

[MM/DD/YYYY]

JANE SAMPLE
123 ANY STREET
ANY CITY, BC V1V1V1

Dear Jane Sample,

It's time for your cervix screening. Take action now to prevent cervical cancer. Please disregard this notice if you've had a Pap test in the last four months.

BC Cancer is now offering cervix self-screening, which you can complete instead of a Pap test, as part of a new pilot in your community. We invite you to contact us to request a kit that lets you screen for cervical cancer yourself, wherever you feel safe and comfortable - such as in your home or at your local health centre. With cervix self-screening, you do not need to see a health care provider or have a speculum exam to receive cervical cancer screening. Only a small sample from your vagina is needed. A small Q-tip like swab will be provided in your kit for you to easily and safely take your sample. Enclosed you will find a brochure that provides more information about cervix self-screening. The power to screen for cervical cancer is in your hands. We encourage you to take a positive step for your health today!

Why should I consider cervix self-screening?

- ✓ You can complete cervix self-screening instead of a Pap test.
- ✓ You can do it yourself, wherever you feel safe and comfortable.
- ✓ You will use a small, Q-tip like swab to collect a sample from your vagina.
- ✓ A sample from the cervix isn't needed, so you do not need to see a health care provider.
- ✓ The vaginal sample you collect is just as accurate as a provider taken sample.
- ✓ It is painless, easy to complete and is provided free of charge.

How can I self-screen for cervical cancer?

1. Request a screening kit.
2. Once requested, your kit will arrive in the mail in plain, unmarked packaging in about 2 weeks.
3. Follow the instructions inside your kit to collect a sample.
4. Use the prepaid return envelope included in your kit to return your sample to the lab for testing. Your sample will be tested for certain types of human papillomavirus (HPV) that may cause cervical cancer.
5. A results letter will be mailed to you and your provider 4 to 6 weeks after mailing in your kit.

HOW TO REQUEST A SCREENING KIT

Call BC Cancer Cervix Screening at **1-877-702-6566**
(Monday to Friday 8:00am to 5:30pm and
Saturday 8:30am - 4:30pm) to request a kit.

OR



Go online using the following
QR code to request a kit.

screeningbc.lpages.co/who-should-get-screened

If you do not want to complete cervix self-screening, please schedule a Pap test with your health care provider or visit www.screeningbc.ca/cervix to find a clinic near you.

Regards,

Dr. Lily Proctor, MD, MPH, FRCSC
Medical Director
Cervix Screening Program

BC Cancer Cervix Screening Program
screening@bccancer.bc.ca

Notice ID: [#####]

PATIENT PRIVACY AND CONFIDENTIALITY

Why did I receive this letter?

BC Cancer is encouraging you to play an active role in protecting your cervix health. Our records show you may have never had cervix screening in British Columbia or that your last Pap test was ten or more years ago.

Who should not get screened for cervical cancer?

You do not need to screen for cervical cancer if you've had your cervix removed for any reason (such as total hysterectomy or gender-affirming surgeries).

Where did you get my personal health and contact information from?

As a program of the Provincial Health Services Authority, we receive relevant personal health and contact information from government organizations and health professionals that are directly involved in your care. We use this information to determine when you should receive letters for cancer screening and to provide you with your screening results. BC Cancer is committed to keeping your information private, confidential and secure at all times.

We use this information to:

- Invite you to consider screening when you are age-eligible;
- Remind you when you are due for your next screening test; and,
- Inform you of your screening test results, including follow-up information (if required).

You may be contacted in the future to complete feedback surveys regarding cervix screening.

BC Cancer leads the provincial planning and regional delivery of cancer care for British Columbians. BC Cancer's mandate covers the full spectrum of cancer care and includes organized cancer screening programs for British Columbia.

Questions about notifications from BC Cancer Screening?

Please visit www.screeningbc.ca/notifications

Important information, please translate.

重要信息，请翻译。

ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ, ਕਿਰਪਾ ਕਰਕੇ ਅਨੁਵਾਦ ਕਰੋ।

Mahalagang impormasyon, mangyaring isalin sa wikang tagalog.

Información importante; por favor, traduzcala.

معلومات مهمة، يرجى الترجمة.

Information importante, veuillez traduire.

重要信息，請翻譯。

Wichtige Informationen, bitte übersetzen.

중요한 정보를 번역하십시오.

Tin tức quan trọng, xin phiên dịch.

اطلاعات مهم، لطفاً ترجمه کنید.

Your personal information is collected and protected from unauthorized use and disclosure, in accordance with the Personal Information Protection Act and, when applicable, the Freedom of Information and Protection of Privacy Act, and may be used and disclosed only as provided by those Acts. The personal information is used to provide medical services, and to provide Cervix Screening Program support to patients. The information collected is used for quality assurance and disclosed to healthcare practitioners involved in providing care or when required by law. In addition, the Cervix Screening Program will advise patients of results, remind patients and their primary care providers about rescreening or follow-up, and will conduct and monitor quality and performance of the screening process.

Any questions regarding the collection of the information by BC Cancer can be directed to: 801 – 686 West Broadway, Vancouver BC V5Z 1G1, or email: screening@bccancer.bc.ca. If this information is received in error, please contact the sender immediately.