



WE'RE CELEBRATING BC'S HEALTHY SCHOOLS

If you can reply yes to at least four of the questions below, your school qualifies as a *Healthy Living School*. Congratulations!

The BC Cancer Agency would like to present your school with a mounted *Healthy Living School* certificate that recognizes your efforts. Because comprehensive school health involves all of us, we want to be sure your parents, students, and the community know that you are encouraging lifelong healthy behaviours. Please send your completed form via email, fax, or mail, to the BCCA Prevention Programs' contact information below to receive your free *Healthy Living School* certificate.

Does your school provide instruction or support for ALL the students in at least one grade concerning the following risk factors for cancer:

1. Tobacco Use (e.g. providing a tobacco-free environment)?	NO <input type="checkbox"/>	YES <input type="checkbox"/>
2. Healthy Weight (e.g. encouraging activities like <i>Walk to School Day</i>)?	NO <input type="checkbox"/>	YES <input type="checkbox"/>
3. Physical Activity (e.g. recommended DPA for students)?	NO <input type="checkbox"/>	YES <input type="checkbox"/>
4. Healthy Food Choices (e.g. offering healthy options for breakfast, lunch, and/or vending machines, such as reducing sugary beverages)?	NO <input type="checkbox"/>	YES <input type="checkbox"/>
5. Sun Safety (e.g. warning against sunburns and tanning beds, and encouraging hats and sunscreen for a sports day or a field trip)?	NO <input type="checkbox"/>	YES <input type="checkbox"/>

Name of Your School (as you'd like it to appear on the certificate)

School Mailing Address

Is this a new certification or re-certification? New certification Re-certification

Has your school name changed in the past 4 years? No Yes

If yes, please provide date of name change:
School name prior to name change

School Contact Person Position Title

School Principal Name School District Number

Optional Comments

Healthy Living SCHOOLS
You could be recognized as a *School of Excellence*. See our newsletter for more.



On the back of this sheet, you'll find ways that the BCCA Prevention Programs and its partners support Comprehensive School Health in BC schools. How can our programs support your Healthy Living School?

