

1. **Videos:** [Advance Care Planning - 5 Steps](#)

Available in these other languages:

French

Punjabi

Simplified Chinese

Traditional Chinese

2. **Cancer and Advance Care Planning: You've been Diagnosed with Cancer. Now What?**

<http://www.bccancer.bc.ca/new-patients-site/Documents/ACP-you've-been-diagnosed-with-cancer.pdf>

3. **My Voice: Expressing My Wishes for Future Health Care**

- [English Version](#)
- [Punjabi Version](#)
- [Simplified Chinese Version](#)

A BC Ministry of Health guide to creating your own advance care plan.

4. **For more information including fact sheets and workshops:**

[https://www.fraserhealth.ca/health-topics-a-to-z/advance-care-planning#.W-Hi\\_tJKjb2](https://www.fraserhealth.ca/health-topics-a-to-z/advance-care-planning#.W-Hi_tJKjb2)  
(Not available on Internet Explorer)

5. **Speak Up Campaign**

[www.advancecareplanning.ca](http://www.advancecareplanning.ca)

- Cancer and Advance Care Planning Booklet
- Videos
- Fact Sheets
- Conversation Starters

6. **Nidus Personal Planning Resource Centre and Registry**

<http://www.nidus.ca/>

7. **PREPARE**

<https://www.prepareforyourcare.org/?signup>

Web based advance care planning tool for patients and families available in other languages.