

Pathfinders provide topic-specific lists of books, DVDs, pamphlets, websites and support programs related to cancer, as well as instructions on where to find each resource. There are unique Pathfinders for a wide range of topics, from coping with a recent diagnosis to life after cancer. Pathfinders can be found at www.bccancer.bc.ca/library.

Pathfinders are a starting point for your information-finding journey – many more resources can be found by visiting a BC Cancer Library, Patient and Family Counselling, or the BC Cancer website (www.bccancer.bc.ca). While BC Cancer does recognize the information below as useful, Pathfinders are for educational purposes only and are not a substitute for the advice of your healthcare provider.

UTERINE / ENDOMETRIAL CANCER

Uterine cancer is cancer that starts in the uterus or womb, part of the female reproductive system. Endometrial cancer is the most common type of uterine cancer and starts in the endometrium or lining of the uterus. If you are dealing with uterine cancer, or if you are a friend, family member, or caregiver of a uterine cancer patient, you may be looking for information to help you understand and cope with the disease, searching for reliable online resources, or wanting to connect with someone going through a similar journey. This Pathfinder can help with these needs and more.

LIBRARY/CANCER INFORMATION CENTRE RESOURCES

The names and call numbers of popular books/DVDs available for loan from the BC Cancer Library are listed below. Visit your local BC Cancer Library or go to www.bccancer.bc.ca/library to view the complete library catalogue. Most library materials can be mailed to anywhere in BC or the Yukon.

100 questions & answers about uterine cancer (Book)	WP458 D622 2010
Also available online at http://site.ebrary.com/lib/bccancer/reader.action?docID=10530074 . Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.	
Cancer sourcebook for women (Book)	WP145 C215s 2010
Fast facts: gynecologic cancer (Book)	WP145 S525 2010
Gynecological cancer education forum 2013 (DVD)	WP145 B862 2013

Patients' guide to uterine cancer (Book)

WP458 D542 2010

Also available online at <http://site.ebrary.com/lib/bccancer/reader.action?docID=10530226>. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.

Women's cancers (Book)

WP145 W872 2011

Women's cancers: pathways to living (Book)

WP145 S657 2016

PAMPHLETS

This list provides the names of just a few of the many pamphlets that are available at BC Cancer centres or online.

Taking it step by step: a guide for women diagnosed with gynecological cancer

Go to www.bccancer.bc.ca and click on Health Info→Types of Cancer→Women's Cancer→Uterus / Endometrium to find a link to this guide online or pick up a copy from the BC Cancer Library.

RECOMMENDED WEBSITES

This list of websites has been compiled and evaluated by the BC Cancer librarians. For more recommended websites, go to www.bccancer.bc.ca and click on Our Services→Services→Library→Recommended Websites→Types of Cancer Websites→Uterus / Endometrium Websites.

BC Cancer

www.bccancer.bc.ca

Click on Health Info→Types of Cancer→Women's Cancer→Uterus.

The BC Cancer website provides information about uterine cancer for patients and the public. Topics include what causes uterine cancer, prevention, screening, signs and symptoms, diagnosis, types & stages as well as treatment and follow-up. There is also a link to the guide, "Taking it step by step: a guide for women diagnosed with gynecological cancer."

American Cancer Society

www.cancer.org

Click on Cancer A-Z→View all cancer types→Endometrial Cancer or Uterine Sarcoma.

Information about life changes caused by uterine or endometrial cancer as well as treatment decisions can be found here. Keep in mind that the support resources listed on this website are for American patients.

Canadian Cancer Society

www.cancer.ca

Click on Cancer Information→Cancer Types→More cancer types→Uterine.

This website includes information signs & symptoms, diagnosis, pathology & staging, treatment, supportive care, research & development, statistics and prognosis & survival. Available also are links to support services in BC and the rest of Canada (Cancer Information Service and a Community Services Locator). A list of "Questions to Ask Your Healthcare Team" is also available.

Click on Types of Cancer→Uterine Cancer.

In addition to a review of uterine cancer and its treatment, this site includes sections titled “Latest Research” and “Medical Illustrations.” A section titled “Questions to Ask the Doctor” may help when preparing for appointments.

National Cancer Institute**www.cancer.gov**

Click on Cancer Types→ Uterine Cancer.

This website contains a lot of information about the treatment of uterine cancer and information related to prevention, genetics, and risk factors. This website can be viewed in English and in Spanish.

SUPPORT PROGRAMS

This section provides a list of relevant support programs offered by community organizations or BC Cancer. BC Cancer centres generally offer monthly support groups, sometimes specific to particular types of cancer. Also offered are facilitated groups to help with stress reduction, including mindfulness based stress reduction, relaxation and stress management, and therapeutic touch. Support programs offered at each BC Cancer location can be found on the BC Cancer website at:

www.bccancer.bc.ca/our-services/services/support-programs

BC Cancer Patient & Family Counselling

This service is available to anyone in BC who has received a diagnosis of cancer, as well as those supporting them. Counselling is available to individuals, couples, and families, either in person or over the phone. The services are solution-focused and are limited to addressing challenges related to cancer.

Get more information at **www.bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling**

Cancer Chat Canada**www.cancerchatcanada.ca**

An online support group for people with cancer.

Call 1.844.725.2476 for information.

CancerConnection.ca (Canadian Cancer Society)**www.cancerconnection.ca**

An online community for cancer patients, caregivers, friends and family. A safe place to connect and find support. Regular webcasts are available on demand on a series of topics relevant to people with cancer including physical activity, relationships and complementary therapies.

Peer Support (Canadian Cancer Society)**<https://match.cancer.ca>**

A service that allows people with cancer to match with a trained cancer survivor volunteer. Patients can select their match online based on criteria important to them (eg. cancer type, gender, age, etc.). Once the match is made, volunteers listen and provide support via the telephone.

Call 1.888.939.3333.

If you would like more information about these or other resources, please contact one of the BC Cancer Libraries.

Abbotsford	604.851.4710, ext. 646825 or toll-free 1.877.547.3777
Kelowna	250.712.3900 ext. 686821 or toll-free 1.888.563.7773
Prince George	Toll-free 1.888.675.8001, ext. 8001
Surrey	604.930.2098 ext. 654576 or toll-free 1.800.523.2885
Vancouver	604.675.8001 or toll-free 1.888.675.8001, ext. 8001
Victoria	250.519.5517 or toll-free 1.800.670.3322