

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
Beauty pearls for chemo girls	QZ200 M217 2009
Body image workbook	WM172 C338 2008
Crazy sexy cancer tips	QZ201 C311 2007
Pretty sick	QZ200 K47 2017

Pamphlets

Resources for Hair Loss and Appearance Changes (BC Cancer)

bccancer.bc.ca/coping-and-support-site/Documents/Resources%20for%20hair%20loss%20and%20appearance%20changes.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about personal appearance. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library

BC Cancer: bccancer.bc.ca/health-info/coping-with-cancer/managing-symptoms-side-effects/hair-loss-appearance-changes

Look Good Feel Better: lgfb.ca

Canadian website includes how-to videos for skin care, makeup, and hair and information about their free workshops.

Look Good Feel Better For Men: lookgoodfeelbetterformen.org

Hair, skin, and body care tips for men dealing with cancer.

Support Programs

This section provides a list of relevant support programs offered by community organizations or BC Cancer. Support programs offered at each BC Cancer location can be found on the BC Cancer website at:

bccancer.bc.ca/our-services/services/support-programs

Look Good Feel Better Program: lgfb.ca

A free workshop committed to helping women manage the appearance-related effects of cancer and its treatment. Register online or if you do not have online access to register, call 1.800.914.5665.

Wigs & Head Coverings: cancer.ca/en/support-and-services/support-services/wigs-and-prosthesis

No cost head coverings or wigs may be available from a Canadian Cancer Society location at or near your cancer centre. Call 1.888.939.3333 for more information.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Prince George

1.888.675.8001 x 8001 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Victoria

250.519.5517
1.800.670.3322 (toll free)