

MM/DD/YYYY

Joe Sample  
123 Any Street  
Any City, BC, V1V 1V1

Dear Joe Sample.

Our records indicate you are due for colon screening. The BC Cancer Colon Screening Program recommends that you continue to protect your colon health by taking the at-home fecal immunochemical test (FIT).

FIT is a safe and painless screening test you can do in the privacy of your home.

Please choose one of the following options based on your health situation:

<p><b>Option 1</b></p>	<p>If any of the following apply to you:</p> <ul style="list-style-type: none"> <li>• You recently completed a FIT, or you have had a colonoscopy within the last ten years.</li> <li>• Have a 1<sup>st</sup> degree relative (parent, sibling, child) with colon cancer diagnosed when they were younger than 60, or, two or more 1<sup>st</sup> degree relatives with colon cancer diagnosed at any age.</li> <li>• Have a personal history of adenomas (i.e. pre-cancerous polyps).</li> <li>• Have a personal history of Crohn's disease or ulcerative colitis.</li> <li>• Currently have blood in your stool, abdominal pain, change in bowel habits, or unexplained weight loss.</li> </ul> <p><b>Please do not complete the FIT. Please speak to your health care provider to discuss whether screening is right for you.</b></p>
<p><b>Option 2</b></p>	<p>Otherwise, please take the lab requisition form found on the back of this letter to any lab in BC to get your test. A list of lab locations can be found at <a href="http://www.screeningbc.ca/colon">www.screeningbc.ca/colon</a>.</p> <p>You will be unable to pick up a FIT kit at the lab if your patient information or ordering provider name and address on the requisition is out of date. If anything is incorrect, please call 1-877-702-6566.</p>

Screening can prevent colon cancer by finding polyps (small growths) before they turn into cancer. If colon cancer is detected at its earliest stage, the chance of survival is more than 90 per cent.

You were enrolled by your health care provider in the BC Cancer Colon Screening Program when you previously had colon screening. Your health care provider on file has been notified that this reminder letter has been sent to you.

If you have any questions about colon screening, please visit [www.screeningbc.ca/colon](http://www.screeningbc.ca/colon). I hope that you will take a positive step for your health by getting screened today.

Sincerely,

Dr. Jennifer Telford  
Medical Director  
BC Cancer Colon Screening