

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
100 questions & answers about mesothelioma	WF658 P285 2014
ABC's of lung cancer for patients and advocates	WF658 D676 2016
Be a survivor: lung cancer treatment guide	WF658 L256 2012
Cleveland Clinic guide to lung cancer	WF658 M478 2010
Lung cancer : from diagnosis to treatment	WF658 S431 2018
Lung cancer : your questions, your answers	WF658 S334 2017
Patient's guide to lung cancer	WF658 K63 2011
Understanding lung cancer	WF658 A398 2014

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about lung cancer

tinyurl.com/y3crpupu

100 questions & answers about mesothelioma

tinyurl.com/y47rp42j

Lung cancer: from diagnosis to treatment

tinyurl.com/y4jxuxbo

Patients' guide to lung cancer

r2library.com/Resource/Title/0763774367

Understanding lung cancer

tinyurl.com/y3fuuxcu

DVDs

Title	Library Call Number
Dyspnea: the feeling of breathlessness	QZ266 M928 2009
Managing shortness of breath	QZ266 M266 2011

Pamphlets

Breathlessness (BC Cancer)

Go to bccancer.bc.ca/coping and click on Managing Symptoms & Side Effects → Breathlessness.

Inspire: coping with lung cancer: the emotional journey: for the patient (Canadian Association of Psychosocial Oncology)

Available from the BC Cancer Library.

Inspire: coping with lung cancer: emotional support and help for caregivers (Canadian Association of Psychosocial Oncology)

Available from the BC Cancer Library.

Lung cancer: understanding your diagnosis (Canadian Cancer Society)

cancer.ca/~media/cancer.ca/CW/publications/Lung%20cancer%20UYD/32088-1-NO.pdf

Patient's guide to lung cancer (Lung Cancer Canada)

Available at lungcancer canada.ca/Resources/Patient-Guide.aspx

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about lung cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/lung

American Lung Association: lung.org/lung-health-diseases/lung-disease-lookup/lung-cancer

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/lung/lung-cancer/?region=bc

Cancer.Net: cancer.net/cancer-types/lung-cancer-non-small-cell or cancer.net/cancer-types/lung-cancer-small-cell

Lung Cancer Canada: lungcancer.ca

Information on patient support as well as educational resources for patients, family members, healthcare professionals and the general public can be found here. This website also has a list of clinical trials for lung cancer patients in Canada (scroll down to Clinical Trials under the Lung Cancer tab). There is also a very helpful video about managing shortness of breath.

Lungcancer.org: www.lungcancer.org

Information for lung cancer patients, caregivers and support persons, as well as healthcare professionals can be found here.

National Cancer Institute: cancer.gov/types/lung

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support.

Lung Cancer Canada Peer to Peer Navigators: lungcancer.ca/Resources/Patient-Support-Groups.aspx

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Prince George

1.888.675.8001 x 8001 (toll free)

Victoria

250.519.5517
1.800.670.3322 (toll free)