

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
100 questions & answers about lymphoma	WH525 H747 2016
Living with lymphoma	WH525 A237 2016
Understanding CLL & SLL	WH250 L986 2016
Understanding Hodgkin lymphoma	WH500 L986 2016
Understanding NHL	WH525 L986 2016

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about lymphoma

tinyurl.com/y47cid76

Johns Hopkins patients' guide to lymphoma

r2library.com/Resource/Title/076378513X

DVDs

Title	Library Call Number
Lymphoid cancer education forum 2013	WH525 L986b 2013

Online Videos

Lymphoid cancer education forum (BC Cancer)

bccancer.bc.ca/health-info/coping-with-cancer/video-resources#568

Pamphlets

BC blood cancer resource guide (Leukemia & Lymphoma Society of Canada)

llscanada.org/bcyukon-region/british-columbia-blood-cancer-resource-guide

Non-Hodgkin lymphoma: understanding your diagnosis (Canadian Cancer Society)

cancer.ca/~media/cancer.ca/CW/publications/Non-hodgkin%20lymphoma%20UYD/32049-1-NO.pdf

Understanding CLL & SLL (Lymphoma Canada)

lymphoma.ca/wp-content/uploads/2020/05/20200430-CLL-SLL-WEB.pdf

Understanding Hodgkin lymphoma (Lymphoma Canada)

lymphoma.ca/wp-content/uploads/2020/05/20200430-HL-WEB.pdf

Understanding NHL (Lymphoma Canada)

lymphoma.ca/wp-content/uploads/2020/05/2020430-NHL-Interior-WEB.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about lymphoma. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/blood-lymphoid

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/non-hodgkin-lymphoma/non-hodgkin-lymphoma/?region=bc or cancer.ca/en/cancer-information/cancer-type/hodgkin-lymphoma/hodgkin-lymphoma/?region=bc

Leukemia/Bone Marrow Transplant Program of BC: leukemiabmtprogram.org

Information about the Leukemia/Bone Marrow Transplant Program of British Columbia including: Treatment Options provided by the Program; Issues around coping and support - both emotional and financial aspects; Available resources for patients and families; Information for stem cells and marrow donors; and Cancer Management Guidelines.

Leukemia & Lymphoma Society of Canada: llscanada.org

Provides information for patients and caregivers about leukemia, lymphoma, and myeloma and managing cancer. Includes a contact number for information and support and a live chat.

Life Beyond Lymphoma: lymphoma.ca/life-beyond

Created for lymphoma patients who are in the off-treatment phase of their journey. A unique feature of Life Beyond Lymphoma is that it offers a conversational, interactive experience that guides you to the information on lymphoma survivorship that is most relevant for you.

Lymphoma Canada: lymphoma.ca

Provides information about diagnosis, treatment, advanced cancer, post-treatment, caregiver support, coping, nutrition, financial resources and much more.

Lymphoma Research Foundation: lymphoma.org

Provides information, webcasts, podcasts, teleconferences, support and resources about lymphoma.

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Leukemia & Lymphoma Society of Canada: llscanada.org/support-resources

“First Connection” peer support program, online support groups and online chats.

Lymphoma Canada Peer Support Program

lymphoma.ca/resources/support/peer-support-program

A peer mentoring program for patients and caregivers.

Lymphoma Canada Support Group

wellspring.ca/online-programs/programs/all-programs/lymphoma-canada-support-group

Virtual support group.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Prince George

1.888.675.8001 x 8001 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Victoria

250.519.5517
1.800.670.3322 (toll free)