Chocolate Almond Energy Bites

Ingredients

1/3 cup Rolled oats
1/3 cup Almond meal
2/3 cup Roasted almonds
6 Dates (pits removed)
1/3 cup Almond butter
2 Tbsp Honey
1/2 tsp Almond extract
2 Tbsp Hemp hearts
2 Tbsp Ground flaxseed
3 Tbsp Dark chocolate chips

Method

1. To your food processor or blender add the rolled oats, almond meal, roasted almonds and dates. Pulse these dry ingredients together until you have a sandy consistency with small pieces of almonds and dates.
2. Add almond butter, and honey. Pulse to combine.
3. Add almond extract, hemp hearts, ground flaxseed and dark chocolate chips. Pulse to combine.
4. Take ~2Tbsp, and roll and press dough between your hands to form a ball. This recipe should make about 15 energy bites.

Customize these bites by using different nuts, seeds, nut or seed butters or a different sweetener (maple syrup would work well). You could also try raisins or other dried fruit instead of chocolate chips.