



Colon Screening Program

Bowel Preparation Guidelines

Bowel Preparations

High Volume (4L PEG)

Consider for:

- Constipation
- Previous poor preparation
- Narcotic use
- Poor mobility
- Morbid obesity

Examples:

- CoLyte
- GoLYTELY
- PegLyte

Low Volume (PEG /2L PEG)

Examples:

- Bi-PegLyte (do not take Bisacodyl)
- MoviPrep

Low Volume (Hyperosmolar)

Examples:

- Picoflo
- PicoSalax
- Purg-Odan

Split-dose regimens are preferred.

PEG-based regimens are the preferred preparation for:

- Age > 65 years
- Diuretic use
- Renal insufficiency (GFR < 60)
- Diabetes
- Congestive heart disease
- Liver cirrhosis or ascites

Adjuncts (bisacodyl, magnesium citrate, enemas) are not recommended for standard bowel preparations.

Participants requiring a repeat colonoscopy due to a poor preparation should have their preparation directed by the colonoscopist.

References:

Optimizing adequacy of bowel cleansing for colonoscopy: recommendations from the US Multi-Society Task Force on Colorectal Cancer. *Gastrointestinal Endoscopy* 2014;80:543-562.