

BC Cancer Library and Cancer Information Centre Resources

Visit your local BC Cancer Library or go to bccancer.bc.ca/library to see the complete library catalogue. Most library materials can be mailed anywhere in B.C. or the Yukon.

Books

Title	Library Call Number
Beyond surviving : cancer and your spiritual journey	QZ201 M194 2016
Care of the soul	WM61 M824 1992
Faith : trusting your own deepest experience	WM61 S186 2002
Kitchen table wisdom	WM172 R386 1996
Life prayers	WM61 L722r 1996
Living beautifully with uncertainty and change	WM61 C545 2019
Making peace with God	BS195 B655 2003
Prayer is good medicine	W61 D724p 1996
Prayers for healing	WM61 P921 1997
Quiet moments : a collection of prayers & meditations	WM61 Q6 1989
Simple abundance	WM61 B828s 1995
Spiritual crisis of cancer	WM61 C213 1989
What Buddhists believe	WM61 H313 1998
When things fall apart	WM61 C434 2002

eBooks

Patients and the public of B.C. and the Yukon can access these online books by calling 1.888.675.8001 x 7000 (toll-free) to get a username and password from the Library.

Healing with spiritual practices

tinyurl.com/94ngz2a0

DVDs

Title	Library Call Number
Engaging spirituality on the cancer journey	QZ200 B366a 2006 v.12

Pamphlets

Spiritual health (BC Cancer)

bccancer.bc.ca/coping-and-support-site/Documents/BCCancer_SpiritualHealth_Brochure.pdf

Recommended Websites

These websites have been reviewed and approved by the BC Cancer librarians. These websites have information about spirituality. For a complete list of websites recommended by the BC Cancer librarians, go to bccancer.bc.ca/library

BC Cancer: bccancer.bc.ca/our-services/services/supportive-care/spiritual-health

Canadian Cancer Society: cancer.ca/en/cancer-information/living-with-cancer/spirituality-and-cancer/?region=bc

CancerCare: cancercare.org/publications/56-strengthening_the_spirit

US National Cancer Institute: cancer.gov/about-cancer/coping/day-to-day/faith-and-spirituality

US National Comprehensive Cancer Network: nccn.org

Go to Patient and Caregiver Resources → Life with Cancer → Finding Comfort in Spirituality.

Support Programs

This is a list of support programs offered at community organizations and BC Cancer. BC Cancer centres generally offer monthly support groups. Your centre may also offer facilitated groups to help with stress, including mindfulness-based stress reduction, relaxation and stress management, and therapeutic touch.

You can find support programs offered at each BC Cancer centre on the BC Cancer website:

bccancer.bc.ca/supportprograms

BC Cancer Patient & Family Counselling: bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling

Available to anyone in B.C. who has a cancer diagnosis, as well as those supporting them. Counselling available for individuals, couples, and families, either in-person or over the phone. Services are solution-focused and are limited to addressing challenges related to cancer.

BC Cancer Spiritual Health Practitioners

To connect with a Spiritual Health Practitioner, call 604.877.6000 ext. 672194.

Cancer Chat Canada: cancerchat.desouzainstitute.com

An online support group for people with cancer. Call 1.844.725.2476 for information.

BC Cancer Libraries

If you want more information about these or other resources, please contact one of the BC Cancer libraries.

Abbotsford

604.851.4710 x 646825
1.877.547.3777 (toll free)

Surrey

604.930.2098 x 654576
1.800.523.2885 (toll free)

Kelowna

250.712.3900 x 686821
1.888.563.7773 (toll free)

Vancouver

604.675.8001
1.888.675.8001 x 8001

Prince George

1.888.675.8001 x 8001 (toll free)

Victoria

250.519.5517
1.800.670.3322 (toll free)