

Cervix Screening

Cervical cancer is almost entirely preventable. Regular screening is one of the key ways you can prevent cervical cancer.

Who should get cervix self-screening?

- ✓ Anyone with a cervix, including women and TTGD (Two-Spirit, transgender and gender-diverse) people
- ✓ Between 25 to 69 years of age
- ✓ Due for screening: Have not had a Pap test in 3 years or more, or HPV test (self-collected or health care provider-collected) in 5 years or more
- ✓ Have ever been sexually active

! Cervix self-screening is not recommended if you: have any symptoms (e.g., bleeding between periods); are currently pregnant; use a pessary; or have had your cervix removed (e.g., total hysterectomy).

Request a cervix self-screening kit*

There's an alternative to the Pap test that screens for cervical cancer. You can do it yourself, wherever you feel safe and comfortable.

Online:

Visit screeningbc.ca/cervix to request a kit by mail.

By phone:

Call Client Services at **1-877-702-6566**.

- Hours: Monday to Friday 8:00am-5:30pm or Saturday 8:30am-4:30pm
- Please have your BC Services Card/Care Card available.

*Please note, if self-screening isn't recommended based on your health history, a kit will not be mailed to you.



Learn more

Scan the QR code using your smartphone camera or visit www.screeningbc.ca/cervix for more information.