canada:** [cancerchat.desouzainstitute.com](http://cancerchat.desouzainstitute.com)

An online support group for people with cancer. Call 1.844.725.2476 for information.

**CancerConnection.ca** (Canadian Cancer Society): [cancerconnection.ca](http://cancerconnection.ca)

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

**Leukemia & Lymphoma Society of Canada:** [llscanada.org/support-resources](https://llscanada.org/support-resources)

“First Connection” peer support program, online support groups and online chats.

## BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

### Abbotsford

604.851.4710 x 646825  
1.877.547.3777 (toll free)

### Kelowna

250.712.3900 x 686821  
1.888.563.7773 (toll free)

### Prince George

1.888.675.8001 x 8001 (toll free)

### Surrey

604.930.2098 x 654576  
1.800.523.2885 (toll free)

### Vancouver

604.675.8001  
1.888.675.8001 x 8001

### Victoria

250.519.5517  
1.800.670.3322 (toll free)