

Patient's Name: _____

Date: _____

XEROSTOMIA

Normal <ul style="list-style-type: none">• Refer to pretreatment nursing assessment or dental evaluation	
Onset <ul style="list-style-type: none">• When did symptoms begin?	
Provoking / Palliating <ul style="list-style-type: none">• What makes it better? Worse?• Is it worse at night?• Is it worse on CPAP?	
Quality (in last 24 hours) <ul style="list-style-type: none">• Do you have a dry mouth? (e.g. decrease in amount or consistency of saliva)• Do you have any redness, blisters, ulcers, cracks, or white patchy areas? If so, are they isolated, generalized, clustered or patchy?	
Region / Radiation – NA	
Severity / Other Symptoms <ul style="list-style-type: none">• How bothersome is this symptom to you? (0-10 scale, with 0 not at all – 10 being worst imaginable)• Have you been experiencing any other symptoms?• How does the surrounding skin look?• Foul breath?	
Treatment <ul style="list-style-type: none">• Using any oral rinses? If so, what type? Effective? Using any salivary substitutes or stimulants? If so, what type? Effective?• Using any pain medications? If so, what type (topical, systemic)? Effective?• Any other medications or treatments? If so, what type (topical, systemic)? Effective?	
Understanding / Impact on You	

<ul style="list-style-type: none">• Functional Alterations?	
Value <ul style="list-style-type: none">• What is your comfort goal or acceptable level for this symptom (0 – 10 scale)?	

Created: January, 2010

Revised: October, 2019