

# TEAM

## Tobacco Education Action Module

*An online training module for anyone*

*(If you are a clinical professional, see CTIP on the reverse of this card.)*

### **Can You Offer Support for Change?**

Whether or not you are a clinical professional, the right tools can help you offer cessation support to tobacco users.

#### TEAM is for

- front line workers
- teachers
- counsellors
- youth workers
- anyone who wants to assist others with the challenge of quitting

The way information is shared can influence whether a tobacco user will accept it. TEAM will help you

- learn about tobacco use and addiction
- recognize the stages and effects of withdrawal
- understand the process of change
- manage brief interventions
- find and refer to effective resources

***Quitting isn't easy. You can help. [TobaccoEd.org](http://TobaccoEd.org)***



EMPOWERING OTHERS TO BE TOBACCO FREE



**BC Cancer Agency**  
CARE + RESEARCH

**Prevention Programs**

*An agency of the Provincial Health Services Authority*

# CTIP

## Clinical Tobacco Intervention Program

*An online training module for clinical professionals*

*(If you are a non-clinician see TEAM on the reverse of this card.)*

## EMPOWERING OTHERS TO BE TOBACCO FREE

CTIP is for any healthcare professional, regardless of practice setting.

CTIP offers information on the key elements of clinical tobacco intervention:

- Tobacco dependence and addiction
- Health consequences of tobacco use
- Principles of clinical tobacco intervention
- The 5 “A’s” of clinical tobacco intervention
- Tobacco cessation medications
- Special population considerations

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