

BC Colposcopy – 51 Core Competencies

EFC MINIMUM STANDARDS FOR TRAINING IN COLPOSCOPY – 51 CORE COMPETENCIES

A. Preliminary/Preparatory

1. Understand the development of cervical pre-cancer
2. History taking
3. Positioning of patient
4. Insertion of vaginal speculum
5. Perform cervical smear (including Cytobrush)
6. Perform bacteriological swabs
7. Take samples for HPV testing
8. Practice complies with Health and Safety recommendations
9. Understand National Cervical Screening Guidelines

B. Colposcopic examination

10. Position and adjust the colposcope
11. Determine whether or not the entire transformation zone (TZ) is visible
12. Determine whether or not colposcopy is satisfactory
13. Recognize abnormal vascular patterns
14. Examination of TZ with saline and green filter
15. Examination of TZ with acetic acid
16. Quantify and describe acetic acid changes
17. Use endocervical speculum
18. Schiller's Test
19. Examination of vagina with acetic acid

C. Colposcopic features of the normal cervix

20. Recognize original squamous epithelium
21. Recognize columnar epithelium
22. Recognize metaplastic epithelium
23. Recognize Congenital Transformation Zone
24. Recognize features of a postmenopausal cervix
25. Recognize effects of pregnancy

D. Colposcopic features of the abnormal lower genital tract

26. Recognize low grade pre-cancerous cervical abnormality
27. Recognize high grade pre-cancerous cervical abnormality
28. Recognize features suggestive of invasion
29. Recognize and assess Vaginal Intraepithelial Neoplasia
30. Recognize and assess Vulvar Intraepithelial Neoplasia
31. Determine the extent of abnormal epithelium
32. Recognize acute inflammatory changes
33. Recognize HPV infection
34. Recognize condylomata plana
35. Recognize condylomata accuminata
36. Recognize changes associated with treatment
37. Recognize benign cervical polyps

E. Practical Procedures

- 38. Administer local analgesia
- 39. Determine where to take directed cervical biopsies
- 40. Perform a directed cervical biopsy
- 41. Perform a directed vaginal biopsy
- 42. Perform a directed vulvar biopsy
- 43. Control bleeding from biopsy sites

F. Administration

- 44. Document findings
- 45. Manage appropriately patients according to guidelines

G. Communication

- 46. Ensure adequate information given to patient
- 47. Counsel patients prior to colposcopy
- 48. Obtain informed consent correctly
- 49. Counsel patients after colposcopy
- 50. Break bad news
- 51. Communicate well with other health professionals