



BC Cancer Agency

CARE + RESEARCH

An agency of the Provincial Health Services Authority

Prevention Programs

Clinical Tobacco Intervention Program (CTIP)



“By providing brief, effective tobacco intervention, health care professionals can play a significant role in increasing the smoking cessation rates of their clients and patients.”

The Clinical Tobacco Intervention Program (CTIP) is a valuable aid that can be used by health care professionals to facilitate tobacco cessation. This course, developed in 2003 by the BC Cancer Agency Prevention Programs, offers health care professionals the opportunity to build their knowledge and skills in evidence-based tobacco cessation. It will be useful to any health care professional, regardless of practice setting, whether in prenatal clinics, dental practices, hospitals, psychiatric facilities, schools, or ambulatory settings.

Tobacco users look to health care professionals to help with their cessation attempts. CTIP provides the key elements of clinical tobacco intervention in order to conduct brief cessation interventions. The program consists of course reading materials that can be read online or in printed format, clinical tools, a quiz to test comprehension, and a recognition certificate to acknowledge satisfactory completion of the program.

TobaccoEd.org offers online access to CTIP modules for dental hygienists, dentists, generalists, nurses, physicians, and radiation therapists. Dental hygienists, dentists, physicians, and radiation therapists can use the CTIP course to apply for learning credits.

Specifically, the modules cover:

- Health consequences of tobacco use
- Tobacco dependence and addiction
- Principles and techniques of clinical tobacco intervention
- Tobacco cessation medications
- Special population considerations

Participants are encouraged to retake the course every three years to incorporate new techniques and information. The CTIP website also provides resources such as reference materials and readings on smoking cessation and effective intervention. We welcome feedback, so a short questionnaire is included.

Joy Bunsko from the BC Cancer Agency's Fraser Valley Centre receives her CTIP certification from Dr. David McLean, head of the Prevention Programs



For more information about our tobacco cessation programs, including CTIP, please visit **TobaccoEd.org** or send us an email at ctip@preventionprograms.org.