

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
And in health: a guide for couples facing cancer together	QZ201 S529 2013
Better sex through mindfulness	WP610 B874 2018
Having children after cancer	WP570 S534 2011
Intimacy after breast cancer	WP870 M231 2010
Man cancer sex	QZ200 K19m 2010
Prostate cancer and the man you love	WJ752 K19p 2012
Return to sex & intimacy	QZ200 R968 2017
Stand by her: a breast cancer guide for men	WP870 A547 2010
What every gay man needs to know about prostate cancer	WJ752 W555 2013
Woman cancer sex	QZ200 K19w 2020

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

100 questions & answers about breast cancer sensuality, sexuality, and intimacy

tinyurl.com/yxmcah7x

Pamphlets

My partner has breast cancer: how can I help? (BC/Yukon Women’s Cancer Alliance)

[bccancer.bc.ca/coping-and-support-site/Documents/Support%20Programs/Partner has cancer 2012.pdf](http://bccancer.bc.ca/coping-and-support-site/Documents/Support%20Programs/Partner%20has%20cancer%202012.pdf)

Sex, intimacy and cancer (Canadian Cancer Society)

cancer.ca/~media/cancer.ca/CW/publications/Sex%20intimacy%20and%20cancer/32061-1-NO.pdf

Sexual health & cancer (BC Cancer)

bccancer.bc.ca/coping-and-support-site/Documents/Sexual_health_cancer.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about sexuality and partner support. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library

BC Cancer: bccancer.bc.ca/health-info/coping-with-cancer/managing-symptoms-side-effects/sexual-health

American Cancer Society: cancer.org/treatment/treatments-and-side-effects/physical-side-effects/fertility-and-sexual-side-effects.html

Canadian Cancer Society: cancer.ca/en/cancer-information/diagnosis-and-treatment/managing-side-effects/fertility-problems

Cancer.Net: cancer.net/navigating-cancer-care/dating-sex-and-reproduction

Fertile Future: fertilefuture.ca

A Canadian website that provides fertility preservation information and support to cancer patients. Includes information about the Power of Hope Cost Reduction Program and a list of Power of Hope fertility centres in Canada.

FertilityMatters.ca: fertilitymatters.ca

Save My Fertility: savemyfertility.org

Sex & U: sexandu.ca

Support Programs

This is a list of support programs offered at community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

Prostate Cancer Supportive Care Program: pcscprogram.ca

Includes a module on “Managing the Impact of Prostate Cancer Treatments on Sexual Function and Intimacy.” Physician referral required.

UBC Sexual Medicine Program: psychiatry.ubc.ca/about/divisions-programs/sexual-med

Patients (couples or single) require a physician or nurse practitioner referral.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Prince George

1.888.675.8001 x 8001 (toll free)

Victoria

250.519.5517
1.800.670.3322 (toll free)