

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
100 questions & answers about prostate cancer	WJ762 E49 2015
Androgen deprivation therapy	WJ752 W322 2018
Canadian guide to prostate cancer	WJ752 J32 2013
Do You Have Prostate Cancer?	WJ762 R592d 2016
Intelligent patient guide to prostate cancer	WJ752 G518 2014
Managing prostate cancer	WJ752 R845 2015
Mayo Clinic essential guide to prostate cancer	WJ752 M473 2015
Promoting wellness beyond hormone therapy	WJ752 M938p 2013
Promoting wellness for prostate cancer patients	WJ762 M938pr 2013
Prostate cancer and the man you love	WJ752 K19p 2012
Prostate cancer : a new approach to treatment and healing	WJ762 R592 2016
Prostate cancer : thriving through treatment to recovery	WJ762 P945 2019
Prostate cancer strikes	WJ762 G135 2019

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about prostate cancer

tinyurl.com/y5wgtceo

Androgen deprivation therapy

tinyurl.com/y3bev6zh

Before and after radical prostate surgery

tinyurl.com/y6x9ormc

Canadian guide to prostate cancer

tinyurl.com/y5lmtmp8

Promoting wellness for prostate cancer patients

tinyurl.com/y2tbolwd

Prostate cancer : from diagnosis to treatment

tinyurl.com/zuj0shb0

Pamphlets

Eat well tips for men with prostate cancer (Nourish)

nourishonline.ca/nourish-extra-eat-well-tips-for-men-with-prostate-cancer

Guidelines for the prevention of osteoporosis for men with prostate cancer on hormone therapy (BC Cancer)

bccancer.bc.ca/nutrition-site/Documents/Patient%20Education/Prevention-of-osteoporosis-men-with-prostate.pdf

Nutrition guide for men with prostate cancer (BC Cancer)

bccancer.bc.ca/nutrition-site/Documents/Patient%20Education/nutrition_guide_for_men_with_prostate_cancer.pdf

Prostate cancer: understanding your diagnosis (Canadian Cancer Society)

cancer.ca/~media/cancer.ca/CW/publications/Prostate%20cancer%20UYD/32068-1-NO.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about pancreatic cancer. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library.

BC Cancer: bccancer.bc.ca/health-info/types-of-cancer/pelvic-area/prostate

American Cancer Society: cancer.org/cancer/prostate-cancer.html

Canadian Cancer Society: cancer.ca/en/cancer-information/cancer-type/prostate/prostate-cancer/?region=bc

Cancer.Net: [cancer.net/cancer-types/prostate-cancer](https://www.cancer.net/cancer-types/prostate-cancer)

Decision Support: decisionhelp.qcancercare.com

Answers frequently asked questions from men recently diagnosed with prostate cancer and provides step-by-step help with choosing treatment.

If I Were Tom: ifiweretom.ca

Prostate Cancer Canada: prostatecancer.ca

Vancouver Prostate Centre: prostatecentre.com

Support Programs

This is a list of support programs offered by community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

BC Cancer Prostate Cancer Supportive Care Program: pcscprogram.ca

A comprehensive survivorship program for men with prostate cancer, their partners and families from the time of diagnosis onwards, which provides support with treatment decision making, rehabilitation needs post-treatment and lifestyle management.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society): cancerconnection.ca

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Island Prostate Centre: islandprostatecentre.com

Prostate Cancer BC Support Groups: prostatecancerbc.ca/home/support-groups

TrueNTH: peernavigation.truenth.ca/start/pcc-i8/index.html

A free navigation program that puts you in touch with someone who has experienced prostate cancer and is trained to support you along your journey.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Prince George

1.888.675.8001 x 8001 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Victoria

250.519.5517
1.800.670.3322 (toll free)