

# Lung Screening

It is recommended that patients discuss the benefits and limitations of lung screening with their primary care provider.

## Who is eligible for lung screening?

Lung screening is best for those who are at high-risk for lung cancer and who are not experiencing any symptoms. This usually includes people who are:

- 55 to 74 years of age;
- Currently smoking or have smoked in the past; and,
- Have a smoking history of 20 years or more.

If you meet the above requirements, please contact the Lung Screening Program for a phone consultation at: **1-877-717-5864**. You will complete a risk assessment over the phone to determine your screening eligibility.

Insert primary care provider stamp/label or complete fields below.

Patient Name: \_\_\_\_\_

Primary Care Provider Information

Provider Name: \_\_\_\_\_ MSP#: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Smoking Cessation Resources

If you currently smoke and would like to reduce or quit smoking, here are some resources to help.

## BC Smoking Cessation Program

The BC Smoking Cessation Program helps eligible B.C. residents to quit smoking or use other tobacco products by covering the price of:

### Nicotine Replacement Therapy (NRT) Products

Each calendar year (from January to December), eligible B.C. residents can receive a single continuous course of treatment with NRTs. This can be for up to 12 weeks (84 days in a row). NRT products include specific nicotine gums, lozenges, and patches. To access NRT products, visit your local pharmacy. You and the pharmacist must both sign a declaration form.

### Smoking Cessation Prescription Drugs

Each calendar year (from January to December), PharmaCare will cover a portion of one prescription smoking cessation drug for a single continuous course of treatment. This can be for up to 12 weeks (84 days in a row).

For more information on the Smoking Cessation Program, please visit: [www.healthlinkbc.ca](http://www.healthlinkbc.ca).

## QuitNow

**QuitNow:** this is a free program offering telephone-based behavioural counselling to those looking to quit or reduce tobacco and e-cigarette use, delivered by the BC Lung Foundation on behalf of the Government of British Columbia. For more information, please visit: [www.quitnow.ca](http://www.quitnow.ca).

## Respecting Tobacco

**Respecting Tobacco:** the First Nations Health Authority has developed helpful and supportive resources for the traditional and non-traditional use of tobacco and help with quitting commercial tobacco use. For more information, please visit: [www.fnha.ca/respectingtobacco](http://www.fnha.ca/respectingtobacco).

Visit [www.screeningbc.ca/lung](http://www.screeningbc.ca/lung) for more information.