

# Lung Screening

Talk to a primary care provider if you have questions about lung screening.

## Who is eligible for lung screening?

Lung screening is recommended for those who are at high-risk for lung cancer and who are not experiencing any symptoms. This usually includes people who are:

- ☒ 55 to 74 years of age;
- ☒ Have a significant history of regularly smoking commercial tobacco (cigarettes, cigars, etc), currently or in the past.

If you meet both above requirements, please call the Lung Screening Program at: **1-877-717-5864**. You will complete a risk assessment over the phone to determine your screening eligibility.

Patient Name: \_\_\_\_\_

## Primary Care Provider Information

Insert primary care provider stamp/label or complete fields below.

Provider Name: \_\_\_\_\_ MSP#: \_\_\_\_\_

# Smoking Cessation Resources

Stopping smoking doubles the benefits of lung screening and significantly improves your lung health. If you currently smoke and would like to reduce or quit smoking, here are some resources to help.

## BC Smoking Cessation Program

The BC Smoking Cessation Program helps eligible B.C. residents to quit smoking or use other tobacco products by covering the price of:

### Nicotine Replacement Therapy (NRT) Products

Each calendar year (from January to December), eligible B.C. residents can receive a single continuous course of treatment with NRTs. This can be for up to 12 weeks (84 days in a row). Covered NRT products include some types of nicotine gums, lozenges, and patches. To access NRT products, visit your local pharmacy. You and the pharmacist must both sign a declaration form.

### Smoking Cessation Prescription Drugs

Each calendar year (from January to December), PharmaCare will cover a portion of one prescription smoking cessation drug for a single continuous course of treatment. This can be for up to 12 weeks (84 days in a row).

For more information on the Smoking Cessation Program, please visit: [www.healthlinkbc.ca](http://www.healthlinkbc.ca).

## QuitNow

**QuitNow:** this is a free program offering telephone-based behavioural counselling to those looking to quit or reduce tobacco and e-cigarette use, delivered by the BC Lung Foundation on behalf of the Government of British Columbia. For more information, please visit: [www.quitnow.ca](http://www.quitnow.ca).

## Talk Tobacco

**Talk Tobacco:** is a free confidential program offering culturally appropriate support and information about quitting smoking, vaping and commercial tobacco use to First Nations, Inuit, Métis and Urban Indigenous communities.

For more information, please visit: [www.smokershelpline.ca/talktobacco](http://www.smokershelpline.ca/talktobacco).

## Respecting Tobacco

**Respecting Tobacco:** the First Nations Health Authority has developed helpful and supportive resources for the traditional and non-traditional use of tobacco and help with quitting commercial tobacco use. For more information, please visit: [www.fnha.ca/respectingtobacco](http://www.fnha.ca/respectingtobacco).

Visit [www.screeningbc.ca/lung](http://www.screeningbc.ca/lung) for more information.