

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
Cooking - comfort - care : nourishment for the pancreatic cancer fight	WI810 P188 2016
Clinical trials : understanding how pancreatic cancer clinical trials work	WI810 P188c 2016
Diet and nutrition	WI810 P188d 2017
Dream new dreams	QZ201 P334 2012
Hospice : end of life care in pancreatic cancer	WI810 P188h 2016
Overview of pancreatic cancer	WI810 P188o 2016
Pancreatic cancer	WI810 L765 2011
Patients' guide to pancreatic cancer	WI810 A287 2011
Supportive (palliative) care: quality of life and practical care in pancreatic cancer	WI810 P188s 2017

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about pancreatic cancer

tinyurl.com/y6ac9qfm

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have

information about pancreatic cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/digestive-system/pancreas

American Cancer Society: cancer.org/cancer/pancreatic-cancer.html

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-types/pancreatic

Cancer.Net: cancer.net/cancer-types/pancreatic-cancer

Lustgarten Foundation: lustgarten.org

This U.S. website contains information about pancreatic cancer, clinical trials, managing side effects, hereditary cancer, caregiver resources, and news and events.

National Cancer Institute: cancer.gov/types/pancreatic

Pancreas Centre BC: pancreascentrebc.ca

This website provides information about risks, diagnosis, treatment and research projects in BC.

Pancreatic Canada Cancer: pancreaticcancercanada.ca

Pancreatica: pancreatica.org

This website includes Frequently Asked Questions, abstracts of journal articles and stories of inspiration from survivors.

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Pancreatic Cancer Canada Peer Support: pancreaticcancerCanada.ca/peer-support

Wellspring Pancreatic Cancer Peer Support: wellspring.ca/online-programs/programs/all-programs/pancreatic-cancer-peer-support

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Prince George

1.888.675.8001 x 8001 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Victoria

250.519.5517
1.800.670.3322 (toll free)