

This is your <count\_SMP\_ABDL> reminder notice

<date>

<given\_name> <family\_name>  
<address>  
<city> <province> <postal\_code>

PROGRAM-ID: <smp\_id>  
Last Screening Mammogram Date:  
<Last\_Mammogram\_Date>

Dear <given\_name>,

Our records indicate that you are due for your next screening mammogram. Screening mammograms can find breast cancer early – when there are more treatment options and a better chance of survival. Research has shown a 25 per cent reduction in deaths from breast cancer among women who go for regular screening mammograms.

I encourage you to book your next mammography appointment by either booking directly at one of the screening centres below or calling 1-800-663-9203 for other locations, including communities visited by the mobile mammography service.

Abbotsford	604-851-4750	Nanaimo	250-716-5904	<b>Victoria</b>	
Burnaby	604-436-0691	North Vancouver	604-903-3860	305 – 1990 Fort Street	250-952-4232
Coquitlam	604-927-2130	Penticton	250-770-7573	Victoria General Hospital	250-727-4338
Courtenay	250-331-5949	Prince George	250-645-6654	<b>Vancouver</b>	
Delta	604-877-6187	Richmond	604-244-5505	505 – 750 West Broadway	604-879-8700
Kamloops	250-828-4916	Surrey	604-582-4592	5752 Victoria Drive	604-321-6770
Kelowna	250-861-7560	Vernon	250-549-5451	BC Women's Health Centre	604-775-0022
Langley	604-514-6044	White Rock	604-535-4512	Mount St. Joseph Hospital	604-877-8388

For additional centre locations and the mobile mammography service, please visit [www.screeningbc.ca/breast](http://www.screeningbc.ca/breast) and book your appointment by calling the Client Services Centre: 1-800-663-9203.

**Mobile Mammography Unit:** To ensure the safety of patients and health care providers, the mobile mammography unit is operating a modified schedule that limits the amount of travel between communities in BC (visit the Clinic Locator at [www.screeningbc.ca/breast](http://www.screeningbc.ca/breast) for up to date schedule).

The Client Services Centre is open Monday to Friday 8:00AM–5:30PM and Saturday 8:30AM–4:30PM. Please have your BC Services Card/CareCard and the name of your primary care provider available when you're booking your appointment.

As a result of the ongoing COVID-19 situation in BC, important measures have been introduced to keep you safe during your screening mammography appointment. Please see reverse for more information.

Women ages 40-74 without a family history of breast cancer can have a mammogram every **two years**. Women ages 40-74 with one 1st degree relative (mother, sister, daughter) with breast cancer should have a mammogram **every year**.

Please disregard this notice if screening is not appropriate at this time due to your current health circumstances. If you have any questions or concerns about your health circumstances, please speak with your health care provider.

To learn more about the benefits and limitations of screening mammography, please speak with your health care provider, visit the BC Cancer Breast Screening website at [www.screeningbc.ca/breast](http://www.screeningbc.ca/breast) or call **1-800-663-9203**.

I hope you will consider booking your mammogram today.

Sincerely,

Dr. Colin Mar, MD  
Medical Director, Breast Screening Program  
BC Cancer